



September 2021

5 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Recreation Coordinator: Nikki Palmer Phone Number: (416) 964-9231 ext. 217 Email: npalmer@belmonthouse.com</p>			<p>10:00 🌿 Move and Groove 1 10:30 🎓 Amazing Animals: The Hummingbird 11:30 🍷 Fun on the Run - Activity Trolley 2:00 🍷 Happy Hour 3:00 ❤️ Afternoon Musical 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Tournament of Champions 2 10:30 🎓 News and Views 11:30 ❤️ Tea for Two 2:30 🇻🇳 Virtual Vacation: Vietnam 3:00 ❤️ Afternoon Matinee 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Move and Groove 3 10:30 🎓 Weather Watcher 11:00 ❤️ Tea for Two 2:00 🍷 Friday (ice cream) Flavours 2:30 ❤️ Summer Time Tunes 3:00 🍷 Green Thumbs</p>	<p>10:30 🎓 Trivia 4 2:30 🍷 Tea Social</p>
<p>2:30 🍷 Tea Social 5</p>	<p>Labour Day 6 11:30 🍷 Tea for Two 12:00 🍽️ Labour Day Dinner 2:00 🎓 Bingo 3:00 🍷 Bubbles on the Balcony 3:30 ❤️ Nail Salon</p>	<p>1:15 🍷 Tea for Two 7 2:00 🎓 Famous Faces: Prince Harry 3:00 ❤️ Green Thumbs 6:00 ❤️ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley</p>	<p>10:00 🌿 Move and Groove 8 10:30 🎓 Amazing Animals: The Eagle 11:30 🍷 Fun on the Run - Activity Trolley 2:30 🍷 Birthday Party 3:00 ❤️ Afternoon Musical 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Tournament of Champions 9 10:30 🎓 News and Views 11:30 ❤️ Tea for Two 2:30 🎓 Trivia 3:00 ❤️ Afternoon Matinee 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Move and Groove 10 11:00 🎓 Weather Watcher</p>	<p>10:30 🎓 Trivia 11 2:30 🍷 Tea Social</p>
<p>Grandparents Day 12 2:30 🍷 Tea Social</p>	<p>9:45 🙏 Morning Prayers 13 10:30 🍷 Musical Journey 11:30 🍷 Tea for Two 2:00 🎓 Bingo 3:00 🍷 Bubbles on the Balcony 3:30 ❤️ Nail Salon</p>	<p>1:15 🍷 Tea for Two 14 2:00 🎓 Famous Faces: Ed Sullivan 3:00 ❤️ Green Thumbs 6:00 ❤️ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley</p>	<p>10:00 🌿 Move and Groove 15 10:30 🎓 Amazing Animals: The Blue Heron 11:30 🍷 Fun on the Run - Activity Trolley 2:00 🍷 Chocolate Milkshake Social 3:00 ❤️ Afternoon Musical 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Tournament of Champions 16 10:30 🎓 News and Views 11:30 ❤️ Tea for Two 2:30 🎓 Virtual Vacation: Brazil 3:00 ❤️ Afternoon Matinee 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Move and Groove 17 10:30 🎓 Weather Watcher 11:00 ❤️ Tea for Two 2:00 🍷 Friday (ice cream) Flavours 2:30 ❤️ Summer Time Tunes 3:00 🍷 Green Thumbs</p>	<p>10:30 🎓 Trivia 18 2:30 🍷 Tea Social</p>
<p>2:30 🍷 Tea Social 19</p>	<p>9:45 🙏 Morning Prayers 20 10:30 🍷 Musical Journey 11:30 🍷 Tea for Two 2:00 🎓 Bingo 3:00 🍷 Bubbles on the Balcony 3:30 ❤️ Nail Salon</p>	<p>1:15 🍷 Tea for Two 21 2:00 🎓 Famous Faces: Jane Goodall 3:00 ❤️ Green Thumbs 6:00 ❤️ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley</p>	<p>Fall Begins 22 10:00 🌿 Move and Groove 10:30 🎓 Amazing Animals: The Blue Jay 11:30 🍷 Fun on the Run - Activity Trolley 2:00 🍷 Donut Delight 3:00 ❤️ Afternoon Musical 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Tournament of Champions 23 10:30 🎓 News and Views 11:30 ❤️ Tea for Two 2:30 🎓 Wine & Cheese Social 3:00 ❤️ Afternoon Matinee 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Move and Groove 24 10:30 🎓 Weather Watcher 11:00 ❤️ Tea for Two 2:00 🍷 Friday (ice cream) Flavours 2:30 ❤️ Summer Time Tunes 3:00 🍷 Green Thumbs</p>	<p>10:00 🌿 Move and Groove 25 10:30 🎓 Trivia 2:30 🍷 Tea Social</p>
<p>2:30 🍷 Tea Social 26</p>	<p>9:45 🙏 Morning Prayers 27 2:30 🍷 Musical Journey</p>	<p>1:15 🍷 Tea for Two 28 2:00 🎓 Famous Faces: Julia Child 3:00 ❤️ Green Thumbs 6:00 ❤️ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley</p>	<p>10:00 🌿 Move and Groove 29 10:30 🎓 Amazing Animals: The Cardinal 11:30 🍷 Fun on the Run - Activity Trolley 2:00 🍷 Key Lime Pie Social 3:00 ❤️ Afternoon Musical 3:15 ❤️ Phone a Friend</p>	<p>10:00 🌿 Tournament of Champions 30 10:30 🎓 News and Views 11:30 ❤️ Tea for Two 2:30 🎓 Trivia 3:00 ❤️ Afternoon Matinee 3:15 ❤️ Phone a Friend</p>	<p>September Highlights Sept 2nd - Virtual Vacation: Vietnam Sept 8th - Birthday Party Sept 15th - Chocolate Milkshake Social Sept 16th - Virtual Vacation: Brazil Sept 22nd - Donut Delight Sept 23rd - Wine & Cheese Social Sept 29th - Key Lime Pie Social</p>	