



# September 2021 4 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>September Highlights</b> 2nd - Travelogue: Vietnam 9th - Birthday Party 16th - Travelogue: Brazil 22nd - Donuts & Dish 23rd - Wine & Cheese Social 27th - Key Lime Pie Social	9:30  Rise and Shine 10:00  Current Events with Cathy 10:30  Friendly Visits 11:00  Hymn Sing 11:30 <b>Videochat with Family</b> 1:00 Friendly Visits with Anita 2:30  Biography: Lily Tomlin 3:00  Artist Corner 3:00  Fun on the Run	9:30  Friendly Visits 10:00  Let's Reminisce 11:00  Balloon Badminton 11:30 <b>Videochat with Family</b> 1:00 Friendly Visits with Anita 2:00  Walk about Belmont 2:30 <b>Travelogue: Vietnam</b> 3:00  Helping Hands	9:30  Rise and Shine 10:15  Current Events 11:00 <b>Videochat with Family</b> 1:00 Friendly Visits with Anita 2:00  Musical Reflections 2:30 <b>Ice Cream Social</b> 3:00  Television Concert 3:15  Friendly Visits	11:30  Sensory Stimulation 2:30  Refreshments 3:00  Bingo	
2:30  Refreshments	<b>Labour Day</b> 10:30  Cranium Crunch 12:00 <b>Labour Day Dinner</b> 2:30  Hit the Target! 2:30  Refreshments	9:45  Morning Prayers 2:00  Bean Bag Baseball 2:30  Refreshments	10:00  Current Events with Cathy 2:00  Musical Reflections 2:30  Refreshments	9:30  Friendly Visits 10:00  This Day in History 11:00  Balloon Badminton 11:30 <b>Videochat with Family</b> 2:30 <b>Birthday Party</b>	9:30  Rise and Shine 10:15  Friday Funnies 11:30 <b>Videochat with Family</b> 2:00  Musical Reflections 2:30 <b>Ice Cream Social</b> 3:00  Television Concert 3:15  Helping Hands	1:00  Sing Along with Caitlin 2:30  Refreshments 3:00  Cranium Crunch
<b>Grandparents' Day</b> 2:30  Refreshments	1:00  Bingo 2:00 <b>Chocolate &amp; Chat: Milton Hershey</b> 3:00  Musical Reflections 3:30  Spa 6:15  Walk about Belmont 7:00  Movie Night 7:15  Friendly Visits	9:15  Dolls and Dogs with Dignity 9:45  Morning Prayers 10:30  Bean Bag Baseball 11:30 <b>Videochat with Family</b> 2:00  Centenarian Chat 3:00  Spa 3:30  A Day at the Theatre	9:30  Rise and Shine 10:00  Current Events with Cathy 10:30  Friendly Visits 11:00  Hymn Sing 11:30 <b>Videochat with Family</b> 2:30  Biography: Ray Charles 3:00  Artist Corner 3:00  Fun on the Run	9:30  Friendly Visits 10:00  Let's Reminisce 11:00  Balloon Badminton 11:30 <b>Videochat with Family</b> 2:00  Walk about Belmont 2:30 <b>Travelogue: Brazil</b> 3:00  Helping Hands	9:30  Rise and Shine 10:15  Current Events 11:00 <b>Videochat with Family</b> 2:00  Musical Reflections 2:30 <b>Ice Cream Social</b> 3:00  Television Concert 3:15  Friendly Visits	10:30  Balloon Badminton 1:00  Sing Along with Caitlin 2:30  Refreshments 3:00  Cranium Crunch
2:30  Refreshments	1:00  Amazing Animals: National Pet Bird Day 2:00  Short Stories 3:00  Musical Reflections 3:30  Spa 6:15  Walk about Belmont 7:00  Movie Night 7:15  Friendly Visits	<b>World Alzheimer's Day</b> 9:15  Dolls and Dogs with Dignity 9:45  Morning Prayers 10:30  Bean Bag Baseball 11:30 <b>Videochat with Family</b> 2:00  Fresh Air and Free Time 2:30  Scattergories 3:00  Artist Corner 3:30  A Day at the Theatre	<b>First Day of Autumn</b> 9:30  Rise and Shine 10:00  Current Events with Cathy 10:30  Friendly Visits 11:00  Hymn Sing 11:30 <b>Videochat with Family</b> 2:00 <b>Donuts &amp; Dish</b> 3:00  Reading Circle	9:30  Friendly Visits 10:00  This Day in History 11:00  Balloon Badminton 11:30 <b>Videochat with Family</b> 2:30 <b>Wine &amp; Cheese Social</b> 3:00  Helping Hands	9:30  Rise and Shine 10:15  Friday Funnies 11:00 <b>Videochat with Family</b> 2:00  Musical Reflections 2:30 <b>Ice Cream Social</b> 3:00  Television Concert 3:15  Helping Hands	1:00  Sing Along with Caitlin 2:30  Refreshments 3:00  Cranium Crunch
2:30  Refreshments	1:00  Bingo 2:00  Amazing Animals 2:30 <b>Key Lime Pie Social</b> 3:00  Musical Reflections 3:30  Spa 6:15  Walk about Belmont 7:00  Movie Night 7:15  Friendly Visits	9:15  Dolls and Dogs with Dignity 9:45  Morning Prayers 10:30  Bean Bag Baseball 11:30 <b>Videochat with Family</b> 2:00  Fresh Air and Free Time 2:30  Famous Faces 3:00  Spa 3:30  A Day at the Theatre	10:00  Current Events with Cathy 2:30  Bowling	9:30  Balloon Badminton 2:00  Cranium Crunch		<b>Recreation Coordinator:</b> Kim Barton <b>Phone Number:</b> 416-964-9231 x234 <b>Email:</b> kbarton@belmonthouse.com *Practise social distancing!* *Calendar subject to change*