

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
August cont'd 31 10:45 Metropolitan United Church Virtual Online Service - Auditorium 2:00 Movie Matinee: The Karate Kid (1984) - Auditorium 3:30 Tea Social - Macdonald Room 4:30 Happy Hour - Link		Recreation Coordinator: Avery 416-964-9231 ext. 375 Recreation Supervisor : Kim 416-964-9231 ext. 242				August Highlights 4th - Civic Holiday 13th - Summerfest 2025: Back to the 60's & 70's 18th - Guest Speaker: Steve Kovan 19th - Dog Days of Summer BBQ 20th - Ukrainian cultural day 20th - Ukrainian music with Rita 22nd - Outing to Woodbine Racetrack		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 11:00 Spa - Craftroom 1:30 Belmont Blooms Gardening - Stillman Garden 2:30 Ice Cream Social - Stillman Garden 3:30 Ecumenical Prayer Service - Chapel 4:30 Happy Hour - Link 7:00 Documentary Night: Toronto Con Artist Tells All (2025) - Auditorium		9:30 Exercises - Auditorium 2:00 Documentary series: Expedition: Oman Desert Canyon - Auditorium 4:30 Happy Hour - Link 7:00 Movie Night: Hidden Figures (2016) - Auditorium			
10:45 Metropolitan United Church Virtual Online Service - Auditorium 2:00 Movie Matinee: Hidden Figures (2016) - Auditorium 3:30 Tea Social - Macdonald Room 4:30 Happy Hour - Link		Civic Holiday 9:30 Exercises - Auditorium 12:30 Civic Holiday Dinner - Main Dining Room 2:00 Movie Matinee: The Sting (1973) 4:30 Happy Hour - Link 7:00 Monday Evening Movie: The Sting (1973) - Auditorium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 10:30 Falls Prevention - Auditorium 10:30 Trivia - Craftroom 2:30 Current Events - Library 4:30 Happy Hour - Link 7:00 Live Music With : Frank Bagetta - Macdonald Room		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 10:30 360 VR Experience - Auditorium 10:30 Textiles & Tea - Craftroom 1:30 Walks around Belmont 2:30 Baking - Craftroom 4:30 Happy Hour - Link 7:00 Drama series: Miss Austen - Episode 1 - Auditorium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 9:30 Table Games - Craftroom 10:30 Falls Prevention - Auditorium 10:30 Reminisce & Recollect - Craftroom 2:00 Not Averse to Verse Poetry Group - Library 3:30 Walks around Belmont 4:30 Happy Hour - Link 7:00 Live Music With : Kye Marshall - Macdonald Room		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 10:30 Grace Church on the Hill Communion Service - Auditorium 11:00 Spa - Craftroom 2:30 Ice Cream Social - Stillman Garden 3:30 Ecumenical Prayer Service - Chapel 4:30 Happy Hour - Link 7:00 Documentary Night: Young Picasso (2019) - Auditorium		9:30 Exercises - Auditorium 2:00 Documentary series: Expedition: Greenland Frozen Frontier - Auditorium 4:30 Happy Hour - Link 7:00 Movie Night: The Birds (1963) - Auditorium	
10:00 Grace Church On-The-Hill Virtual Online Service - Auditorium 2:00 Movie Matinee: The Birds (1963) - Auditorium 3:30 Tea Social - Macdonald Room 4:30 Happy Hour - Link 7:00 St. Andrew's Presbyterian Church - Chapel		9:30 Exercises - Auditorium 10:30 Music Appreciation - Auditorium 1:30 Belmont Blooms Gardening - Stillman Garden 3:00 Walks around Belmont 4:30 Happy Hour - Link 7:00 Peachy Keen Social - Solarium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 9:30 Short Stories - Craftroom 10:30 Falls Prevention - Auditorium 10:30 Trivia - Craftroom 1:30 Tech Help Tuesday - Craftroom 2:30 Current Events - Library 4:30 Happy Hour - Link 7:00 Tuesday Evening Movie: Molly's Game (2017) - Auditorium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 10:30 Textiles & Tea - Craftroom 2:30 Summerfest 2025: Back to the 60's & 70's 4:30 Happy Hour - Link 7:00 Drama series: Miss Austen - Episode 2 - Auditorium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 9:30 Table Games - Craftroom 10:30 Falls Prevention - Auditorium 10:30 Reminisce & Recollect - Craftroom 2:00 Not Averse to Verse Poetry Group - Library 3:30 Walks around Belmont 4:30 Happy Hour - Link 7:00 Live Music With : Steve Paul Simms- Macdonald Room		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 10:30 St. Thomas Anglican Communion Service - Auditorium 1:30 Spa - Craftroom 2:30 Ice Cream Social - Stillman Garden 3:30 Ecumenical Prayer Service - Chapel 4:30 Happy Hour - Link 7:00 Documentary Night: Daughters (2024) - Auditorium		9:30 Exercises - Auditorium 2:00 Documentary series: Expedition: Suriname Lost World 4:30 Happy Hour - Link 7:00 Movie Night: Sense and Sensibility (1995) - Auditorium	
10:45 Metropolitan United Church Virtual Online Service - Auditorium 2:00 Movie Matinee: Sense and Sensibility (1995) - Auditorium 3:30 Tea Social - Macdonald Room 4:30 Happy Hour - Link		9:30 Exercises - Auditorium 10:30 Reminisce & Recollect - Craftroom 1:30 Belmont Blooms Gardening - Stillman Garden 2:30 Book Club - Library 4:30 Happy Hour - Link 7:00 Guest Speaker: Steve Kovan - Auditorium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 9:30 Short Stories - Craftroom 10:30 Falls Prevention - Auditorium 10:30 Trivia - Craftroom 12:00 Dog Days of Summer BBQ- Rose Garden 2:30 Current Events - Library 4:30 Happy Hour - Link 7:00 Live Music With : Michelle White - Macdonald Room		Ukraine Cultural Day 9:15 Daily Data - Auditorium 9:30 Art - Craftroom 9:30 Exercises - Auditorium 10:30 Textiles & Tea - Craftroom 2:00 Ripple Rhythm - Auditorium 3:00 Ukraine Cultural Day Social - MacDonald Room 4:30 Happy Hour - Link 7:00 Live Ukrainian Music With: Rita - Macdonald Room		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 9:30 Table Games - Craftroom 10:30 Falls Prevention - Auditorium 11:00 Walks around Belmont 2:00 Not Averse to Verse Poetry Group - Library 4:30 Happy Hour - Link 7:00 Drama series: Miss Austen - Episode 3 - Auditorium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 10:30 St. Basil's Catholic Communion Service - Auditorium 11:00 Outing: Woodbine Racetrack 2:30 Ice Cream Social - Stillman Garden 3:30 Ecumenical Prayer Service - Chapel 4:30 Happy Hour - Link 7:00 Documentary Night: Culture Quest: Ukraine (2023) - Auditorium		9:30 Exercises - Auditorium 2:00 Documentary series: Expedition: Mexico Flooded Caves 4:30 Happy Hour - Link 7:00 Movie Night: Oklahoma! (1955) - Auditorium	
10:00 Grace Church On-The-Hill Virtual Online Service - Auditorium 2:00 Movie Matinee: Oklahoma! (1955) - Auditorium 3:30 Tea Social - Macdonald Room 4:30 Happy Hour - Link 7:00 The Stone Church - Chapel		9:30 Exercises - Auditorium 10:30 Music Appreciation - Auditorium 1:30 Belmont Blooms Gardening - Stillman Garden 3:30 Walks around Belmont 4:30 Happy Hour - Link 7:00 Bingo - Solarium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 9:30 Short Stories - Craftroom 10:30 Falls Prevention - Auditorium 10:30 Trivia - Craftroom 2:30 Current Events - Library 4:30 Happy Hour - Link 7:00 Live Music With : Dorothy Pellerin - Macdonald Room		9:15 Daily Data - Auditorium 9:30 Art - Craftroom 9:30 Exercises - Auditorium 10:30 Textiles & Tea - Craftroom 1:30 Let's Get Physical 2:30 Baking - Craftroom 4:30 Happy Hour - Link 7:00 Drama series: Miss Austen - Episode 4 - Auditorium		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 9:30 Table Games - Craftroom 10:30 Falls Prevention - Auditorium 2:00 Not Averse to Verse Poetry Group - Library 3:30 Walks around Belmont 4:30 Happy Hour - Link 7:00 Live Music With : Brian Larter - Macdonald Room		9:15 Daily Data - Auditorium 9:30 Exercises - Auditorium 10:30 St. Basil's Catholic Communion Service - Auditorium 11:00 Flower Arranging - Craftroom 2:30 Ice Cream Social - Stillman Garden 3:30 Ecumenical Prayer Service - Chapel 4:30 Happy Hour - Link 7:00 Documentary Night: Martha (2024) - Auditorium		9:30 Exercises - Auditorium 2:00 Documentary series: Expedition: Borneo Dark Shadow 4:30 Happy Hour - Link 7:00 Movie Night: The Karate Kid (1984) - Auditorium	

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