



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Coordinator: Hermela Fitsum Phone Number: 416-964-9231 ext.250 Email: hfitsum@belmonthouse.com			9:30 🎾 Tennis 10:00 ❤️ Multi-Sensory Room 10:30 📺 Videochat with Families 11:00 ❤️ Balcony Visits 1:30 📺 Friendly Visits 2:30 📺 Sing Along 3:00 🎓 Bingo in the Garden	1:30 📺 Friendly Visits 2:00 📺 Guess that Tune 2:30 📺 Travelogue: Vietnam 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 ❤️ Poetry Corner 7:00 ❤️ Movie Night	9:30 🎾 Ring Toss 10:00 🎓 Biography: John A MacDonald 10:30 ❤️ Hymn Sing 11:00 📺 Friendly Visits 2:30 📺 Ice Cream Social 3:30 📺 Board Games	2:30 🎓 News and Views with Kim 2:30 📺 Refreshments
2:30 📺 Refreshments	Labour Day 9:30 🎾 Morning Stretch 10:00 📺 Friendly Visits 11:00 🎓 Geography Trivia 12:00 Labour Day Dinner 2:00 ❤️ Artist Corner 2:30 ❤️ Green Thumb 3:00 📺 Balcony Visits	9:30 🎾 Move and Groove it 10:00 🎓 News and Views 10:45 📺 Morning Prayers 11:30 ❤️ Videochat with Families 1:00 📺 Videochat with Families 2:30 📺 Macaron Social 3:00 🎓 Friendly Visits	9:30 🎓 News and Views 10:00 ❤️ Multi-Sensory Room 10:30 📺 Videochat with Families 11:00 ❤️ Balcony Visits 1:30 📺 Friendly Visits 2:00 Videochat with families 2:30 📺 Birthday Party	1:30 🎓 Friendly Visits 2:00 📺 Name That Celebrity 2:30 📺 Travelogue: Scotland 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 ❤️ Poetry Corner 7:00 ❤️ Movie Night	9:30 🎾 Ring Toss 10:00 🎓 Biography: Helen Kellar 10:30 ❤️ Hymn Sing 11:00 📺 Friendly Visits 2:30 📺 Ice Cream Social 3:30 📺 Board Games	2:30 🎓 Balloon Badminton with Azaz 2:30 📺 Refreshments
Grandparents Day 2:30 📺 Refreshments	9:30 🎾 Morning Stretch 10:00 📺 Friendly Visits 11:00 ❤️ Hollywood Trivia 1:30 ❤️ Artist Corner 2:30 📺 Discussion Group: Discovery of Hollywood 3:00 📺 Balcony Visits	9:30 🎾 Hula Hula with Hermela 10:00 🎓 News and Views 10:45 📺 Morning Prayers 11:30 ❤️ Videochat with Families 1:00 📺 Videochat with Families 2:30 ❤️ Grandma Kitchen: Monkey Bread 3:00 🎓 Friendly Visits	9:30 🎾 Tennis 10:00 ❤️ Multi-Sensory Room 10:30 📺 Videochat with Families 11:00 ❤️ Balcony Visits 1:30 📺 Friendly Visits 2:30 📺 Sing Along 3:00 🎓 Bingo in the Garden	1:30 ❤️ Friendly Visits 2:00 📺 Guess that Tune 2:30 📺 Travelogue: Brazil 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 ❤️ Poetry Corner 7:00 ❤️ Movie Night	9:30 🎾 Ring Toss 10:00 🎓 Biography: Amelia Earhart 10:30 ❤️ Hymn Sing 11:00 📺 Friendly Visits 2:30 📺 Ice Cream Social 3:30 📺 Board Games	9:30 🎓 News and Views 11:00 ❤️ Sing Along 12:00 📺 The Lunch Bunch 2:30 🎾 Balloon Tennis 2:30 📺 Refreshments 3:30 📺 Balcony Visits
2:30 📺 Refreshments	1:00 ❤️ Random Trivia with Kim 2:30 📺 Tea Social	9:30 🎾 Move and Groove it 10:00 🎓 News and Views 10:45 📺 Morning Prayers 11:30 ❤️ Videochat with Families 1:00 📺 Videochat with Families 2:30 📺 Macaron Social 3:00 ❤️ Friendly Visits	First Day of Autumn 9:30 🎓 News and Views 10:00 ❤️ Multi-Sensory Room 10:30 📺 Videochat with Families 11:00 ❤️ Balcony Visits 1:30 📺 Friendly Visits 2:30 📺 Sing Along 3:00 🎓 Bingo in the Garden	1:30 ❤️ Friendly Visits 2:00 📺 Name That Celebrity 2:30 📺 Travelogue: Philippines 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 ❤️ Poetry Corner 7:00 ❤️ Movie Night	9:30 🎾 Ring Toss 10:00 🎓 Biography: Florence Nightingale 10:30 ❤️ Hymn Sing 11:00 📺 Friendly Visits 2:30 📺 Ice Cream Social 3:30 📺 Board Games	2:00 ❤️ Short Stories with Nicole 2:30 📺 Refreshments
2:30 📺 Refreshments	9:30 🎾 Morning Stretch 10:00 ❤️ Canadian Trivia 10:00 📺 Friendly Visits 11:00 🎓 Garden Trivia 11:00 ❤️ Short Stories 2:00 ❤️ Flower Arrangement 2:30 📺 Discussion Group: History of Toronto 3:00 📺 Green Thumb	9:30 🎾 Hula Hula with Hermela 10:00 🎓 News and Views 10:45 📺 Morning Prayers 11:30 ❤️ Videochat with Families 1:00 📺 Videochat with Families 2:30 ❤️ Grandmas Kitchen: Scottish Shortbread 3:00 ❤️ Friendly Visits	9:30 🎾 Tennis 10:00 ❤️ Multi-Sensory Room 10:30 📺 Videochat with Families 11:00 ❤️ Balcony Visits 1:30 📺 Friendly Visits 2:30 📺 Sing Along 3:00 🎓 Bingo in the Garden	1:30 ❤️ Friendly Visits 2:00 📺 Guess that Tune 2:30 📺 Travelogue: Copenhagen and Denmark 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 ❤️ Poetry Corner 7:00 ❤️ Movie Night	September Highlights 6th - Labour Day 12th - Grandparents Day 16th - Travelogue: Brazil 18th - The Lunch Bunch 22nd - Autumn Begins	