



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Coordinator Hermela Phone Number 416-964-9321 ext 250	<div>  </div>					
		September Highlights 4th - Labour Day 7th - TIFF at Belmont 12th- Dining in the day light 13th - Birthday Party-August ,September and October 14th - TIFF at Belmont 21st -Chocolate Milk social 28th - Savoury social				
2:30 ☕ 3 Refreshments	Labour Day 4 10:25 🎈 Balloon Badminton 12:00 ☕ Labour Day Dinner 2:25 🎓 Trivia	9:30 🎈 Sunshine Yoga 10:30 📖 News of the Day! 10:45 🙏 Morning Prayers 1:15 ❤️ Doll therapy 1:45 ❤️ Let's Get Folding 2:30 🎈 Strike & Spare 3:00 📖 Scattergories 3:30 ☕ Friendly Visits	9:30 🎈 Balloon Tennis 11:00 ❤️ Sensory Touches 1:15 🙏 1:1 Spiritual Corner 1:45 ☕ Strolls about Belmont 2:30 ☕ Iced Coffee Social 3:00 🎓 Let's Play Bingo 3:30 ☕ Friendly Visits	NY Fashion Week Begins TIFF Begins 7 1:15 ☕ Friendly Visits 1:30 ❤️ 1:1 Short Stories 3:30 🙏 1:1 Spiritual Corner 4:00 ☕ Travelogue: Milan, Italy 6:00 ❤️ Tales Of Poetry 7:00 ☕ Movie Night	9:30 🎈 Bean Bag Toss 10:30 📖 Historical Fridays: Terry Fox 11:00 🙏 Hymm Sing 1:15 ❤️ Coloring Arts 2:30 ☕ Summer Ice Cream Treats Social 3:00 🎓 Board Games 3:30 ☕ Friendly Visits	10:25 🎈 2 Balloon Badmintion 2:25 🎓 Trivia
Grandparents Day 10 2:30 ☕ Refreshments	9:30 🎈 Morning Stretch 10:30 🎓 Trivia! 11:00 ❤️ Doll therapy 1:15 🙏 1:1 Spiritual Corner 1:45 ❤️ Let's Get folding 2:30 ❤️ Flower Arrangement 3:00 ☕ Strolls about Belmont 3:30 ☕ Friendly Visits	9:30 🎈 Morning Stretch 10:30 📖 News of the Day! 10:45 🙏 Morning Prayers 12:00 ☕ Dining in the Daylight - North Garden 2:30 ❤️ Grandmas Kitchen: Easy Cheesy Biscuit 3:30 ☕ Friendly Visits	9:30 🎈 Balloon Tennis 11:00 ❤️ Sensory Touches 1:15 🙏 1:1 Spiritual Corner 2:30 ☕ Birthday Party! 3:00 🎓 Let's Play Bingo 3:30 ☕ Friendly Visits	10:45 ☕ Friendly Visits with Dexter the dog 14 2:30 ☕ TIFF at Belmont! 6:00 ❤️ Tales Of Poetry 7:00 ☕ Movie Night	9:30 🎈 Bean Bag Toss 10:30 📖 Historical Fridays: Agatha Christie 11:00 🙏 Hymm Sing 1:00 🎈 Terry Fox walk 2:30 ☕ Live Music with Doug/ Summer Ice Cream Treats Social 3:30 ☕ Friendly Visits	10:25 🎈 16 Balloon Badmintion 2:25 ☕ Sing Along
TIFF Ends! 17 2:30 ☕ Refreshments	9:30 🎈 Morning Stretch 10:30 🎓 Trivia! 11:00 ❤️ Doll therapy 1:15 🙏 1:1 Spiritual Corner 1:45 ❤️ Let's Get folding 2:30 ❤️ Flower Arrangement 3:00 ☕ Strolls about Belmont 3:30 ☕ Friendly Visits	9:30 🎈 Morning Stretch 10:30 📖 News of the Day! 10:45 🙏 Morning Prayers 1:15 ❤️ Doll therapy 2:30 ❤️ Ripple Rhythm Drumming Circle - Auditorium 3:00 🎓 Scattergories 3:30 ☕ Friendly Visits	9:30 🎈 Balloon Tennis 11:00 ❤️ Sensory Touches 1:15 🙏 1:1 Spiritual Corner 1:45 ☕ Strolls about Belmont 2:30 ☕ Sing Along 3:00 🎓 Let's Play Bingo 3:30 ☕ Friendly Visits	World Alzheimers Day 21 10:45 ☕ Friendly Visits with Dexter the dog 1:15 ☕ Friendly Visits 1:45 ❤️ 1:1 Short Stories 2:30 ☕ Chocolate Milk Social 3:30 🙏 1:1 Spiritual Corner 4:00 ❤️ Gardening 6:00 ❤️ Tales Of Poetry 7:00 ☕ Movie Night	9:30 🎈 Bean Bag Toss 10:30 📖 Historical Fridays: Autumn Equinox 11:00 🙏 Hymm Sing 1:15 ❤️ Coloring Arts 2:30 ☕ Ice Cream Social 3:00 🎓 Board Games 3:30 ☕ Friendly Visits	Autumn Begins 23 10:25 🎈 Balloon Badmintion 1:00 ☕ Friendly Visits with Margo 2:25 🎓 Trivia
2:30 ☕ 24 Refreshments	9:30 🎈 Morning Stretch 10:30 🎓 Trivia! 11:00 ❤️ Doll therapy 1:15 🙏 1:1 Spiritual Corner 1:45 ❤️ Let's Get folding 2:30 ❤️ Flower Arrangement 3:00 ☕ Strolls about Belmont 3:30 ☕ Friendly Visits	9:30 🎈 Sunshine Yoga 10:30 🎓 News of the Day! 10:45 🙏 Morning Prayers 1:15 ❤️ Doll therapy 1:45 ❤️ Let's Get Folding 3:30 ☕ Friendly Visits	9:30 🎈 Balloon Tennis 11:00 ❤️ Sensory Touches 1:15 🙏 1:1 Spiritual Corner 1:45 ☕ Strolls about Belmont 2:30 ☕ Sing Along 3:00 🎓 Let's Play Bingo 3:30 ☕ Friendly Visits	10:45 ☕ Friendly Visits with Dexter the dog 28 1:15 ☕ Friendly Visits 1:45 ❤️ 1:1 Short Stories 2:30 ☕ Savoury Social 3:30 🙏 1:1 Spiritual Corner 4:00 ❤️ Gardening 6:00 ❤️ Tales Of Poetry 7:00 ☕ Movie Night	10:30 🎓 Historical Fridays: Reconciliation Day 11:00 🙏 Hymm Sing 1:15 ❤️ Coloring Arts 2:30 ☕ Autumn Ice Cream Treats Social 3:00 🎓 Board Games 3:30 ☕ Friendly Visits	National Day for Truth and Reconciliation 30 10:25 🎈 Balloon Badminton 2:25 ❤️ Short Stories