



Annual Report 2024

Planning Our Future Together



The Seniors' Home of Choice

A message from the Belmont House Board Chair and Chief Executive Officer

Planning Our Future Together



Christopher Morgan,
Chair, Board of Directors



Maria Elias,
Chief Executive Officer

In 2024, Belmont House celebrated 172 years of serving our community. The scope of our work has changed over the years from initially helping women who needed rehabilitation services to re-enter society, to caring for 225 seniors today.

The senior care demands in Toronto continue to challenge Belmont House to meet a growing need. Given our excellent reputation and location in the community, we are approached by hundreds of people every year who need our services. We are further challenged by our community, which often requests that Belmont House offer new services, to address changing community healthcare needs.

Belmont House has always responded to the needs of our community; however, the demand is greater than ever. Our waitlists average 1,200 people for long-term care and 350 people for retirement living apartments. We kept this in mind when developing our new strategic plan that will enable us to focus our energies for 2025 - 2030. Work began on the strategic plan while we also focused on expanding the implementation of the Butterfly Model of Care to our 3West nursing unit. Our goal is to be the first home in Ontario to implement the Butterfly Model of Care throughout our entire home.

Many other Long-term Care homes in Ontario have visited Belmont House to tour our Butterfly floors and learn from our experience implementing the Butterfly Model of Care. Through 2025 and 2026 we will see the full implementation of Butterfly made possible through the generous gift of \$700,000 from the Slight Family Foundation. We are pleased to be part of the Slight Family Foundation Dementia Initiative that includes a collaboration with Baycrest Centre, Center for Addiction & Mental Health, Alzheimer Society, Sunnybrook Health Sciences Centre, Egale, Toronto Dementia Research Alliance, and the National Institute on Aging. This partnership will enable us to share our expertise to improve the assessment, treatment options, and quality of life of people who have been diagnosed with dementia.

A great deal of progress has been made on designing our new building, which will address the increasing demand for our services. We received Ministry of Long-term Care approvals and worked with the City for zoning approvals. The new building will accommodate 168 Long-term Care beds and 32 retirement assisted living beds. Our expansion will not only accommodate more seniors, but will also create 300 new jobs and support businesses in our area. In designing the new building and in the development of our

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new strategic plan for 2025–2030, we sought advice from our Long-term Care Resident Council, Tenant Council, Family Council, volunteers, physicians, family members and staff. As well, we sought input from our City Councillor Dianne Saxe, the ABC Residents Association, and our Belmont St. neighbours. We are ensuring that we design a comfortable and safe home for all residents, tenants, and staff.

The Ministry of Long-term Care provided additional funding in 2024 as part of their final installment in a multi-year plan to increase levels of direct care for long-term care residents to 4 hours per resident per day. This additional funding was used to increase our nursing staff. As the care needs for our Long-term Care residents become more complex, this additional funding goes a long way in meeting their increasing and changing needs.

Our financial position at the end of 2024 resulted in a surplus. All surpluses are invested and held for future needs. Building maintenance and equipment upgrades are supported through our surplus and grants from the Belmont House Foundation. A special thank you to the Foundation for its continued support of nursing equipment and special programming.

Members of the management team participate in and lead various advisory groups with the provincial ministries and with other Long-term Care and retirement homes. We also take pride in participating in the education of future health care professionals and working with our academic partners. We continue to welcome and invest in students who choose Belmont House for educational placements in our nursing

departments, recreation programming, and dietary services. This investment often comes full circle when individuals apply for employment at Belmont House after their studies.

The accomplishments of 2024 would not be possible without the commitment and hard work of the Belmont House Board of Directors, the Belmont House Foundation, the management team, the Long-term Care Resident Council, the Tenant Council, the Long-term Care Family Council, and all our staff, physicians, volunteers, and contracted services. The Foundation's commitment to the future of Belmont House and our Capital Campaign volunteers has resulted in successfully raising \$19 million towards our \$30 million fundraising campaign for the new building.

Belmont House would especially like to thank Mr. Myles Mindham for his commitment to Belmont House as he completed his term on the Belmont House Board of Directors. We also welcomed Mr. Don McCutcheon and Mr. Stephen Rice to our Board of Directors.

Christopher Morgan
Chair, Board of
Directors

Maria Elias
Chief Executive
Officer

Note: For more details on our accomplishments in 2024, plans for 2025, and our new Strategic Plan 2025–2030, please read our 2025 Operating Plan and our new Strategic Plan that are available at Belmont House and on our website: www.belmonthouse.com

Belmont House Medical Director's Report



Dr. Bradley W.C. Birmingham,
Medical Director

As Medical Director, I am privileged to witness a team of caregivers who are committed to providing exemplary care for our residents and tenants. I also see a commitment to the philosophy that this must be a true home, not merely an institution, for those who live within Belmont's walls. As we move forward together, I am confident that we will maintain these commitments, in both our daily care and in our planning for a bigger and bolder Belmont House.

The list of team members who work together to provide exemplary care is incredibly long. It includes personal support workers, registered nurses, registered practical nurses, recreation staff, physiotherapists, physicians, activation staff, kitchen and dietary staff, cleaning staff, administrative staff, social services worker, chaplains, and others, all striving to make this the best home possible. We also consider the many visitors, volunteers, and family members who enhance the quality of life of our residents and tenants, as a welcome part of this team.

Our residents face a broad range of medical challenges, both cognitive and physical in nature. The level of acuity and severity of illnesses being cared for within Long-term Care continues to increase. We are not a hospital, and do not wish to be one, yet we manage many of the acute issues that previously would have been managed in hospital. We also manage many subacute issues that previously were managed in other chronic care facilities.

The level of complexity and acuity of illnesses that challenge our retirement tenants has also increased over time. Our tenants' needs are also quite varied and are frequently not dissimilar to those in Long-term Care.

We are fortunate to have four primary care physicians at Belmont House, namely Dr. Lauren Gewurz, Dr. Silvy Mathew, Dr. Sara Wainberg, and myself. We are also fortunate to be able to offer additional health care services at Belmont House including dental care, psycho-geriatric care, vision care, foot care, laboratory services, portable x-ray and ultrasound, skin wound and pressure sore assessments, seating assessments, swallowing assessments, and pharmacy services.

During 2024, we admitted 23 residents to Long-term Care, including 4 who transferred from our own retirement setting. There were 25 deaths and 1 discharge. The average age of our LTC residents was 86 years (range 62 - 103). The vast majority of our LTC residents are female, 121 out of 140 as of December 31st.

We also welcomed 19 new tenants to our retirement home in 2024. There were 12 tenant deaths, 4 transfers to our Long-term Care home, and 3 transfers to other facilities. As of December 31, 2024, there were 22 male and 66 female tenants. The age of tenants ranged from 76 to 104, the average being 89 years.

In closing, I would like once again to thank those who strive to enhance the lives of our residents and tenants, here in their home, and also commend those who are working toward doing so for an even greater number of residents and tenants in the future.

Respectfully submitted,
Bradley W.C. Birmingham B.Sc., M.D.,
Medical Director

Belmont House Board of Directors and Management Team

Belmont House Board of Directors



Christopher Morgan, Chair



Joanne Beaton



Michael Heffer



Wynne de Jong



Subashini Kangesan



Diane McArthur



Don McCutchan



Valerie Pringle



Kathryn Ramsay



Stephen Rice



Elaine Roberts



Donald Stewart

Management Team



Back (left to right): Gail Walker, Phung Nguyen, Maria Elias, Julie Symons, Trudie Phillips, Socrates Theophylactou, Peter Paas, Carina Strantzias, Elleni Bouronokis, Hema Kirpal, Donna Locke
Front (left to right): Maria Ernesto, Cathy Zhang, Hannah Bontogon, Taj Kassam, Brittney Hadada
Not pictured: Dr. Bradley Birmingham

Financial Report

Statement of Revenue and Expenses
Year Ended December 31, 2024 (\$'000's)

	2024	2023
Revenue		
Resident Fees	10,914	10,415
Provincial Government Subsidies	12,453	11,139
Amortization of Deferred Contributions	764	735
Interest and Sundry	1,436	679
Total Revenue	25,567	22,968
Expenses		
Residents' Medical and Nursing Services	10,527	9,754
Residents' Support Services	8,991	8,569
General and Administration	5,935	3,172
Amortization of Capital Assets	1,583	1,503
Total Expenses	27,036	22,998
Excess (Deficit) of Revenue over Expenses	(1,469)	(30)
Operating Grants and Bequests		
Belmont House Foundation	714	424
Bequests and Legacies	886	899
Total	1,600	1,323
Excess of Revenue over Expenses from Operations	131	1,293

Complete audited financial statements are available upon request.

Belmont House Foundation Report

On behalf of the Board of Directors, it is my privilege to share the achievements of Belmont House Foundation in 2024. Together, we raised just over \$1,000,000 to support enhanced care and quality of life for all at Belmont. The outpouring of support speaks volumes about the generosity, compassion, and shared vision of our community.

We were honoured to receive a commitment of \$700,000 from the Slight Family Foundation to expand the Butterfly Model of Care on all Long-term Care floors. We have been training all staff, and environmental changes have been completed on 3West (now named Sunshine Lane). We look forward to investing in the remaining Long-term Care floors and completing our full Butterfly transformation.

Thanks to your support, we were able to invest in several vital initiatives:

- **Care Equipment:** Items such as ceiling lifts, therapeutic surfaces, and bath/shower chairs are all essential equipment that ensure both safety and comfort, reducing the risk of injury for residents and caregivers alike.
- **Music and Art Therapy Programs:** Joy, stimulation, and social engagement are critical to well-being. You brought live music and performances into our home – sparking smiles, dancing, and cherished moments of connection. Art therapy programming promotes emotional expression, reduces stress, and enhances cognitive function in a creative, meaningful way.

- **Enhanced Staffing:** Additional nursing support, recreation staff, and our chaplaincy program are all supported by your generosity and have allowed us to provide more personalized care and a greater focus on resident safety and well-being.

These investments are more than just numbers on a balance sheet—they are daily, tangible improvements in the lives of those we serve. They represent peace of mind for families, dignity for residents and tenants, and a renewed sense of purpose for our care teams.

As we look to Belmont House's future, we remain committed to building on this momentum. Our mission is not only to meet essential needs, but to create an environment where joy, comfort, and dignity are part of everyday life. Additionally, we are committed to ensuring the New Building project is as successful as possible. Belmont House Foundation has raised our total commitment to the project from \$30 million to \$45 million, \$30 million of which we are working to raise through private donations.

We are honoured by the commitment of Myles Mindham who joined the Belmont House Foundation Board of Directors in 2024, after completing his term on the Belmont House Board of Directors.

With deep gratitude for your continued trust and partnership,

A. Winn Oughtred

Belmont House Foundation Board of Directors



Winn Oughtred, Chair



Michael Chan



Jim Christie



Kimberley Enns



David Hackett



Barbara Hyland



Myles Mindham



Peter Salloum

Planning Our Future Together

Responding to the growing crisis for residential senior care, Belmont House is growing and evolving. We are building a bold, new state-of-the-art 11-storey residence that will help meet the complex, challenging, and changing needs of seniors, with global best practices.

Our new home enables us to plan for the future, by doubling our capacity, and ensuring seniors are enveloped in comfort and connection – in spaces designed for warmth and well-being.



New front entrance

Key Features of the New Building



New interior courtyard

Enhancing Wellness Through Therapeutic Arts & Crafts

The Belmont House Textiles and Tea club, along with structured art therapy, offers residents and tenants a meaningful way to express themselves, especially when words may be difficult to find. Through activities such as painting, collaging, drawing, weaving, and knitting, seniors can reconnect with memories, process emotions, and experience a renewed sense of purpose.

Beyond the immediate joy and relaxation that come with creative engagement, art therapy and regular crafting contribute to overall mental health and quality of life.

These activities offer a safe space for self-expression, helping to ease anxiety, depression, and grief. Whether through individual reflection or shared experience, arts and crafts have the power to uplift, empower, and enrich the lives of seniors in profound and lasting ways.

The Belmont House Textiles and Tea Club meets weekly to craft and discuss their love of crafting together. They have made donations of baby hats and knitted dolls for children in need, and hold an annual Christmas Craft Sale, donating all profits to the Belmont House Foundation.



Toni Allen, Mary Mercer, and Katharine Mallett work on knitted Izzy dolls that will be sent to children in need.



Sheroo Elavia and one of our wonderful Art Therapists, Sara at weekly art therapy.



Elizabeth Peters shows off her work at the exhibit put on by art therapy participants.



Hermine Dournayan and Siqi Xu work together on an art project.

The Heart of our Home



Look up! Frederick and Katherine Mallett take in the Solar Eclipse on April 8, 2024.



Elleni Bouronakis with her daughter, June, Dawn Whitmore, and Toni Allen.



Taylor Foley and Judith Carty enjoy a laugh together at the annual Strawberry Tea.



Norma Gonsalves with her daughter, Genevieve St. Aubyn at Summerfest. Fun and family are at the heart of Belmont House.

“The Belmont House Resident and Tenant Councils work with the management team knowing that we are better together.”

– John Goodwin
Tenant Council Chair

Our councils provide a forum for residents, tenants, and family members to offer positive and constructive feedback from their experiences of living at and visiting Belmont House. Council members provide vital connections and input regarding our home and programming.

Resident Council



Back (left to right): Judy Barber, Caterina Gallippi, Sylvia Hughes, Andrea Thompson (staff support)
Front (left to right): Colleen Hoyles, Anna Wong Doo, Erika Chandler

Tenant Council



Back (left to right): Catherine Brackley, John Goodwin (Chair), Gail Walker (staff support), Nicol MacNicol, John Snell
Front (left to right): Patricia Seyfried, Mary-Jane Horsfall Large, Peter Lewis, Margaret Meynell, Tim Reid

Family Council

The Long-term Care Family Council meets several times a year to provide feedback for the management team and support one another. All Long-term Care family members are welcome to join!

Celebrating Philanthropy: Belmont House Foundation Donors 2024

For 172 years, Belmont House has relied on the generosity of our community to ensure the very best possible care, programming, and home environment for those we serve. We are so grateful to everyone who chooses to support the Belmont House Foundation and exceptional Senior care.

CEO's Club - \$25,000 +

Nexus Investment Management Inc.
The Estate of Henderson and Cairine Scott
The Slight Family Foundation
The Estate of James Franklin Walker

Winn and Barbara Oughtred
Kathryn Ramsay
David Stinson
Sullivan Entertainment
Martha Tellez

Sally Martin
Catherine McCormick
Don McCutchan
Barbara McMurrich
James and Jane McMyn
Vodrie McOuat
Myles Mindham
Christopher Morgan
Paula Moss
Margaret Peacock
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Phyllis Pringle
John Purdon
Elaine Roberts
Nick and Lynn Ross Charitable Foundation
Claudine Salama
Louise Saunders
Terry Smith
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Judith Tait
Carolyn Vose
Betty and Chris Wansbrough
Elinor Whitmore

Platinum Patrons - \$10,000+

The Estate of Malcolm Archibald
Sandy and Gloria Boyd
May Sue Chong
Clench House Foundation
Susan Cowan
The C&F Eaton Charitable Foundation
Diane Emanuel
John Kao
Donald F. Hunter Charitable Foundation

Bronze Patrons - \$1,000+

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Haider Alvi and Connie Hui
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Debbie Babington
Joanne Beaton
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Rabin Chatterjee
Terence Coates
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Christine Cram
John Darby
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Connie Dickson
Dennis Donovan
Eglinton Bayview and Joints in Motion
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Peter Lewis
Tom and Marnie Little
Stephen Lowden
Richard Lucas and Lorraine Saab

Gold Patrons - \$5,000+

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James Hubbard
Barbara Hyland
Michael Mountford
Mary Jean and Frank Potter
Sarah Powell
Sam and Martin Wakim
Judith Weeks
David Wishart
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Benefactors - \$750+

Mary Byers
Elizabeth Crane
Barbara Johnston
Stephen Rice

Silver Patrons - \$2,500+

Richard Alway
Alexander Aziz
James Christie and Sarah Pepall
Richard Chuchry
Heather Gibson
Mary Ellen Gillespie
John and Mary Goodwin
Edward and Mary Mercer

Companions - \$500+

Mara Adams
Alexander Aird
Marion Annau
Mary Barber-Villeneuve
Richard Bell
Faith Berghuis
Blake, Cassels and Graydon LLP
Marlene Bogert
Bonnie Booth
Louise Brownlee

Celebrating Philanthropy: Belmont House Foundation Donors 2024

We thank everyone who generously supports Belmont House Foundation and wishes to remain anonymous. You are integral members of our family.

Peter Campbell
Mary Louise Clements
Michael Cruickshank
Sasha Darling
John Easson
Joyce Fearnside
Natalie Gardiner
Susan Grundy
Michael Heffer
George Heintzman
Jim Houston
Trudy Huainig
Kenneth Jewett
Mary Kardos Burton
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Warren Law
David and Diana Lawrence
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Judy MacGowan
Frederick and Katherine Mallett
Tim Marlatt
Claire Marler
Georgios Mavrigianakis

Diane McArthur
Margaret Meynell
Ann Miles
Jane Minett
Tim Morawetz and Sue MacGowan
Dawn Morrow
Alan Noble
Tom Ouchterlony
Barbara Palmer
Lee Pearson
Tim Reid
Andre Rochefort
David Snell
Peter Snell
Ann Teskey
Tony and Mary Van Straubenzee
Elizabeth Van Wyck
Joan Warren
Mary and Arnold Walsh-Wellman

Supporters - \$250+

Jesco Afeldt
Monique Auger
Matilde Barsby
Kathleen Black
Catherine Brackley

Peter Curren
Tom Davis
Wynne de Jong
Sheila Dutton
Sarah Farquharson
Sandy Giles
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David Overall
Daphne Payne
Bonnie Southern
Wendy Stratten
Jacqueline Sutherland
Katharine Toskan
Ruth Wahl
William and Audrey Walker
Michael Wansbrough
Rob West



David Wishart,
Sasha Darling, Lyndy
Heggie, and Alice
Hughes Walking n'
Rolling for Belmont
House Foundation.

In Memoriam

January 1 – December 31, 2024

We mark and celebrate the lives of the Belmont House residents and tenants that passed away in 2024. Residents and tenants often feel like an extension of our own families and we are honoured to care for and spend time with everyone who lives at Belmont House.

Monique Auger
Alice Babington
Marsha Bell
Helen Best
Gloria Buchanan
Gloria Boyd
Donna Digby
Catharine Doholis
Lynette Emanuel
Joyce Fearnside
Donka Fotevski
Nora Gammon
Mary Goodwin

Richard Harrald
Mary Hogarth
Cornelis Huisman
Barbara Ibronyi
Eleanor Kerfoot
Robert Lent
Bruce MacGowan
Carol MacNicol
Georgios
Mavrigiannakis
Joan McEwan
Barbara McMurrich
John Papaconstantinou

Elizabeth Podnieks
Edna Robertson
Derek Robinson
Gerlind Order
Margaret Sandusky
David Silcox
John Snell
Barbara Sweeny
John Turner
Arnold Wellman
Chao-Fang Wong
Elizabeth Yarnell



*“Come to me, all you who are weary and burdened,
and I will give you rest. Take my yoke upon you
and learn from me, for I am gentle and humble in
heart, and you will find rest for your souls. For my
yoke is easy and my burden is light.”*

Matthew 11:28–30

Celebrating 172 Years of Caring

Our Mission

Belmont House is a charitable, not for profit Christian organization dedicated to providing seniors with excellent care within a safe, stimulating community. Belmont House provides support for independence, companionship, choice, dignity and privacy.

Our Vision

To be an exemplary community for seniors within a caring environment.

Our Values

Caring
Excellence
Innovation
Respect
Responsiveness
Teamwork

Belmont House is operated by a volunteer Board of Directors and licensed by the Ministry of Long Term Care, the Retirement Home Regulatory Authority, and operated under a service agreement with Ontario Health.



The Seniors' Home of Choice

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