

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Coordinator: Kim 416-964-9231 ext. 375 Recreation supervisor Rebecca 416-964-9231 ext. 242		September Highlights Labour Day - 4th Shaw Festival & lunch outing - 7th Art Therapy - 7th & 21st TIFF at Belmont - 14th Drumming Circle - 19th BBQ in the Backyard - 21st McMichael Art Gallery & lunch outing - 26th			Ginger Cat Appreciation Day World Letter Writing Day 9:30 🧘 Exercises - Auditorium 1:30 🌳 Walks around Belmont 2:30 🍷 Ice Cream Social - Stillman Garden 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 🍷 Happy Hour - Link 7:00 ❤️ Documentary Night: The Beatles: Eight Days a Week: The Touring Years (2016) - Auditorium	International Bacon Day World Coconut Day 9:30 🧘 Exercises - Auditorium 1:00 📖 This Day in History - Craft Room 2:00 ❤️ The Blue Planet: Seas of Life (documentary series): "Introduction" - Auditorium 4:30 🍷 Happy Hour - Link 7:00 ❤️ Movie Night: Battle of the Sexes (2017) - Auditorium
2:00 🎴 Mahjong - Solarium 2:00 ❤️ Movie Matinee: Battle of the Sexes (2017) - Auditorium 3:30 🍷 Tea Social - Macdonald Room 4:30 🍷 Happy Hour - Link	Labour Day 9:30 🧘 Exercises - Auditorium 12:30 🍷 Labour Day Dinner - Main Dining Room 2:00 ❤️ Monday Matinee Movie: Barefoot in the Park (1967) - Auditorium 4:30 🍷 Happy Hour - Link 7:00 ❤️ Monday Evening Movie: Barefoot in the Park (1967) - Auditorium	International Day of Charity World Samosa Day 9:30 🧘 Exercises - Auditorium 10:30 🌳 Falls Prevention - Auditorium 10:30 🎴 Trivia - Craftroom 1:30 🎴 Tech Help Tuesday - Craftroom 2:30 🎴 Current Events - Craftroom 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of classical piano and violin with Dmitry Varelas - Macdonald Room	9:30 🧘 Exercises - Auditorium 10:30 ❤️ Fibre Arts Group - Craftroom 1:30 ❤️ Long Distance Video Chats 1:45 🌳 Walks around Belmont 2:30 🍷 Samosa Social - Macdonald Room 4:30 🍷 Happy Hour - Link 7:00 ❤️ Chernobyl (drama series): episode 3 - Auditorium	Brazil Independence Day 9:30 🧘 Exercises - Auditorium 10:00 🚗 Outing to the Shaw Festival & lunch 10:15 🍷 Coffee Break - Macdonald Room 2:00 ❤️ Art Therapy - Craftroom 2:00 🎴 Not Averse to Verse Poetry Group - Library 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of jazz piano with Peter Dick - Macdonald Room	International Literacy Day Stand Up To Cancer Day Star Trek Day 9:30 🧘 Exercises - Auditorium 10:30 📖 Grace Church on the Hill Communion Service - Auditorium 12:00 🚗 Picnic in the Park - Ramsden Park 2:00 🌳 Walks around Belmont 2:30 🍷 Ice Cream Social - Stillman Garden 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 🍷 Happy Hour - Link 7:00 ❤️ Documentary Night: Star Trek: The Real Story (2018) - Auditorium	German Language Day International Sudoku Day 9:30 🧘 Exercises - Auditorium 1:00 📖 This Day in History - Craft Room 2:00 ❤️ The Blue Planet: Seas of Life (documentary series): "The Deep" - Auditorium 4:30 🍷 Happy Hour - Link 7:00 ❤️ Movie Night: Belfast (2021) - Auditorium
2:00 🎴 Mahjong - Solarium 2:00 ❤️ Movie Matinee: Belfast (2021) - Auditorium 3:30 🍷 Tea Social - Macdonald Room 4:30 🍷 Happy Hour - Link	9:30 🧘 Exercises - Auditorium 10:30 ❤️ Music Appreciation - Auditorium 1:30 🌳 Walks around Belmont 2:30 ❤️ Belmont Blooms Gardening - Stillman Garden 3:30 ❤️ Nifty Nails - Craftroom 4:30 🍷 Happy Hour - Link 7:00 🎴 Virtual Trivia - Auditorium	9:30 🧘 Exercises - Auditorium 10:30 🌳 Falls Prevention - Auditorium 10:30 🎴 Trivia - Craftroom 1:30 🎴 Tech Help Tuesday - Craftroom 2:30 🎴 Current Events - Craftroom 3:30 ❤️ Art Attack - Craftroom 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of classical piano with Shaya Petroff - Macdonald Room	International Chocolate Day 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Fibre Arts Group - Craftroom 1:30 ❤️ Long Distance Video Chats 1:45 🌳 Walks around Belmont 2:30 🍷 Chocolate 'n' Chat Social 4:30 🍷 Happy Hour - Link 7:00 ❤️ Chernobyl (drama series): episode 4 - Auditorium	9:30 🧘 Exercises - Auditorium 10:15 ❤️ Reminisce & Recollect - Craftroom 2:00 ❤️ TIFF at Belmont - Auditorium 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of classical and jazz cello with Kye Marshall - Macdonald Room	Greenpeace Day World Engineers' Day 9:30 🧘 Exercises - Auditorium 10:30 📖 St. Thomas Anglican Communion Service - Auditorium 1:00 🌳 Terry Fox Walk 2:30 🍷 Ice Cream Social - Stillman Garden 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 🍷 Happy Hour - Link 7:00 ❤️ Documentary Night: Jazz on a Summer's Day (1959) - Auditorium	Batman Day International Red Panda Day 9:30 🧘 Exercises - Auditorium 1:00 📖 This Day in History - Craft Room 2:00 ❤️ The Blue Planet: Seas of Life (documentary series): "Open Ocean" - Auditorium 4:30 🍷 Happy Hour - Link 7:00 ❤️ Movie Night: Chariots of Fire (1981) - Auditorium
International Country Music Day World Manta Day 2:00 🎴 Mahjong - Solarium 2:00 ❤️ Movie Matinee: Chariots of Fire (1981) - Auditorium 3:30 🍷 Tea Social - Macdonald Room 4:30 🍷 Happy Hour - Link	9:30 🧘 Exercises - Auditorium 2:00 ❤️ Monday Matinee Movie: Arsenic and Old Lace (1944) - Auditorium 2:30 ❤️ Belmont Blooms Gardening - Stillman Garden 4:30 🍷 Happy Hour - Link 7:00 ❤️ Monday Evening Movie: Arsenic and Old Lace (1944) - Auditorium	9:30 🧘 Exercises - Auditorium 10:30 🌳 Falls Prevention - Auditorium 10:30 🎴 Trivia - Craftroom 2:30 ❤️ Ripple Rhythm Drumming Circle - Auditorium 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of classical piano with Elliott Braganza - Macdonald Room	9:30 🧘 Exercises - Auditorium 10:30 ❤️ Fibre Arts Group - Craftroom 1:30 ❤️ Long Distance Video Chats 1:45 🌳 Walks around Belmont 2:30 🍷 Cider Social - Macdonald Room 4:30 🍷 Happy Hour - Link 7:00 ❤️ Chernobyl (drama series): episode 5 - Auditorium	International Day of Peace World Alzheimer's Day World Gratitude Day 9:30 🧘 Exercises - Auditorium 10:15 🍷 Coffee Break - Macdonald Room 12:00 🍷 BBQ in the Backyard - Rose Garden 2:00 ❤️ Art Therapy - Craftroom 2:00 🎴 Not Averse to Verse Poetry Group - Library 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of entertainment with HASO - Macdonald Room	International Astronomy Day World Rhino Day 9:30 🧘 Exercises - Auditorium 10:30 📖 St. Basil's Catholic Communion Service - Auditorium 1:30 🌳 Walks around Belmont 2:30 🍷 Ice Cream Social - Stillman Garden 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 🍷 Happy Hour - Link 7:00 ❤️ Documentary Night: I, Douglas Fairbanks (2022) - Auditorium	First Day of Autumn International Day of Sign Languages International Rabbit Day 9:30 🧘 Exercises - Auditorium 1:00 📖 This Day in History - Craft Room 2:00 ❤️ The Blue Planet: Seas of Life (documentary series): "Frozen Seas" - Auditorium 4:30 🍷 Happy Hour - Link 7:00 ❤️ Movie Night: The Red Violin (1997) - Auditorium
World Bollywood Day World Rivers Day 2:00 🎴 Mahjong - Solarium 2:00 ❤️ Movie Matinee: The Red Violin (1997) - Auditorium 3:30 🍷 Tea Social - Macdonald Room 4:30 🍷 Happy Hour - Link 7:00 📖 The Stone Church Service - Chapel	World Dream Day 9:30 🧘 Exercises - Auditorium 1:30 🌳 Walks around Belmont 2:30 🎴 Book Club - Library 3:30 ❤️ Nifty Nails - Craftroom 4:30 🍷 Happy Hour - Link 7:00 🎴 Bingo - Solarium	9:30 🧘 Exercises - Auditorium 10:30 🌳 Falls Prevention - Auditorium 10:30 🎴 Trivia - Craftroom 11:00 🚗 Outing to McMichael Art Gallery and lunch 2:30 🎴 Current Events - Craftroom 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of popular music with Allen Charney "The Music of our Lives" - Macdonald Room	World Tourism Day 9:30 🧘 Exercises - Auditorium 10:30 ❤️ Fibre Arts Group - Craftroom 1:30 ❤️ Long Distance Video Chats 1:45 🌳 Walks around Belmont 2:30 🍷 Flower Arranging - Craft Room 4:30 🍷 Happy Hour - Link 7:00 ❤️ Movie Night: Green Book (2018) - Auditorium	British Home Child Day World Maritime Day 9:30 🧘 Exercises - Auditorium 10:15 ❤️ Reminisce & Recollect - Craftroom 2:00 🎴 Not Averse to Verse Poetry Group - Library 2:30 🍷 Savoury Social - MacDonald Room 4:30 🍷 Happy Hour - Link 7:00 ❤️ An evening of jazz guitar with Steve Paul Simms - Macdonald Room	World Heart Day 9:30 🧘 Exercises - Auditorium 10:30 📖 St. Basil's Catholic Communion Service - Auditorium 1:30 🌳 Walks around Belmont 2:30 🍷 Ice Cream Social - Stillman Garden 3:30 📖 Ecumenical Prayer Service - Chapel 4:30 🍷 Happy Hour - Link 7:00 ❤️ Documentary Night: Three Identical Strangers (2018) - Auditorium	National Day for Truth and Reconciliation 9:30 🧘 Exercises - Auditorium 1:00 📖 This Day in History - Craft Room 2:00 ❤️ The Blue Planet: Seas of Life (documentary series): "Seasonal Seas" - Auditorium 2:25 🎴 Weekend Wisecracks - Craftroom 4:30 🍷 Happy Hour - Link 7:00 ❤️ Movie Night: All My Puny Sorrows (2021) - Auditorium