



Introducing the new Sunshine Lane!

With the support of our Belmont family and the incredible generosity of the Slight Family Foundation, Belmont House has transformed another Long-term Care nursing unit into a Butterfly home!

Staff of Sunshine Lane (formerly known as 3West), completed their Butterfly Model of Care training last Autumn.

"I have worked at Belmont House for 19 years," shared Elmarie Pencil, "I couldn't imagine how much Butterfly training would change the way I view my work and interact with residents. It was a transformative experience."

The Butterfly Model of care is a powerful way to reach a person with dementia who can struggle with logic and memory. It means making their surroundings truly feel like home, a place where family, friends, staff and volunteers can also feel at home, and everyone feels "Free to be Me."

There are many physical changes made to the home area such as painting more colourful walls, increasing the range of sensory and naturally engaging items, and personal touches. However, these changes will only make a meaningful



Hermela Fitsum, Patel Hasmitkumar, Elmarie Pencil, Pilar Warburton, Araceli Oriola, Audrey Walker, and Susan Adams celebrate achieving their Butterfly Model of Care training certificates and the changes to Sunshine Lane

difference when the whole team understands what it truly means to engage each other like friends and family. The impact of "being truly together" has produced significant positive outcomes for all who live, work, and visit a Butterfly Home.

Training for the staff of 4West is now underway. We are looking forward to transforming another nursing unit into a Butterfly Home. A home filled with laughter, fun, and care.

A message from CEO, Maria Elias

I am filled with gratitude for the dedicated staff, supportive families, and resilient residents and tenants who make our community so special. It is a honour to serve, and I am more excited than ever about the future. One of our most significant projects to date is now on the horizon—a brand-new, state-of-the-art, 11 storey home on our property. This initiative represents our unwavering commitment to providing exceptional care to more seniors, fostering innovation, and ensuring a warm, welcoming environment for generations to come.

I am writing to update you on the progress of this building project. The Board of Directors began planning this project in 2022, and after 2 years of meetings, consulting with the Ministry of Long-term Care, City of Toronto, residents, tenants, family members, our neighbours, and many of stakeholders, we have received final approval on our design from the Ministry of Long-term Care and the City of Toronto! Our building permit has been submitted, and we are awaiting approval



The view of our new building, looking east from Davenport Rd. and Belmont St.

before we hire a construction company and break ground this year!

I want to express my utmost gratitude to everyone that has supported this exciting new building thus far, especially the 83 individuals and foundations that have made a pledge to donate funds to support the project. Your generosity is making what we've only dreamed about possible. You are securing the future of senior care in our community and our gratitude knows no end.

We look forward to keeping you updated regarding our new building and will be sending a newsletter later this year.

Stay Alert! Toronto Police Services Fraud Prevention Seminar



Residents and tenants participate in the Toronto Police Services' fraud prevention seminar.

We were happy to welcome Toronto Police Services officers to speak to Belmont House residents and tenants about how to identify fraud schemes and what to do to protect ourselves from scammers.

If you are ever concerned about a text message, phone call, or email you've received, trust your gut. If something seems wrong or you feel uncomfortable giving the information someone you don't know is asking for, say no. Call your bank, the CRA, or your family to ask if a request you've received is real or not.

Bringing Residents Comfort and Dignity

At Belmont House, our goal is to always provide compassionate, dignified care for all residents. However, for those facing challenging medical conditions and limited mobility, extended time in bed can lead to serious discomfort and painful pressure ulcers. We are launching a vital fundraising campaign to purchase six Therapeutic Surfaces—specialized mattresses designed to prevent pressure injuries and enhance comfort. Each Therapeutic Surface costs \$3,800, and we need your support to reach our goal.

Why Therapeutic Surfaces Matter

Pressure ulcers, commonly known as bedsores, develop when prolonged contact with a mattress restricts blood flow to the skin, leading to pain, discomfort, and an increased risk of infection. While our dedicated care teams work tirelessly to prevent these injuries, Therapeutic Surfaces offer an essential layer of protection, ensuring residents receive the best possible care.



Beyond medical benefits, these surfaces help uphold our commitment to dignity. By reducing the need for frequent manual repositioning, our staff can focus on providing comprehensive care while also protecting themselves from potential back injuries.

You can also ask a member of staff if you aren't sure if a request is legitimate or not. All Belmont House staff receive regular training on identifying online fraud schemes, we will help!

The Canadian Anti-Fraud Centre estimates that only 5% to 10% of fraud cases are reported. If you have been the victim of fraud, please report it to the police.

Lots of helpful information can be found online at the Canadian Anti-Fraud Centre website.

A Critical Need for Palliative Care

Belmont House offers compassionate palliative care, allowing residents to spend their final days in a familiar, comforting environment rather than in a hospital. Therapeutic Surfaces are essential to this program, as they help prevent painful pressure ulcers and improve overall comfort, ensuring that our residents receive the dignity and support they deserve.

Join Us in Making a Difference

We need your help to provide this vital resource. Your donation—big or small—will directly contribute to the purchase of these life-enhancing Therapeutic Surfaces. Together, we can ensure that every Belmont House resident receives the comfort and dignity they deserve.



To donate, please fill out the reply coupon and return it in the postage-paid envelope or contact us directly at foundation@belmonthouse.com or (416) 964-9231 ext.238. Thank you for your generosity and support!

Calling all Walkers n' Rollers!

Get ready to Walk n' Roll for a great cause! Our "Walk n' Roll" Walk-a-Thon is back for its 15th year, and we're inviting you to join us in making a difference.



On June 6, residents, tenants, families, and staff will come together at Belmont House to walk, roll, and rally in support of programs that enhance life at Belmont. This year, we're aiming high with a fundraising goal of \$25,000, which will help fund recreational programming, specialized equipment, and events that bring joy and connection.

Whether you walk, roll, or cheer from the sidelines, your participation means the world to us. Every step counts, and every donation makes a difference!



David Wishart, Sasha Darling, Lyndy Heggie, and Alice Hughes Walking n' Rolling for Belmont House Foundation.

How You Can Get Involved:

Volunteer with us.

Contact Deanna Codner directly at (416) 964-9231 ext.238 or dcodner@belmonthouse.com to learn more.

Sponsor a participant or make a donation. You can also create a fundraising page to share with family and friends by following the QR code.



Spread the word and invite friends and family to join our Walk n' Roll!

Let's celebrate **15 years of movement, community, and generosity!** Together, we can reach our goal and create more meaningful moments for seniors in our community.

More information will be coming soon. See you on the track!



Upcoming Events

Please join us!

- June 6 – Walk n' Roll
- June 11 – Strawberry Tea
- August 13 – Summerfest

Belmont House is operated by a volunteer Board of Directors licensed by the Ministry of Long Term Care, the Retirement Home Authority, and operates under a service agreement with Ontario Health.
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