

# FEBRUARY 2026

# Queen Mother Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Black History Month Begins 1</b> 2:00 ♥ <b>Movie Matinee: Lady Bird (2017) - MacDonald Room</b> 3:30 ☺ <b>Tea Social - Walker Cafe</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 † <b>St. Andrew's Presbyterian Church - Chapel</b> 8:00 ♥ <b>Live TV: The Grammy Awards (68th annual) - MacDonal Room</b>	<b>Groundhog Day 2</b> 9:30 ☺ <b>Exercises - Party Room</b> 2:30 ☺ <b>Monday Mocha Meetup - MacDonal Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ☺ <b>Monday Evening Movie: Groundhog Day (1993) - Macdonal Room</b>	9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ☺ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 10:30 ☺ <b>Trivia - Craft Room</b> 1:30 ☺ <b>Tech Help Tuesday - Craft Room</b> 2:00 ♥ <b>Artistic Expressions with Sara - Walker Cafe</b> 2:30 ☺ <b>Current Events - Library</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Live Music With: Eric Paetkau - Macdonal Room</b>	<b>4</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Short Stories</b> 10:30 ♥ <b>Textiles &amp; Tea - Craft Room</b> 2:30 † <b>Memorial Service</b> 3:00 ☺ <b>Memorial Service Reception - MacDonal Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Drama series: The Gilded Age "Season 1 Episode 4" - MacDonal Room</b>	<b>5</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Reminisce &amp; Recollect</b> 10:30 ♥ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 1:15 ☺ <b>Art Program with UCC Students - Walker Cafe</b> 2:00 ☺ <b>Not Averse to Verse Poetry Group - Library</b> 3:30 ☺ <b>Walks around Belmont</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Live Music With: Bernice Gopin - Macdonal Room</b>	<b>6</b> <b>Winter Olympic Games Begin</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 11:15 ♥ <b>Guided Meditation - Craft Room</b> 2:00 ♥ <b>2026 Winter Olympics Opening Ceremony - MacDonal Room</b> 2:30 ☺ <b>Go Canada! Social - Macdonal Room</b> 3:30 † <b>Ecumenical Prayer Service - Craft Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Documentary Night: Icarus - MacDonal Room</b>	<b>7</b> 9:30 ☺ <b>Exercises - Party Room</b> 2:00 ♥ <b>Documentary series: What's Next? The Future with Bill Gates "Truth or Consequences?" - MacDonal Room</b> 4:30 ☺ <b>Cocktail Party - MacDonal Room</b> 7:00 ♥ <b>Movie Night: Guess Who's Coming to Dinner (1967) - MacDonal Room</b>
<b>8</b> 2:00 ♥ <b>Movie Matinee: Guess Who's Coming to Dinner (1967) - MacDonal Room</b> 3:30 ☺ <b>Tea Social - Walker Cafe</b> 4:30 ☺ <b>Happy Hour - Library</b> 6:30 ♥ <b>Live TV: Super Bowl LX - MacDonal Room</b> 7:00 † <b>Timothy Eaton Memorial Church - Chapel</b>	<b>9</b> 9:30 ☺ <b>Exercises - Party Room</b> 2:30 ☺ <b>Monday Mocha Meetup - MacDonal Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Monday Evening Movie: The Italian Job (1969) - MacDonal Room</b>	<b>10</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ☺ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 10:30 ☺ <b>Olympic Trivia - Craft Room</b> 1:30 ☺ <b>Tech Help Tuesday - Craft Room</b> 2:00 ♥ <b>Artistic Expressions with Sara - Walker Cafe</b> 2:30 ☺ <b>Current Events - Library</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Live Music With: Dmitry Varelas - Macdonal Room</b>	<b>11</b> <b>Recreation Awareness Day</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Short Stories</b> 10:30 ♥ <b>Textiles &amp; Tea - Craft Room</b> 2:00 ☺ <b>Decorating Cookies - Craft Room</b> 2:00 ☺ <b>Recreation Awareness Day - Walker Cafe</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Drama series: The Gilded Age "Season 1 Episode 5" - MacDonal Room</b>	<b>12</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Reminisce &amp; Recollect</b> 10:30 ☺ <b>Card and Board Games - Craft Room</b> 10:30 ♥ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 2:00 ☺ <b>Not Averse to Verse Poetry Group - Library</b> 3:30 ☺ <b>Walks around Belmont</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Live Music With: HASO - Macdonal Room</b>	<b>13</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 10:30 † <b>Grace Church on the Hill Communion Service - MacDonal Room</b> 11:15 ♥ <b>Guided Meditation - Craft Room</b> 2:30 ☺ <b>Valentine's Day Social - Macdonal Room</b> 3:30 † <b>Ecumenical Prayer Service - Craft Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Documentary Night: Planet California - MacDonal Room</b>	<b>14</b> <b>Valentine's Day</b> 9:30 ☺ <b>Exercises - Party Room</b> 2:00 ♥ <b>Documentary series: What's Next? The Future with Bill Gates "Can We Stop Global Warming?" - MacDonal Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 5:30 ☺ <b>Valentine's Day Dinner</b> 7:00 ♥ <b>Movie Night: Harriet (2019) - MacDonal Room</b>
<b>15</b> 2:00 ♥ <b>Movie Matinee: Harriet (2019) - MacDonal Room</b> 3:30 ☺ <b>Tea Social - Walker Cafe</b> 4:30 ☺ <b>Happy Hour - Library</b>	<b>16</b> <b>Family Day</b> 9:30 ☺ <b>Exercises - Party Room</b> 10:30 ♥ <b>Music Appreciation - Macdonal Room</b> 1:15 ☺ <b>Walks around Belmont</b> 2:30 ☺ <b>Card and Board Games - Craft Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Pre-Mardi Gras Social - Solarium</b>	<b>17</b> <b>Lunar New Year Shrove Tuesday</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ☺ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 10:30 ☺ <b>Holiday Trivia - Craft Room</b> 1:30 ☺ <b>Tech Help Tuesday - Craft Room</b> 2:00 ♥ <b>Artistic Expressions with Sara - Walker Cafe</b> 2:30 ☺ <b>Current Events - Library</b> 4:30 ☺ <b>Happy Hour - Library</b> 5:30 ☺ <b>Lunar New Year Dinner</b> 7:00 ♥ <b>Live Music With: Michelle White - Macdonal Room</b>	<b>18</b> <b>Ash Wednesday</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Short Stories</b> 10:30 ♥ <b>Textiles &amp; Tea - Craft Room</b> 2:00 † <b>Ash Wednesday Service - Chapel</b> 2:30 ☺ <b>Baking - Craft Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Drama series: The Gilded Age "Season 1 Episode 6" - MacDonal Room</b>	<b>19</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Reminisce &amp; Recollect</b> 10:30 ♥ <b>Art - Craft Room</b> 10:30 ♥ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 2:00 ☺ <b>Not Averse to Verse Poetry Group - Library</b> 3:30 ☺ <b>Walks around Belmont</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Live Music With: Beatriz Boizan - Macdonal Room</b>	<b>20</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 10:30 † <b>St. Thomas Anglican Communion Service - Chapel</b> 11:15 ♥ <b>Guided Meditation - Craft Room</b> 2:30 ☺ <b>Timbit Social - Macdonal Room</b> 3:30 † <b>Ecumenical Prayer Service - Craft Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Documentary Night: The Mystery of Marilyn Monroe: The Unheard Tapes - MacDonal Room</b>	<b>21</b> 9:30 ☺ <b>Exercises - Party Room</b> 2:00 ♥ <b>Documentary series: What's Next? The Future with Bill Gates "Can You Be Too Rich?" - MacDonal Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Movie Night: Remember the Titans (2000) - MacDonal Room</b>
<b>22</b> <b>Winter Olympic Games End</b> 2:30 ♥ <b>Live TV: 2026 Winter Olympic Closing Ceremony - Macdonal Room</b> 3:30 ☺ <b>Tea Social - Walker Cafe</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 † <b>The Stone Church Service - Chapel</b>	<b>23</b> 9:30 ☺ <b>Exercises - Party Room</b> 1:15 ☺ <b>Walks around Belmont</b> 2:30 ☺ <b>Book Club - Library</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Bingo - Solarium</b>	<b>24</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ☺ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 10:30 ☺ <b>Trivia - Craft Room</b> 1:30 ☺ <b>Tech Help Tuesday - Craft Room</b> 2:00 ♥ <b>Artistic Expressions with Sara - Walker Cafe</b> 2:30 ☺ <b>Current Events - Library</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Live Music With: Toronto Children's Chorus - Macdonal Room</b>	<b>25</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Short Stories</b> 10:30 ♥ <b>Textiles &amp; Tea - Craft Room</b> 2:30 ☺ <b>Baking - Craft Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ☺ <b>Guest Speaker: Dr. David Chandross "Artificial Intelligence and the Future of Mankind" - Macdonal Room</b>	<b>26</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 9:45 ♥ <b>Reminisce &amp; Recollect</b> 10:30 ♥ <b>Chats with Avery</b> 10:30 ☺ <b>Falls Prevention - Party Room</b> 10:30 ☺ <b>Flower Arranging - Craft Room</b> 2:00 ☺ <b>Not Averse to Verse Poetry Group - Library</b> 3:30 ☺ <b>Walks around Belmont</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Live Music With: Taras Chmil - Macdonal Room</b>	<b>27</b> 9:15 ♥ <b>Daily Data - Party Room</b> 9:30 ☺ <b>Exercises - Party Room</b> 10:30 † <b>St. Basil's Catholic Communion Service - Chapel</b> 11:15 ♥ <b>Guided Meditation - Craft Room</b> 2:30 ☺ <b>Timbit Social - Macdonal Room</b> 3:30 † <b>Ecumenical Prayer Service - Craft Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Documentary Night: Frozen Planet II - MacDonal Room</b>	<b>28</b> 9:30 ☺ <b>Exercises - Party Room</b> 2:00 ♥ <b>Documentary series: What's Next? The Future with Bill Gates "Can We Outsmart Disease?" - MacDonal Room</b> 4:30 ☺ <b>Happy Hour - Library</b> 7:00 ♥ <b>Movie Night: The Zone of Interest (2023) - MacDonal Room</b>

Recreation Coordinator:  
 Avery  
 416-964-9231 ext. 375

Recreation Supervisor :  
 Kim  
 416-964-9231 ext. 242

**February Highlights**

- February 4 - Memorial Service
- February 6 - 2026 Winter Olympics Begin
- February 7 - Cocktail Party
- February 8 - Super Bowl LX
- February 14 - Valentine's Day
- February 17 - Lunar New Year
- February 25 - Guest Speaker on Artificial Intelligence

**February is..**  
**Black History Month & Recreation Awareness Month**

