

# Belmont HOUSE

<b>SUBJECT:</b>	Pandemic Planning		
<b>VOLUME:</b>	Volume 6 – Emergency Response	<b>ORIGINAL DATE:</b>	June 2006
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## **BACKGROUND:**

A pandemic occurs when a new virus emerges among people, spreads, and causes disease worldwide. Pandemics occur every few decades. Past pandemics have led to high levels of illness, death, social disruption, and economic loss.

Residents in long-term care homes are at increased risk of complications from pandemics because of their age and underlying medical conditions. The virus can be introduced by staff and visitors and can spread rapidly. 70% of individuals may become infected (i.e., residents and staff).

Health care workers have an ethical duty to provide care and respond to suffering. The spread of the pandemic virus in health care settings can be prevented and controlled through the consistent use of best practices in surveillance and infection prevention and control for respiratory infections. If these practices are used consistently, health care workers will be protected while caring for residents.

## **PURPOSE:**

To minimize the number of people infected with the virus, the severity of illness, the number of deaths, and the amount of socio-economic disruption to ensure resident care and services are managed. To ensure resident care and services are managed.

## **POLICY:**

In the event of an outbreak related to the pandemic, Belmont will adhere to all the guidelines outlined in the policy. The Infection Control Lead or designate will ensure that the policy is communicated to all staff. This policy is to be reviewed annually.

## **PROCEDURE:**

The WHO has 6 stages for defining pandemic activity.

Phase 1. No new virus subtypes detected in humans. If animals are infected, risk to humans is low.

Phase 2. No new virus subtypes detected in humans. However, a circulating animal virus subtype poses a substantial risk of human disease.

Phase 3. Isolated human infections, no human-to-human spread except rare close contacts.

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Phase 4. Small, highly localized cluster(s), limited human-to-human transmission.

Phase 5. Larger localized cluster(s) limited human-to-human spread. Substantial pandemic risk.

Phase 6. Pandemic phase: Sustained transmission among humans occurs.

The home's level of response will depend on the phases of the pandemic worldwide as well as the level of threat in the community. The Ontario Health Plan on Pandemic Planning has provided a response by pandemic activity once phase 6 of the WHO has been activated. There are 3 stages which include:

**Stage 1** includes no pandemic activity in the country, province or community

**Stage 2** includes pandemic activity in the community; and

**Stage 3** includes pandemic activity in the home.

## Stage 1

### No Pandemic Activity in the Country, Province or Community

If a pandemic has been declared elsewhere in the world, but there is no pandemic activity in the country, province or community, staff can use a more passive approach which includes:

- Allowing family members and visitors to self-screen.
- Looking for influenza-like illness in residents while providing routine daily care or activities.
- Staff should report influenza-like illness to their supervisor and the Infection Control Lead.
- Residents with influenza-like illness should be line listed and the form should be forwarded to the Infection Control Lead daily. Any suspected outbreak should be reported to the Infection Control Lead immediately.

### Pandemic Activity in the Country or Province, but No Pandemic Activity in the Community

Surveillance will include:

- Passive screening as identified above.
- Nursing staff will actively seek out signs or symptoms in residents by:
  - Conducting unit rounds.
  - Reviewing unit reports, which will provide information on any elevated temperatures.
  - Reviewing staff communication books.
  - Reviewing medical and/or nursing progress notes on the resident's charts, reviewing pharmacy antibiotic utilization records.
  - Reviewing laboratory reports and asking staff for verbal reports based on their clinical observations.

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- The Infection Control Lead or designate will review the results of surveillance data for any signs of the pandemic strain.
- The Infection Control Lead will continue to use the normal reporting procedures to report to the local public health unit.

## Stage 2

### Pandemic Activity in the Community

The local public health unit will notify the home if the pandemic has spread into the area. The home will:

- Activate the pandemic plan, see stage 3 guidelines
- Activate the emergency plan, see stage 3 guidelines
- Maintain active surveillance, using outbreak-reporting forms provided by local public health units.

## Stage 3

### Pandemic Activity in the Home

When the outbreak of the pandemic strain is suspected or confirmed, the home will take the following steps:

1. Notify the local Medical Officer of Health or designate by phone and follow steps outlined below.
  - Submit the outbreak reporting forms to the Medical Officer of Health or designate by fax or by electronic reporting systems in place.
  - Provide the Medical Officer or designate the name of the Infection Control Lead and back-ups at the home responsible for the outbreak investigation along with their contact information.
  - Report the initial control measures that have been instituted.
  - Request an outbreak number and record it on all laboratory submission forms.
2. Residents that are recently ill will be swabbed first (less than 48 hours from onset of symptoms). Once the pandemic strain has been confirmed in the community, nasopharyngeal swabs may no longer be required. The IPAC Lead or designate will order nasopharyngeal swabs. Staff are to ensure that the specimens and requisitions are properly labeled with all pertinent information (i.e. residents name, home's name, date specimen collected and the outbreak number).
3. Implement infection prevention and control measures (refer to next section of policy).
4. Notify the appropriate individuals. (See notification of appropriate individuals section).
5. Hold an initial meeting of the pandemic outbreak management team.
6. Monitor the outbreak/continue ongoing surveillance.

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7. Implement control measures for residents, staff, volunteers and visitors.
8. Distribute antivirals if available.
9. Distribute vaccine if available.
10. Investigate the outbreak.
11. Review the outbreak.

## Infection Prevention and Control Measures

### Droplet and Contact Precautions

The following precautions are necessary to prevent and control the spread of droplet-spread illnesses:

1. Hand hygiene is the most important measure in preventing the spread of infections (i.e. the use of alcohol-based hand sanitizers or washing hands following the 4 moments of hand hygiene, before donning PPE, after doffing and disposing of PPE, after performing personal functions, prior to serving food to residents). If hands are visibly soiled, they must be washed with soap and running water. Sinks that residents use may be contaminated and should not be used by staff and volunteers for hand hygiene unless no other alternative is available.
2. A point of care risk assessment should be conducted prior to providing care to a resident to determine the appropriate PPE required for the task.
3. N-95 masks/medical mask (as directed by TPH) are required to cover the worker's nose and mouth when providing care within two meters of an ill resident. If a resident is transferred to another facility or leaves their room, the resident should wear a medical mask if exhibiting respiratory-like symptoms. Masks should be changed if they become wet or contaminated by secretions. Staff wearing masks must remove their mask before caring for another resident, and when leaving the resident's room.
4. Protective eyewear is required when providing direct care within two meters of a resident on droplet/airborne precautions. If reusable protective eyewear is worn, it can be washed with soap and hot water or cleaned with disposable disinfectant wipes and then rinsed. This does not include personal eyeglasses.
5. Follow examination procedures that minimize contact with droplets (i.e. sitting next to rather than in front of a coughing resident when taking a history or conducting an examination).
6. Gloves are required when a worker is likely to have contact with body fluids or to touch contaminated surfaces. Gloves are not to be substituted for proper hand hygiene. Gloves should be put on before entering and removed prior to leaving the resident's room. Gloves should fit the wearer to prevent cross contamination. Hand hygiene must be performed immediately after removing gloves. Single-use gloves should not be reused or washed. Gloves should be changed when a tear or leak is suspected.

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7. Gowns should be worn during direct resident care where there is a chance for contamination or spillage. When a gown is worn, the cuff of the gloves must cover the cuffs of the gown. Gowns should be removed before leaving the resident's room. (See policy on isolation procedures on how to put on and remove gowns).
8. Disinfect any communal or shared equipment after use (i.e. B/P cuff, thermometer) using home approved disinfectant.
9. Personal protective equipment supplies will be kept in the emergency supply cupboard and will be distributed by the Infection Control Lead or designate.

### Environmental Cleaning

1. The home will use the same routine infection control and cleaning procedures during a pandemic as they do for seasonal influenza. Furniture, bed rails, overhead tables, telephones and non-critical resident care items should be included in the cleaning procedures (i.e. call bell) and should be cleaned daily.
2. Routine practices should be followed when handling soiled linen. See policy on isolation procedures as a cross-reference.
3. Routine practices should be applied to handling clinical waste (ie, bandages, blood, stool, urine). Double bagging of waste is not required.
4. Disposable cutlery is not required unless there is a shortage of water. See section under essential services.

### Notification of Appropriate Individuals

Once the pandemic has been confirmed the Infection Control Lead or designate will notify the following individuals:

- CEO (whom will then notify the Foundation Board of Directors and the Board of Directors)
- Medical Director (whom will then notify other physicians).
- Director of Care (as per appendix A fan out)

The individuals listed above are responsible for notifying other individuals according to the notification of appropriate individual chart, see Appendix A.

### Initial Outbreak Management Team Meeting

The initial outbreak management team consists of all department managers, the Infection Control Lead (lead planner), CEO, Medical Director, and a representative from the Department of Public Health.

**After hours**, contact the nursing manager on-call who will then inform the other department managers. The media spokesperson will be the CEO or designate.

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The outbreak management team will meet to:

- Confirm an outbreak exists and to ensure all members of the team have a common understanding of the situation.
- Establish a working outbreak case definition or criteria that will be used to identify residents or staff with the pandemic strain.
- Review control measures to prevent the spread of the virus.
- Identify appropriate signage to be posted in the home and the appropriate locations (i.e. all entrances, elevators and loading dock).
- Institute the staffing contingency plan.
- Enforce the use of personal protective equipment.
- Report the outbreak to appropriate people outside the home such as any of the resident's outside physicians, other health care providers (podiatrist, audiologist, dermatologist, psychogeriatric specialist, and ophthalmologist), and families of ill residents within or outside the home, ministry of health and ministry of long term care, staffing agencies, coroner's office and funeral directors.
- Implement the communication plan. Distribute internal communication for resident, family and staff.
- Discuss education sessions that are required for staff.
- Confirm how and when daily communications will take place between the home and the local public health unit.
- Discuss how often the outbreak management team will meet and set the next meeting date.

## **Monitoring of Outbreak**

The Infection Control Lead or designate will:

- Monitor the outbreak, which includes ongoing surveillance to identify new cases and update the status of ill residents and staff. The local public health unit will use the information to track the spread and impact of the pandemic, monitor ongoing transmission and effectiveness of infection prevention and control measures and recommend changes in the home's infection prevention and control practices if required. Measures may be added or lifted and additional testing may be required (i.e. testing for antiviral resistance). These directives will come from The Public Health Unit. Once the pandemic strain is suspected/identified. Staff will treat all subsequent cases of respiratory-like symptoms unless the diagnosis is ruled out.
- Report any respiratory-like illnesses and deaths to the local public health unit and coroner's office.
- Work in conjunction with the health and safety committee to ensure the appropriate precautions are being taken in the workplace to protect workers and patients.

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- The Infection Control Lead or designate will report employees who develop respiratory symptoms to their manager whom will then report to Human Resources (HR). HR will report to the Ministry of Labour (for investigation) and to the Workplace Safety and Insurance Board within 72 hours.
- Use electronic password protected line-listing form to monitor surveillance for residents and staff (refer to appendix B).

### **Assess Residents' care needs**

- Residents will be assessed according to:
  - Those who could be discharged to family members in the event of an outbreak.
  - Those whose needs could be met by home care.
  - Those that remain at the home.
  - Those in acute care. The home will use all available means of transport for transporting residents requiring acute care services if ambulance service is not available.
- A decision will be made at a later time regarding reallocating residents if needed.
- All non-urgent outside appointments should be cancelled under the direction of Toronto Public Health. The home may choose to postpone appointments based on their own pandemic planning or directives.
- The role of the Physiotherapist will be used to develop physiotherapy services or allocated to other areas of the home.

### **Control Measures for residents:**

- Any resident that develops symptoms will be placed on precautionary measures in their room and the family/substitute decision maker should be informed. Floors will be closed with restrictions based on directives from Toronto Public Health.
- Symptomatic residents should remain on precautionary measures in their room as long as it does not cause the resident undue stress or agitation. This does not apply to the residents that reside on 2 Walker Wing.
- Residents should be placed in a single room or co-horted on one unit. There should be a two-meter separation between residents. Resident's co-horted on one unit should avoid contact with residents in the remainder of the home.
- Signage should be placed on the resident's door advising precautionary measures that are required. The nursing staff will advise visitors about any restrictions and instruct them in the proper use of personal protective equipment if required.
- Once resident has passed away, keep valuables in room and lock the door to ensure safekeeping of valuables. See Appendix E for list of funeral homes capable of providing services.

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- The hair salon will be used as a holding area in the event that the morgues/funeral homes are unable to receive the deceased. An air conditioning unit will be placed to maintain cooling of the bodies.

## Essential Services

The following services MUST be maintained to provide care and protect residents:

- Heating/cooling/hydro: In the event of service disruption, Belmont House has a backup generator to provide emergency power for 4-5 days. A field company is contracted to re-fill the tank as needed.
  - Staff can use battery-powered devices for entertainment and communication purposes. The use of battery powered lighting can provide sufficient lighting in areas were staff are working and preparing food or washing utensils and pots. Managers or person in charge will have access to these supplies.
  - Make use of lighting during the daytime hours via opening curtains and internal doors.
  - Layer clothing on residents for maximum warmth and encourage them to wear coats, caps and gloves. Serve warm beverages frequently.
  - Limit the areas that need to be lit as much as possible by congregating asymptomatic residents and staff in central areas on the units.
  - Menus can be curtailed to include barbecue dishes to conserve hydro. Thermos containers can be used to keep fluids hot after they have been heated.
  - Drain pipes to prevent freezing.
- Food service: The home maintains a 2-week supply of shelf-stable food items. Sysco has designed a template for a 2-3 day emergency menu. See appendix C for list of shelf-stable items and menu templates.
- Running water: Refer to contingency plan on how to deal with water shortage. The home has a stock pile of wipes for environment cleaning and wipes that can be used for providing care to residents in the event of a water shortage.
- Prescription medications: Medisystem pharmacy will implement their business continuity plan to minimize the impact of disruption on clients.
- Lab services: The lab will work with Belmont House under direction of the Ministry of Health and Long-Term Care. Registered Staff will work closely with in-house physicians to determine essential lab work required.
- Oxygen concentrators: Medigas will work with Belmont House under direction of national, provincial or municipal pandemic planning committees. The use of liquid oxygen will be suspended unless required for transporting a resident in an emergency via a home driven vehicle.
- Cleaning supplies: The home maintains a month's supply of cleaning products. Extra cleaning supplies can be obtained from Sysco. Monitoring and distribution of the supplies will be by the housekeeping supervisor or designate.

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- TENA products: The home has stockpiled a months' worth of supplies from Cardinal Health. Monitoring and distribution of the supplies will be by the DOC or designate.
- Medical supplies: Nursing has a months' supply on hand. Monitoring and distribution of the supplies will be by the DOC or designate.
- Garbage disposal: In the event of service disruption, Waste Management will provide on-call service. See Appendix D for contact information.
- Elevator service: In the event of service disruption one elevator in the East wing will be designated for passengers and one in the West for freight. In the event that all elevators are down, staff will use stairs to deliver items to floors. Staffs are encouraged to stock pile items on floors such as non-perishable items if a total elevator shut down occurs.

### **Admissions, Re-admissions, Discharges and Transfers**

The home will collaborate with acute care hospitals, Toronto public health and Ontario Health at Home (OHaH) to make decisions about admissions and re-admissions during a pandemic. Decisions will be affected by resident needs, staffing levels at health care facilities in the community, as well as by the course of the pandemic (if the home does not have enough staff, we will not be able to take new admissions).

If there is pandemic activity in the community but not in the home, the home will want to take extra precautions not to admit someone with the pandemic strain into the home. All new admissions should be screened prior to admission. If the home does not have enough staff to provide adequate care, they may not be able to take new admissions. If the home has active cases of the pandemic strain, admissions and re-admissions are generally not permitted. This protocol may change depending on community needs.

Factors to guide decisions about admissions include:

- The status of the pandemic.
- The resident's health needs and the advice of the resident's attending physician.
- Staffing levels in the home.
- Access to antivirals.
- The home's ability to provide appropriate accommodation and care services that require particular expertise (i.e., tube feeding).
- The resident or their substitute decision-maker has given informed consent.

If there is local pandemic activity, the home may consider discharging residents to family members if they can be cared for appropriately in a family member's home. Non-urgent appointments should be rescheduled.

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Transfers are likely to be restricted. The following procedures can be used unless informed otherwise:

- The hospital Infection Control Lead must be provided with the details of the case to ensure control measures are in place when the resident arrives at the hospital.

Resident transfers (from anywhere in the home) to another home are not normally recommended during a pandemic outbreak. However, during a pandemic, this policy may change in order to ensure residents receive appropriate care. The Medical Officer of health or designate should be consulted regarding transfers to homes.

**Tenants:** Community client assessments will be conducted by telephone to reduce opportunity for exposure. Assessments will focus on identifying essential needs and corresponding OHaH services. Home visiting by contracted service providers will continue to be the primary method of delivering client services during a pandemic.

### **Support Measures for Staff and Volunteers**

- The Physiotherapy room will be used to accommodate staff.
- Shower facilities are available in the East locker room in the basement.
- The administration area will be the designated command area
- Washers and dryers will be available on the 3<sup>rd</sup> floor of the East building for staff
- The Employee Assistance Program line will be available to staff 24 hours/day, 7 days/week.
- Food and hydration will be available.
- Additional support measures to be implemented as required. Staff should contact their managers or the Human Resources department if experiencing difficulties.

### **Control Measures for Volunteer, staff and family members:**

- Wash hands on arrival, before leaving the resident's room and before leaving the home. Alcohol hand sanitizers are available at the main entrance and on each nursing unit.
- Use personal protective equipment as instructed by staff.
- For influenza pandemics- healthcare providers who have been treated with Tamiflu for 72 hours will not be as infectious and may return to work if they feel generally well except for a mild cough.
- Staff should contact the Infection Control Lead for approval prior to returning to work.
- Staff that have a close family member (living in the same home) that has the pandemic virus may continue to work as long as they are not experiencing any symptoms. Staff with ill family members should be monitored on a daily basis and if they develop symptoms they should leave work immediately.

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- If a visitor is visiting an ill resident, he/she should not be visiting any other resident in the home that is asymptomatic.
- Visitors are asked to visit only one resident and exit the home immediately after the visit.
- Ill visitors, family members and volunteers are asked not to enter the home until they have fully recovered.
- Contact the Infection Control Lead or designate if there are any special circumstances not covered in the policy.

### **General Control Measures**

All entrances/exits except the front main entrance will be locked.

- The main entrance will be the only entrance that will be used to adequately screen anyone entering the facility. The lobby will be manned from 0600-2300.
- Housekeeping staff may be required to man lobby from 0600-0700 and evening staff shift may be extended to cover 1500-2300.

### **Deliveries**

- All pharmacy deliveries will be at the front main entrance with appropriate screening procedures followed.
- All other deliveries will be at the loading dock with appropriate screening procedures followed.

### **Staff Shortages**

1. The Ontario Health Plan for a Pandemic supports a skills-based approach. The direct care staff could be trained to take on more responsibilities within their scope of practice.
2. Contracted staff from external agencies, extending working hours, calling retired staff back to work is a strategy that could be used to increase staff capacity.
3. Encourage carpooling of staff from certain checkpoints if public transportation is not available. Staff should speak to their managers if experiencing transportation difficulties.
4. Staff may bring a sleeping bag/comforter to work along with a change of clothes in the event they are unable to leave.
5. All vacation requests will be cancelled.
6. Clerical and housekeeping staff could be trained to assist with care (i.e. feeding).
7. Family members could be trained to help with care and daily living activities (i.e. providing a bed bath and assisting with feeding and toileting).
8. Use of volunteers.
9. Pregnant women should be deployed to non-affected areas. Relenza is the drug of choice for this group of individuals as it comes in a topical form and is safer for breast feeding mothers.

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It will be essential to “cross-train” staff with different skills other than their current position. The 6 main categories include:

- Feeding residents.
- Toileting, transferring, including mechanical lifts.
- Obtaining vital signs.
- Basic housekeeping skills.
- Basic food preparation and inventory control.
- Medication administration.

Although individuals may be trained, they will not work in these capacities, replace staff or assist staff during non-pandemic times, as that would be a violation of current collective agreements therefore “in time” training will be provided when the pandemic occurs.

10. If there is no effective vaccine at the beginning of the pandemic, non-immunized staff will **NOT** be excluded from providing care, provided they wear appropriate personal protective equipment and perform frequent hand hygiene. During an influenza pandemic, staff that develops influenza may be allowed to work, but they will be restricted to non-resident care or to the care of residents with influenza-like illness. If there is a vaccine available, any staff that has not been vaccinated with the pandemic strain will not be able to come to work and will not be paid. This is similar to the home’s employee vaccination influenza policy. Unvaccinated staff will be asked to take the influenza vaccine and to take tamiflu for 14 days (the time that it would take for the vaccine to take effect). Belmont staffs are required to provide proof of vaccination if the vaccine is administered outside of the home.

11. If there is **no pandemic activity in the home**, the home **will** restrict staff, students and volunteers who have worked at sites where there is pandemic activity unless they have proof of taking effective antivirals.

### Minimum staffing module during a pandemic

Position	Day/Evening	Nights	Task priority
RN/RPN	One for each unit on days; 1 for the east on evenings and one per 2 floors on the west.	1 for the supervision of care in the facility	Dispense all meds, administer controlled or injectable medications, provided treatments and assessment of the ill

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PSW/HCA	One for each unit	One for each unit to partner with the RN/RPN	Administer non controlled medications pre-poured by the Registered Staff
If HCA/PSW not a/v – trained staff/visitors/volunteers may be substituted	4 for each unit	2 for each unit	Direct care of residents ie, feeding, dressing
Dietary aides	1 for each dining area		Provision of food and hydration to residents, ensure food items a/v on each resident area, assist with giving nourishments
Housekeeper and laundry.	1 for the east and 2 for the west	1 for the building	Focus is on horizontal surfaces and washrooms. Regular cleaning of rooms may be designated to “trained” non-essential staff or visitors

**Dietary plan, minimum requirements:**

Position Title	Days/evenings	Night shift	Priority task
Food service supervisor	1		Ensure supplies are adequate, direct staffing requirements to the dietary supervisor, ongoing staff/visitor training
Dietician	1		Could assist food service supervisor and other areas as needed.
Cook	1		
Non-essential			Provision of food

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services (recreation, administration, and physiotherapy).			and hydration to residents, ensure food items available on each resident home area, assisting with giving nourishments
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## Communication Plan

Information will be communicated in the following manner:

- An automated message on the main telephone system.
- A designated phone line to update residents, tenants, staff, volunteers and family members.
- Staff and POA's will also receive updates via e-mail and memos.
- The Belmont website – What's Happening link.
- Message board at main entrance with updated information.
- Focus newsletter for tenants.
- Announcements over the Public Address system and at mealtimes.

## Responsibility of the Local Public Health Unit

- The local public health unit will be responsible for coordinating the distribution of antivirals and vaccines among health care organizations at the local level. The IPAC Lead or designate will be responsible for receiving, storing and tracking the use of antivirals.
- The local public health unit will provide advice on surveillance programs. They receive reports about Fever-Related Illness, including Influenza-Like Illness in the home, and provide information to the home on Fever-Related Illness activity, including Influenza-Like Illness, or on pandemic activity in the community. The Medical Officer of Health or designate is responsible for declaring an outbreak and for disseminating information about pandemic activity in the community.

## Distribution of Antivirals and Vaccines

- Staff on the individual nursing units will be responsible for obtaining consent from residents or their decision makers for treatment with antivirals and/or immunization during a pandemic (if this information was not already provided on admission).
- Staff to report if they are not able to take the antiviral or vaccine and to monitor antivirals by residents and report to the Infection Control Nurse. See Appendix F for priority groups for antiviral and vaccine administration.

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- Antivirals will be administered based on medical directives.

## **Declaring the Outbreak Over**

The length of time from the onset of symptoms of the last case until the outbreak is declared over will be one incubation period plus one period of communicability for the pandemic strain. The local public health unit will be responsible for declaring the outbreak over. The IPAC Lead or designate will notify the Ministry of Health and Long-Term Care via the critical incident system and other organizations in the community.

## **Investigate the Outbreak**

When the outbreak is declared over, an outbreak investigation file should be established, containing:

- Copies of laboratories and other results.
- Copies of all meeting minutes and other communications.
- Any other documentation specific to the investigation and management of the outbreak.

The Infection Control Lead at the home will keep copies of all forms on file.

## **Review the Pandemic Outbreak**

When the pandemic wave is over, meet with local public health unit staff and other community partners to review the course and management of the outbreak of the pandemic strain in the home and in the community, and identify what was handled well and what could be improved. Submit report to the Infection Prevention and Control Committee, with a copy to the administrator.

## **DEFINITIONS:**

Antiviral: medication used to treat and prevent influenza.

Community: geographic location of the LTCH within the boundaries of our health units and other homes that falls into our geographical area.

Fever –related illness: Fever greater than 38.0 degrees Celsius (Ministry of Health and Long-term care).

Hand hygiene: Process of removing soil or microorganisms from hands involving the use of soap and water or alcohol hand based rubs that contain 60-90% of alcohol.

High risk groups: Adults and children with chronic cardiac or pulmonary disorders.

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Residents of nursing homes or other chronic care facilities. People 65 years of age or older. Adults and children with chronic medical conditions such as diabetes mellitus and other metabolic diseases, cancer, immunodeficiency (including HIV infection), immunosuppression (including that of transplant recipients), renal disease, anemia and hemoglobinopathy

Influenza: contagious respiratory illness in humans that occurs every year. An annual vaccine is available.

Influenza like illness: Acute onset of respiratory illness with fever and cough and with one or more of the following: sore throat, arthralgia (joint pain), myalgia (muscle aches and pains) or prostration (extreme weakness). In patients over 65, fever may not be prominent.

Investigation number: formerly known as outbreak number, assigned by the local public health unit.

LHIN: Local Health Integration Network (formally CCAC).

Nasopharyngeal swab: used to diagnose influenza like illnesses through viral culture and antigen testing.

Outbreak: 2 cases of acute respiratory tract illness within 48 hours on one unit. (Ministry of health and long-term care).

Pandemic activity (as defined by WHO): is a global outbreak that occurs when a new virus emerges, to which the population has little immunity, that has the capacity to spread easily from person to person and cause serious human illness.

Personal Protective Equipment (PPE): Gowns, gloves, masks and protective eyewear.

Resident: Anyone residing in the home. For the purpose of this policy, Includes those residing in retirement suites and apartments.

Routine Practices: Interventions implemented to reduce the risk of transmission of microorganisms from patient to patient, patient to health care worker, and health care worker to patient. Includes hand hygiene, use of personal protective equipment and cleaning and disinfecting.

Staff: Anyone conducting activities within a health care setting that will bring him/her

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close to a resident including all health care providers (physicians, nurses allied health professionals, students), support services (housekeeping) and volunteers.

Surveillance: The systemic ongoing collection, collation, and analysis of data and the timely dissemination of information for those who need to know so that action can be taken.

WHO: World Health Organization.

**REFERENCES:**

A guide to Influenza Pandemic Preparedness and Response in Long-Term Care Homes Emergency Management Unit, Ministry of Health and Long-Term Care. December 2005.

Ontario Health Plan for an Influenza Pandemic. September 2006. Chapter 19 – Long-Term Care Homes.

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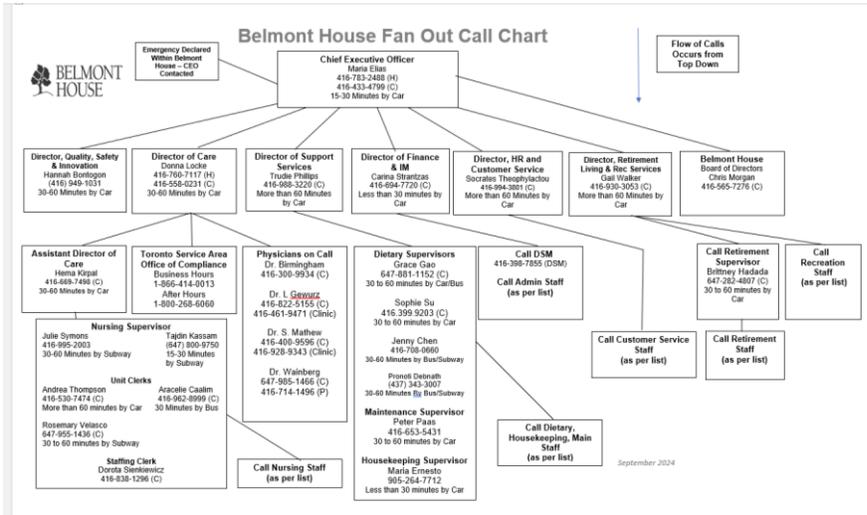
**CROSS-REFERENCE:**

Policy Title	Policy #
Isolation Procedures Policy	V4-090
Outbreak Protocol	V4-130
Vaccination Influenza – Employee	V1-1024

# Belmont HOUSE

Policy Title:	Pandemic Planning	Policy Number:	V6-Emergency Response
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## Appendix A – Notification of appropriate individual chart and fan out





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## Appendix C: Shelf Stable Items and Menu Templates



June 23, 2006

To: Our Valued Customer

Re: SYSCO Food Services Pandemic Menu Template

In the event of a wide spread crisis in Ontario, we have designed a template for a 3 day emergency menu. This template is meant to assist our customers in planning their own specific emergency menu. We have designed five different menus to work with: regular, pureed, clear fluids, shelf stable regular and shelf stable pureed. Products chosen for these menus include convenience and shelf stable products to help with varying levels of crisis menu planning. We have also included a list of disposable dishware for your convenience.

Sincerely,

Your dedicated SYSCO Healthcare Team

# Belmont HOUSE

Policy Title:	Pandemic Planning	Policy Number:	V6-Emergency Response
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Category	Item #	Brand	Description	Packs	Pack Size
<b>Breakfast</b>					
<b>Cold Cereal</b>	2901288	KELLOGG	CEREAL CORN FLK BULK	1	22.05#
	2783843	KELLOGG	CEREAL CORN FLAKES SLEEVE	6	675 GM
	2784809	KELLOGG	CEREAL CORN FLAKES	24	750 GM
	6536296	KELLOGG	CEREAL CORN FLK IND	70	27 GR
	6534226	KELLOGG	CEREAL BRAN FLAKES	70	36 GR
	2784445	KELLOGG	CEREAL BRAN FLAKES	10	775 GM
<b>Juice</b>	2571149	MCCAIN	JUICE ORANGE	48	4 OZ
	2571164	MCCAIN	JUICE ORANGE	48	170 ML
	9933136	SUN PAC	JUICE ORANGE	72	114 ML
	7768526	SYS IMP	JUICE ORANGE THICK HNY RTS CAN	6	2 LTR
	0141101	SUN PAC	JUICE ORANGE	48	175 ML
	2484947	FAIRLEE	JUICE ORANGE NO SUGAR ADDED	48	175 ML
	2484061	FAIRLEE	JUICE ORANGE NO SUGAR ADDED	96	114 ML
	8774325	MCCAIN	JUICE ORANGE TETRA	40	250 ML
	0294751	PRVRECP	JUICE ORANGE THICKENED	48	115GM
	3349651	ROUGEMT	JUICE APPLE TETRA	32	200 ML
	9852351	SUN PAC	JUICE APPLE CANADA	72	114 ML
	2484897	FAIRLEE	JUICE APPLE NO SUGAR ADDED	48	175 ML
	2483220	FAIRLEE	JUICE APPLE NO SUGAR ADDED	96	114 ML
	9857046	SAHAR B	JUICE APPLE SHELF STABLE	96	4 OZ
	0237693	SYS IMP	JUICE APPLE 100%THICKND NECTAR	48	4 OZ
	0238006	SYS IMP	JUICE APPLE 100% THICKND HNY	48	4 OZ
	0294827	PRVRECP	JUICE APPLE THICKENED	48	115 GM
	2571115	MCCAIN	JUICE APPLE	48	4 OZ
2571107	MCCAIN	JUICE APPLE	48	170 ML	
<b>Milk</b>	0980508	NESTLE	MILK CHOC NESQUIK	12	473 ML
	0980391	NESTLE	MILK CHOC ROLO	12	473 ML
	0980417	NESTLE	MILK CHOC COFF CRISP	12	473 ML
	7642093	NEILSON	MILKSHAKE VANILLA FRCH	12	325ML
	7642184	NEILSON	MILKSHAKE CHOC CRISPY CRUN	12	325ML
	7642218	NEILSON	MILKSHAKE CHOC CARAMILK	12	325ML
	7642408	NEILSON	MILKSHAKE STRAWBERRY	12	325ML
	8319592	NEILSON	MILK CHOCOLATE MOOJO TRIP	12	325ML
	8319667	NEILSON	MILK 2% DAIRY OH! PART SKIM	12	325ML
	8094716	SO GOOD	BEVERAGE SOY CHOC SINGLE SERVE	24	250 ML
	8103020	SO GOOD	BEVERAGE SOY STRAW SINGLE SERV	24	250 ML
	8102980	SO GOOD	BEVERAGE SOY VAN SINGLE SERV	24	250 ML
<b>Water</b>	4530630	SUN PAC	WATER SPRING	48	178ML
	4530754	SUN PAC	WATER SPRING	120	120 ML
	0238097	SYS IMP	WATER THICK HNY LMN FLAV	48	4 OZ
	0237768	SYS IMP	WATER THICK NECTAR LMN FLAV	48	4 OZ
	2055093	RESORCE	WATER THICK HONEY	6	64 OZ
	2081776	RESORCE	WATER THICK NECTAR	6	64 OZ
	3733144	RESORCE	WATER THICK HNY	27	8 OZ
<b>Bread</b>	5203732	RDYBAKE	BREAD WHITE SLI SNDW	16	675 GM
	5203674	RDYBAKE	BREAD BROWN SLI SNDW	16	675 GM
<b>Margarine</b>	2570919	BECEL	MARGARINE CUP WHITE	480	7 GM
	0138727	CANHARV	MARGARINE CUP	480	7 GM
	1006147	FLEISHM	MARGARINE CUP P/C	480	7 GM

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Category	Item #	Brand	Description	Pack Size	
Jelly	9354762	KRAFT	JELLY APPLE PURE	140	10 ML
	2664563	OLDESTL	JELLY APPLE PURE	200	10 ML
	281394	SMUCKER	JELLY GRAPE	200	10 ML
	4776134	KRAFT	JELLY GRAPE PURE	140	10 ML
	2671808	OLDESTL	JELLY GRAPE W PECTIN	200	10 ML
	1486703	HSE REC	JELLY GRAPE CUP W/PECTIN	200	10 ML
Cheese	0120675	KRAFT	CHEESE PROC SLICES RIBBON	2	2 KG
	2262160	KRAFT	CHEESE PROCESS RIBBON SLI	2	2KG
	2748333	KRAFT	CHEESE PORT CHS N' CRACKERS	100	29 GR
	0378885	KRAFT	SNACK CHEESE & BREADSTICK IND	24	29 GR
Peanut Butter	2652352	SMUCKER	PEANUT BUTTER	200	18 GM
	4151650	JIF	PEANUT BUTTER PRTN JIF	200	18 GR
	0517052	GOODMRN	PEANUT BUTTER	200	18 GR
	2671048	OLDESTL	PEANUT BUTTER REGULAR SMOOTH	200	18 GM
	0190959	SKIPPY	PEANUT BUTTER PKT	200	18 GM
	2265999	KRAFT	PEANUT BUTTER	200	18 GM
	1486505	HSE REC	PEANUT BUTTER SMOOTH CUP	200	16 GM
	2266989	KRAFT	PEANUT BUTTER LIGHT	200	18ML
<b>Lunch</b>					
Tuna	0267237	ADMRL	TUNA LIGHT FLAKES IN WTR	48	170 GR
	0464875	CLOVRLF	TUNA CHUNK LIGHT IN WTR K	6	1.80KG
	3252798	SYS CLS	TUNA LIGHT IN WTR FLK SKIPJACK	24	170GR
	0263798	DEEP CV	TUNA LIGHT CHK (TONGOL)	6	1.88KG
	0378950	DEEP CV	TUNA CHUNK LIGHT IN WTR	6	1.88KG
	0378067	DEEP CV	TUNA WHITE SOLID	6	1.88KG
	2771640	ADMRL	TUNA CHUNK LIGHT IN WTR AKA	48	170 GM
	0125286	SYS CLS	TUNA LIGHT IN WTR FLK CANADA	6	66.5OZ
	2766855	ADMRL	TUNA WHITE ALBACORE SOLID	6	1.88KG
	5284971	INTLCLS	TUNA WHITE SOLID IN WTR-CANADA	6	66.5OZ
	0119966	SYS CLS	TUNA CHUNK LIGHT SKIPJACK WTR	6	1.88OZ
	2772002	ADMRL	TUNA CHUNK LIGHT TONGOL	6	1.88KG
	2897098	ADMRL	TUNA LIGHT CHUNK IN WTR	6	1.88KG
	0411314	ADMRL	TUNA WHITE FLK	6	66.5OZ
	0267302	ADMRL	TUNA LIGHT FLAKED	6	1.88 K
	0269225	DEEP CV	TUNA WHITE SOLID	24	170 GR
	3252673	SYS CLS	TUNA CHUNK LIGHT SKIPJACK WTR	24	170GR
	4758254	CLOVRLF	TUNA ALBACORE WHT LOW SODIUM	24	170 GR
	0443457	DEEP CV	TUNA LIGHT FLAKED	6	1.70KG
	6405369	CLOVRLF	TUNA SALAD LMN PPR SKIP J	24	85 G
	6405112	CLOVRLF	TUNA SALAD TOMATO & BASIL	24	85 GR
	7768476	CLOVRLF	TUNA SALAD LMN AND DILL	24	85 GR
	6405245	CLOVRLF	TUNA SALAD SPCY THAI CHILI	24	85 G
	6405039	CLOVRLF	TUNA YELLOWFIN SAL LOW FAT	12	85 G
	3231685	MASTRO	TUNA LIGHT IN OIL	48	99 GR
	4866952	CLOVRLF	TUNA WHITE FLK BRUNSWICK	24	170 G

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Category	Item #	Brand	Description	Pack Size	
<b>Salmon</b>	0535468	DEEP CV	SALMON ATL BONELESS SKINLESS	24	200 GR
	9954660	DEEP CV	SALMON ATLANTIC BNLS SKNLS CAN	6	1.88KG
	9078338	SYS CLS	SALMON PINK FCY CLB	6	1.81KG
	9954652	DEEP CV	SALMON COHO MED RED CAN	6	1.88KG
	2771947	ADMRL	SALMON RED SOCKEYE	24	418 GR
	2771442	ADMRL	SALMON PINK	6	1.81KG
	2771988	ADMRL	SALMON PINK	24	418 GM
	0319012	CLOVRLF	SALMON SOCKEYE KOSHER	24	418 GR
	1389295	SCHOONR	SALMON RED SOCKEYE	24	418 OZ
	0267740	DEEP CV	SALMON COHO CANNED S/BL	24	200 GR
	9078221	SYS CLS	SALMON PINK FCY CLB	24	418 GR
	0397620	OCNFISH	SALMON PINK NO SALT	24	213 GM
	4866964	CLOVRLF	SALMON SOCKEYE RED	48	213 GR
	<b>Mayonnaise</b>	6430441	1756	MAYONNAISE REAL	1
9911512		1756	MAYONNAISE REAL	2	3.78LT
2922292		RSVP	DRESSING MAYONNAISE	1	16 LT
0150201		SYS REL	MAYONNAISE REAL CANADA	2	3.78LT
2758639		SELFOOD	MAYONNAISE LITE	2	4 LT
2389450		HELLMAN	MAYONNAISE REAL	1	20 LT
2391878		HELLMAN	MAYONNAISE LITE C.F.	1	20 LT
0323741		RICHDSN	DRESSING MAYONNAISE	1	16 LT
0413799		EXCELLE	DRESSING MAYONNAISE	1	20 LT
2391837		HELLMAN	MAYONNAISE REAL	200	12 ML
2391654		HELLMAN	MAYONNAISE REAL BAG IN BOX	1	20 LT
2923969		KRAFT	DRESSING MAYONNAISE	1	16 LT
0150722		SYS REL	MAYONNAISE REAL CANADA	1	16 LTR
0137687		SYS CLS	MAYONNAISE XHV DUTY CANADA	2	3.78LT
0138321		SYS CLS	MAYONNAISE XHV DUTY CANADA	1	16 LTR
7682511		KRAFT	MAYONNAISE REAL	2	3.78 L
2263648		KRAFT	MAYONNAISE IND	200	18ML
2388726		HELLMAN	MAYONNAISE REAL	2	4 LT
2387546		HELLMAN	MAYONNAISE LITE C.F.	2	4 LT
7682545		KRAFT	DRESSING MAYONNAISE LITE	2	3.78 L
4060646		HELLMAN	MAYONNAISE SQUEEZE BTL	12	18 OZ.
9454331		HELLMAN	MAYONNAISE REAL BIG SQUEEZE	12	750 ML
4869048	HELLMAN	MAYONNAISE REAL BIG SQUEEZE	12	750 ML	
<b>chili</b>	5089099	BASICAM	CHILI MIX W/BEAN QUICK START	12	16.5OZ
	0313148	CAMPBEL	BEAN CHILI CONCARNE	12	7.50EA
	2761484	SELFOOD	CHILI CON CARNE W/BEANS HOT	6	100 OZ

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Category	Item #	Brand	Description	Pack Size	
<b>Dressing</b>	2652188	RICHDSN	DRESSING ITALIAN	2	4 LT
	2388361	HELLMAN	DRESSING ITALIAN CLS	2	4 LT
	7689318	KRAFT	DRESSING ITALIAN CREAMY	2	3.78 L
	7690431	KRAFT	DRESSING ITALIAN FAT FREE	2	3.78 L
	7690498	KRAFT	DRESSING ITALIAN GOLDEN	2	3.78 L
	2391464	HELLMAN	DRESSING ITALIAN LITE	2	4 LT
	2876522	HELLMAN	DRESSING ITALIAN N/S	2	4 LTR
	0328211	SELFOOD	DRESSING ITALIAN NON SPER	2	4 L
	2761732	SELFOOD	DRESSING ITALIAN REG	2	4 LT
	7690621	KRAFT	DRESSING ITALIAN RSVP	2	3.78 L
	0141424	SYS CLS	DRESSING ITALIAN TRDTNL CANADA	2	4 LTR
	5482229	KENS	DRESSING ITALIAN VENETIAN	4	1 GAL
	7688195	KRAFT	DRESSING ITALIAN ZSTY	2	3.78 L
	7688203	KRAFT	DRESSING ITALIAN ZSTY CAL-WISE	2	3.78 L
<b>Beets</b>	2745743	SYS REL	BEET DICED CANADN	6	#10
	2746220	SYS REL	BEET SLICED CANADN	6	#10
<b>Mix Vegetables</b>	0318766	PAULA	VEGETABLE MIXED CH	6	100OZ
<b>Bean salad</b>	0345850	PRIMO	BEAN SPCLTY MIXED	24	540 ML
<b>Fruit Cup</b>	4965691	CARBTRL	FRUIT MIXED CUP	72	4 OZ
	8733461	DOLE	FRUIT CUP FRUIT SAL CDN	24	107 ML
	0565697	DELMONT	FRUIT SALAD CUP	48	142ML
	7809114	CARBTRL	FRUIT COCKTAIL CUP	72	4 OZ
	0499996	DELMONT	FRUIT CUP FRUIT MEDLEY	24	112 ML
<b>Mandarin Oranges</b>	1464171	CARBTRL	ORANGE MANDARIN	6	100 OZ
	5154281	SUCCESS	ORANGE MANDARIN	6	100 OZ
	0701508	SUCCESS	ORANGE MANDARIN	24	10 OZ
	4800786	DOLE	ORANGE MANDARIN BOWL 107 ML	24	107 ML
	7354269	KONTIKI	ORANGE MANDARIN IN JUICE	6	2.8LT
	3251758	SYS CLS	ORANGE MANDARIN LIGHT SYRUP	6	2.84LT
	6534333	TROPC	ORANGE MANDARIN SEGMNT LS	24	284 ML
3931995	TROPC	ORANGE MANDARIN SEGMNT LS	6	2.84LT	
<b>Peaches</b>	4380051	GOULDBRN	Peaches diced	12	140 GR
	2325546	SYS IMP	Peaches sliced	6	2.84 LT
	8305724	SUCCESS	Peaches sliced/splenda	12	14 OZ
	8391211	SUCCESS	Peaches sliced/splenda	6	2.84 Lt
	0124222	SUCCESS	Peaches diced	6	2.84 Lt
	1462670	CARBOTROL	Peaches diced	6	2.84 Lt
	2212173	AUSTRAL	Peaches diced N/J	6	2.84 Lt
	9884040	SUCCESS	peaches halved	6	2.84 Lt
	2325538	SYS IMP	peaches halved L/S	6	2.84 Lt
	1460229	CARBOTROL	peaches sliced	6	2.84 Lt
	3932035	TROPC	peaches slice /LS	6	2.84 Lt
	2212223	AUSTRAL	peaches sliced N/J	6	2.84 Lt
	9884057	SUCCESS	peaches sliced L/S	6	2.84 Lt

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Category	Item #	Brand	Description	Pack Size	
<b>Dinner</b>					
<b>Pork &amp; Bean</b>	3154259	SYS REL	BEAN AND PORK CANADN	6	#10
	2654531	TRADTIN	MUFFIN BLUEBERRY	96	1.75OZ
	8889164	TRADTIN	MUFFIN BLUEBERRY I/W	70	1.75OZ
	6484950	SARALEE	MUFFIN BLUEBERRY IND	24	100 GM
	4193900	FGF	MUFFIN BLUEBERRY IND WRP	80	1.75OZ
	0270322	TRADTIN	MUFFIN BLUEBERRY L/F IND WRAP	48	2.5 OZ
	2858785	FGF	MUFFIN BLUEBERRY LOW FAT IW	40	2.5OZ
	4193827	FGF	MUFFIN BRAN IND WRP	80	1.75OZ
	8889339	TRADTIN	MUFFIN BRAN INDIV WRAP	70	1.75OZ
	3578432	SARALEE	MUFFIN BRAN WRPD	24	100 G
<b>Spaghetti</b>	0706416	CHEFBOY	PASTA SPAGHETTI & MTBL	24	425GR
<b>Green Bean Salad</b>	0242172	PAULA	BEAN WAX YEL CH	6	2.84LT
	452425	PAULA	BEAN GREEN CUT CHO	6	100 OZ
	4964898	CARBTRL	PEAR DICED CUP	72	4 OZ
	7809247	CARBTRL	PEAR DICED CUP	12	140 GR
	4381042	GOULBRN	PEAR DICED PRTN IN NAT JCE	6	2.84LT
	6716856	SYS IMP	PEAR HLVS IN LIGHT SYRUP CAN	6	100 OZ
	1463348	CARBTRL	PEAR BITE SZ NW IN JCE	6	100 OZ
	0124214	SUCCESS	PEAR DICED	6	100 OZ
	0124180	SUCCESS	PEAR BARTLETT HVS	6	100 OZ
	0124198	SUCCESS	PEAR BARTLETT IN LT SYRUP SLI	6	#10
<b>Pears</b>	5133731	CARBTRL	PEAR DICED CH IN JCE	6	100 OZ
	1463447	CARBTRL	PEAR SLI CH IN JCE	6	2.84LT
	2212207	AUSTRAL	PEAR DICED IN NAT JUICE	6	2.84LT
	3924016	AUSTRAL	PEAR DICED CAL RED	6	2.84LT
	3932019	TROPC	PEAR SLI IN LIGHT SYRUP	6	2.84LT
	0506667	TROPC	PEAR HLVS IN LIGHT SYRUP	6	2.84LT
	2212322	AUSTRAL	PEAR HLVS IN NAT JUICE	6	2.84LT
	2206530	AUSTRAL	PEAR SLICED IN NAT JUICE		
<b>Cookie</b>	2608719	PKFREAN	COOKIE CHOC CHIP	100	2 CT
	2611457	PKFREAN	COOKIE FRUIT CREME	100	2 CT
	2611572	PKFREAN	COOKIE OATMEAL DIGESTIVE PACS	100	2 CT
	2608974	PKFREAN	COOKIE CRUNCHY BRAN	100	2 CT
	2611473	CHRISTI	COOKIE TEA SOCIAL	200	2 CT
	2611267	CHRISTI	COOKIE ARROWROOT	300	2 CT

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Category	Item #	Brand	Description	Pack Size	
Ravioli	2758654	SELFOOD	RAVIOLI MEAT IN TOMATO SAUCE	12	1.36LT
	6892954	CHEF BOYARDEE	PASTA RAVIOLI 4 CHEESE	24	425 GR
	0706473	CHEFBOY	PASTA RAVIOLI	24	425GR
Peas	2796498	PAULA	PEA GREEN CH ASST	6	2.84LT
Pineapple	1463496	CARBTRL	PINEAPPLE CRSHD CRS JCE FCY	6	100 OZ
	3924081	KONTIKI	PINEAPPLE TIDBIT IN JUICE	6	2.84LT
	2893105	DOLE	PINEAPPLE SLICES NAT JCE	6	2.84LT
	0531004	KONTIKI	PINEAPPLE CRSHD IN OWN JUICE	24	540 ML
	5284179	INTLREL	PINEAPPLE CRSHD JCE CANADA	6	#10
	4880431	DOLE	PINEAPPLE PIZZA CUT L/S	6	2.84LT
	6287734	KONTIKI	PINEAPPLE CRUSH IN OWN JCE	6	2.84LT
	6171631	KONTIKI	PINEAPPLE TIDBIT IN JUICE	24	540 ML
	6170948	KONTIKI	PINEAPPLE SLICED IN JUICE	24	540 ML
	0350462	DOLE	FRUIT PINEAPPLE SLICES	24	398 ML
	3104676	DOLE	PINEAPPLE CRUSH IN OWN JCE	6	2.84LT
	1463868	CARBTRL	PINEAPPLE TIDBIT JCE FCY	6	100 OZ
	Wafer	0306126	VOORTMN	COOKIE STRAWBERRY WAFR SGR FRE	12
2657757		VOORTMN	COOKIE STRAWBERRY WAFR BULK	1	15 LB
0432369		VOORTMN	COOKIE VANILLA WAFR K	1	15 LB
0305714		VOORTMN	COOKIE VANILLA WAFR SGR FREE	12	250 GM
0374777		VOORTMN	COOKIE LEMON WAFR NO SUGAR	12	250 GM
0305912		VOORTMN	COOKIE CHOC WAFR SGR FREE	12	250GM



## Emergency Menu

### Shelf Stable – Regular Texture

	Day 1	Day 2	Day 3
<b>Breakfast</b>	Juice Assort Cold Cereal Milk Cheese or Peanut Butter Bread Margarine & Jelly	Juice Assort Cold Cereal Milk Cheese or Peanut Butter Bread Margarine & Jelly	Juice Assort Cold Cereal Milk Cheese or Peanut Butter Bread Margarine & Jelly
<b>Lunch</b>	Juice Water Tuna Salad Sandwich or Peanut Butter Sandwich Beet Salad Mandarin Oranges	Juice Water Chili or Cheese Sandwich Mixed Vegetables Salad Fruit Salad	Juice Water Salmon Sandwich or Peanut Butter Sandwich Bean Medley Salad Peaches
<b>Dinner</b>	Milk Water Pork & Beans Mixed Vegetable Salad Bread Fruit Salad Muffin	Milk Water Ravioli Green Bean Salad Bread Pears Cookie	Milk Water Spaghetti Peas Bread Pineapple Wafer

- Offer milk, juice and water at all meals and snacks
- Assumptions include: limited staffing, no electricity, no water
- SYSCO cannot guarantee that inventory will be available on all items listed for this menu

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## Emergency Menu

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		Regular Texture	
		Day 2	Day 3
<b>Breakfast</b>	Choice of Juices Choice or Cold Cereal <u>or</u> Hot Cereal with Milk Choice of Muffin, Toast <u>or</u> Bread served with Margarine & Jelly Choice of Scrambled Eggs <u>or</u> Cheese	Choice of Juices Choice or Cold Cereal <u>or</u> Hot Cereal with Milk Choice of Scone, Toast <u>or</u> Bread with Margarine & Jelly Choice of Omelet <u>or</u> Cheese	Choice of Juices Choice or Cold Cereal <u>or</u> Hot Cereal with Milk Choice of Waffles & Syrup, Toast <u>or</u> Bread with Margarine & Jelly Choice of Yogurt <u>or</u> Cheese
<b>Lunch</b>	Vegetable Soup & Crackers Ham Sandwich <u>or</u> Baked Fish & Rice Sliced Beets Vanilla Pudding <u>or</u> Mandarin Oranges	Chicken Noodle Soup & Crackers Sliced Meat Sandwich <u>or</u> Macaroni & Cheese Mixed Vegetables Butterscotch Pudding <u>or</u> Fruit Cup	Creamy Broccoli Soup & Crackers Chicken Salad Sandwich <u>or</u> Quiche Bean Medley Salad Rice Pudding <u>or</u> Peaches
<b>Dinner</b>	Turkey Roast, Gravy & Mashed Potatoes <u>or</u> Shepherds Pie Mixed Vegetables <u>or</u> Corn Dinner roll and Margarine Fruit Cup <u>or</u> Lemon Cake	Beef Stew <u>or</u> Baked Chicken Green Beans <u>or</u> Carrots Mashed Potatoes Dinner Rolls & Margarine Pears <u>or</u> Strawberry Short Cake	Lasagna <u>or</u> Sliced Pork & Mashed Potatoes Mixed Vegetables <u>or</u> Peas Dinner Rolls & Margarine Apricots <u>or</u> Chocolate Brownie

- Offer coffee, tea, milk, juice and water at all meals and snacks
- Assumptions include: limited staffing however, electricity and water are available
- SYSCO cannot guarantee that inventory will be available on all items listed for this menu

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## Regular Puree Product Guide Day One

Category	Item #	Brand	Description	Pack Size
<b>See Appendix for reoccurring products</b>				
<b>Breakfast (Regular &amp; Puree Menus)</b>				
<b>Muffin</b>	5137292	HFS	MUFFIN BLUEBERRY SMALL	1 3.6 KG
	5137375	HFS	MUFFIN BRAN SMALL	1 3.6 KG
	5137389	HFS	MUFFIN BRAN WRPD	72 50 GR
	5137475	HFS	MUFFIN BRAN	1 2.28KG
	5179546	HFS	MUFFIN BRAN DIABETIC WRPD	36 45 GR
	5185917	HFS	MUFFIN BRAN DIABETIC	1 1.62KG
	2862159	QUAKER	MUFFIN BATTER BLUBRY	1 13.5LB
	2428167	COBYS	MUFFIN BATTER BLUBRY	1 29.8LB
	2654531	TRADTIN	MUFFIN BLUEBERRY	96 1.75OZ
	8889164	TRADTIN	MUFFIN BLUEBERRY I/W	70 1.75OZ
	6484950	SARALEE	MUFFIN BLUEBERRY IND	24 100 GM
	4193900	FGF	MUFFIN BLUEBERRY IND WRP	80 1.75OZ
	0270322	TRADTIN	MUFFIN BLUEBERRY L/F IND WRAP	48 2.5 OZ
	2858785	FGF	MUFFIN BLUEBERRY LOW FAT IW	40 2.5OZ
	4193827	FGF	MUFFIN BRAN IND WRP	80 1.75OZ
8889339	TRADTIN	MUFFIN BRAN INDIV WRAP	70 1.75OZ	
3578432	SARALEE	MUFFIN BRAN WRPD	24 100 G	
<b>Lunch (Regular &amp; Puree Menus)</b>				
<b>Vegetable Soup</b>	0187880	KNORR	SOUP GARDEN VEG	4 8 LB
	0193763	SOUPDJR	SOUP GARDEN VEG DU JOUR	4 299 GM
	2412831	CAMPBEL	SOUP VEG CNTRY	3 4 LB
	1511518	CAMPBEL	SOUP VEG MEDLEY BLEND A/H CDN	8 284ML
	2397263	CAMPBEL	SOUP VEGETABLE	12 1.36LT
	5249917	EATSMRT	SOUP VEGETABLE	4 8 LB
	6001671	SYS IMP	SOUP VEGETABLE GRDN RTU	4 8 LB
	2930279	TRIO	SOUP VEGETABLE HRVST	4 558 GM
	4548509	CAMPBEL	SOUP VEGETABLE IND EZO	24 212ML
	8126930	CAMPBEL	SOUP VEGETABLE VEGTRN CDN	3 4 LB
	5153600	HFS	SOUP VEGETABLE	3 2.2 KG
<b>Pureed</b>	5153665	HFS	SOUP CRM OF VEG THICKEND	3 2.2 KG
	5153743	HFS	SOUP VEGETABLE PUREED	3 2.2 KG
<b>Sliced Ham</b>	5183138	HFS	HAM SLICED	1 1 KG
	2756914	PILLERS	HAM BLACK FOREST SLI FRSH	3 1 KG
	2750594	MAPLELF	HAM BLACK FOREST SURE SLICE	3 1 KG
<b>Pureed</b>	8198954	BBRLCLS	HAM SLICED BLK FOREST CAN	6 500 GR
	7304595	PRVRECP	ENTREE PUREE HAM SNDW	48 120 GR
	2426021	TREPURE	ENTREE PUREE HAM HNY MUST	24 250 G
<b>Baked Fish</b>	6566483	HIGHLNR	FISH STICK BRD MINCD COD	1 10LB
	6588883	40FATHM	FISH STICK MINCD BSTN BLUE	1 10LB
	2729119	HIGHLNR	FISH WHITE FIL HLTHY BAKE	1 5 LB
	0435982	JANES	BLUEFISH BOSTON BTR WDG 2OZ	1 4 KG
	2728343	HIGHLNR	BLUEFISH BOSTON BTRD 80/2OZ	1 10 LB
	7785967	SYS CLS	COD FISH STICKS MINCD 200/25G	1 11 LB
	0269019	JANES	OVEN HEAT FISH STK	1 4 KG

# Belmont HOUSE

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## Regular Puree Product Guide Day One

Category	Item #	Brand	Description	Pack Size
<b>Gravy</b>	2728681	TRIO	MIX GRAVY CHKN	8 637 GM
	2386399	KNORR	MIX GRAVY CHKN INSTANT	6 475 GM
	4964819	OETKER	MIX GRAVY CHKN LOW SODIUM	6 560 GM
	6932214	OETKER	MIX GRAVY POULTRY SODIUM RED.	4 400 GR
	4477063	TRIO	GRAVY POULTRY LO SODIUM	8 677 GR
<b>Shepherd's Pie</b>	0740092	RFY	ENTREE PIE SHEPHERDS	4 1.8 KG
	0053306	PRVRECP	ENTREE PIE SHEPHERDS VEGETRN	12 450 GM
	2303410	MARSAN	PIE MEAT SHEPHERDS	3 2KG
	4965463	CAMPBEL	PIE MEAT SHEPHERDS HT & SERV	4 5 LB
	9930488	ADVCUSN	PIE MEAT SHEPHERDS W/O VEG	4 4 LB
<b>Pureed</b>	0061572	PRVRECP	PUREE BEEF SHEPHERD PIE PORTN	48 100 GM
	0056325	PRVRECP	ENTREE PUREE BEEF SHEP PIE	4 2 KG
	5127390	HFS	PUREE BLEND SHEPHERDS PIE BULK	5 1 KG
<b>Corn</b>	6295190	PAULA	CORN WHL KERNEL FCY	6 100 OZ
	2875722	OMSTEAD	CORN WHL KERNEL GRADE A	6 2 KG
	7487317	SYS REL	CORN WHL KERNEL P	6 2 KG
	2878684	OMSTEAD	CORN WHL KERNAL GRADE B CHOICE	6 2 KG
<b>Pureed</b>	2960938	MARSAN	PUREE CORN	10 750GM
	6262646	GRDNPUR	PUREE CORN CREAMY	3 3.75LB
	5156587	HFS	CORN PUREE BULK	5 1 KG
<b>Lemon Cake</b>	2164648	SYS CLS	CAKE LEMON BTRMLK SHT TRAD CAN	2 6.25LB
	6161640	CAKERIE	SHORTCAKE LEMON & CREAM	2 187 OZ
<b>Lemon Pudding</b>	6933113	OETKER	PUDDING LEMON CHFN	4 667 GM
	6905426	OETKER	PUDDING LEMON CHFN C/R	2 500 GM
	2623635	SHIRIFF	PUDDING LEMON PWDR	2 1 KG
	0488874	JELLO	PUDDING LEMON	2 1KG
	4011052	SYS CLS	PUDDING LEMON RTU	6 #10

# Belmont HOUSE

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## Shelf Stable Puree Product Guide

Category	Item #	Brand	Description	Pack size		
<b>Bread</b>	9448309	CARINGC	PUREE ROLL BREAD BISC MIX	1	10 LB	
	0046730	HHL	PUREE MIX BREAD THICK & EASY	2	4.5 LB	
<b>Cereal</b>	2489953	HEINZ	CEREAL RICE BABY PABLUM	6	227GR	
	0602086	HEINZ	CEREAL NAT BARLEY BABY	12	227 GM	
<b>Custard</b>	0208694	HEINZ	FOOD BABY CUSTRD STRAINED	24	128MIL	
<b>Fruit</b>	2206779	AUSTRAL	PUREE FRUIT SLD NO SUGAR ADDED	6	2.84LT	
	2206746	AUSTRAL	PUREE PEAR NO SUGAR ADDED	6	2.84LT	
	2206704	AUSTRAL	PUREE PEACH NO ADDED SUGAR	6	2.84LT	
	2206761	AUSTRAL	PUREE APRICOT NO SUGAR ADDED	6	2.84LT	
	2313138	CARBTRL	SAUCE FRUIT PEACH PUREE	6	1.8LT	
	416081	SKJODT	SPREAD FRUIT PRUNE PUREE FINE	1	12 KG	
	5591201	SUNSATN	PUREE RASPBERRY	2	32 OZ	
	2954253	CHIQITA	PUREE BANANA	6	2.84LT	
	4899339	AUSTRAL	PUREE PRUNE HLTHY OPTION	6	2.84LT	
	5591219	SUNSATN	PUREE STRAWBERRY	2	32 OZ	
	5591193	SUNSATN	PUREE PEACH	2	32 OZ	
	5849831	HEINZ	FOOD BABY PEACHES STRND PLAS	12	128 ML	
	5849823	HEINZ	FOOD BABY APLSCE STRND PLAS	12	128 ML	
	6054985	HEINZ	FOOD BABY PRUNES STRAINED	12	128 ML	
	5849955	HEINZ	FOOD BABY APRCT STRND PLAS	12	128 ML	
	0211243	HEINZ	FOOD BABY STRAW DSRT JR	24	213 ML	
	5831466	HEINZ	BABY FOOD APPLE/BAN ORGANIC	24	128 ML	
	5832233	HEINZ	FOOD BABY APP/BLUBRY ORGANIC	24	128 ML	
	5827696	HEINZ	BABY FOOD APP/RSPBRY ORGANIC	24	128 ML	
	5849872	HEINZ	FOOD BABY BANANA STRND PLAS	12	128 ML	
	5831912	HEINZ	FOOD BABY PEARS ORGANIC	24	128 ML	
	5832779	HEINZ	FOOD BABY BANANAS ORGANIC	24	128 ML	
	5832084	HEINZ	FOOD BABY APPLES ORGANIC	24	128 ML	
	<b>Entrée</b>	7633225	HEINZ	FOOD BABY CHKN & VEG STRAINED	24	128 ML
		5832670	HEINZ	FOOD BABY VEG & PASTA ORGANIC	24	128 ML
		5832282	HEINZ	BABY FOOD PEAS/BRWN RICE ORGANIC	24	128 ML
	<b>Vegetables</b>	2647030	HEINZ	PUREE TOMATO	6	2.84LT
		0439448	BELL	TOMATO CRUSHED IN PUREE	6	100 OZ
0547018		HEINZ	BEAN GREEN STRAINED BABY FOOD	24	128 ML	
0208942		HEINZ	BEAN WAX STRAINED BABY FOOD	24	128ML	
5832118		HEINZ	FOOD BABY SWEET POTATO ORGANIC	24	128 ML	
5831904		HEINZ	FOOD BABY SQUASH ORGANIC	24	128 ML	
	5831573	HEINZ	FOOD BABY CARROTS ORGANIC	24	128 ML	



# Belmont HOUSE

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## Emergency Menu

		Day 1	Day 2	Day 3
<b>Breakfast</b>	<b>Shelf Stable – Puree Texture</b>	Juice Puree Cereal Milk Pureed Fruit Salad Custard Soaked Bread Jelly	Juice Puree Cereal Milk Pureed Prunes Custard Soaked Bread Jelly	Juice Puree Cereal Milk Pureed Applesauce Custard Soaked Bread Jelly
<b>Lunch</b>		Juice Water Pureed Wax Beans Pureed Chicken & Vegetable Pureed Banana	Juice Water Pureed Green Beans Pureed Pasta & Vegetables Pureed Pears	Juice Water Pureed Tomato Pureed Brown Rice & Peas Pureed Strawberries
<b>Dinner</b>		Milk Water Pureed Carrots Pureed Pasta & Vegetables Pureed Apples	Milk Water Pureed Squash Pureed Brown Rice & Peas Pureed Apricots	Milk Water Pureed Sweet Potato Pureed Chicken & Vegetable Pureed Peaches

- Offer milk, juice and water at all meals and snacks
- Assumptions include: limited staffing, no electricity, no water
- SYSCO cannot guarantee that inventory will be available on all items listed for this menu



## Emergency Menu

Policy Title:	Pandemic Planning	Policy Number:	V6-Emergency Response
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Emergency Menu		Pureed Texture	
	Day 1	Day 2	Day 3
<b>Breakfast</b>	Choice of Juices Choice of Soaked Cold Cereal or Cream of Wheat Choice of Pureed Bread or Bread Pudding Scrambled Eggs	Choice of Juices Choice of Soaked Cold Cereal or Cream of Wheat Choice of Pureed Bread or Bread Pudding Scrambled Eggs	Choice of Juices Choice of Soaked Cold Cereal or Cream of Wheat Choice of Pureed Bread or Bread Pudding Yogurt
<b>Lunch</b>	Pureed Vegetable Soup Pureed Ham Sandwich <u>or</u> Pureed Baked Fish Mashed Potatoes Pureed Squash & Turnips Vanilla Pudding or Pureed Peaches	Pureed Chicken Noodle Soup Pureed Meat Sandwich <u>or</u> Pureed Macaroni & Cheese Pureed Mixed Vegetables Butterscotch Pudding <u>or</u> Pureed Fruit Cup	Pureed Creamy Broccoli Soup Pureed Chicken Salad Sandwich <u>or</u> Pureed Egg & Toast Pureed Yellow Beans Banana Pudding <u>or</u> Pureed Peaches
<b>Dinner</b>	Pureed Turkey Roast & Gravy <u>or</u> Pureed Shepherds Pie Mashed Potatoes Pureed Mix Vegetables <u>or</u> Corn Pureed Fruit Cup <u>or</u> Lemon Pudding	Pureed Beef Stew <u>or</u> Pureed Baked Chicken Mashed Potatoes Pureed Green Beans <u>or</u> Carrots Pureed Pears <u>or</u> Vanilla Pudding	Pureed Lasagna <u>or</u> Pureed Pork Mashed Potatoes Pureed Mixed Vegetables <u>or</u> Peas Pureed Apricots <u>or</u> Chocolate Pudding

- Offer coffee, tea, milk, juice and water at all meals and snacks
- Assumptions include: limited staffing however, electricity and water are available
- SYSCO cannot guarantee that inventory will be available on all items listed for this menu

# Belmont HOUSE

Policy Title:	Pandemic Planning	Policy Number:	V6-Emergency Response
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## Clear Fluid Product Guide

Category	Item #	Brand	Description	Pack size	
Juice	6288922	ALLENS	JUICE APPLE	24	341 ML
	4888117	ALLENS	JUICE APPLE	12	1.2 LT
	2122604	DOLE	JUICE APPLE PET	12	473 ML
	2220499	EVFRSH	JUICE APPLE PET	24	300 ML
	4390910	EVFRSH	JUICE APPLE GLASS	12	473 ML
	2907889	FAIRLEE	JUICE APPLE TETRA LGE	12	1 LT
	2484897	FAIRLEE	JUICE APPLE NO SUGAR ADDED	48	175 ML
	3075587	FAIRLEE	JUICE APPLE NO SUGAR ADDED	24	300 ML
	2483220	FAIRLEE	JUICE APPLE NO SUGAR ADDED	96	114 ML
	6636328	FAIRLEE	JUICE APPLE	6	1.89LT
	5161951	HFS	JUICE APPLE THICKENED HNY IND	24	120 GR
	5179538		JUICE APPLE PUDDING INDIV	24	120 GR
	2571115	MCCAIN	JUICE APPLE	48	4 OZ
	2571107	MCCAIN	JUICE APPLE	48	170 ML
	2907871	MCCAIN	JUICE APPLE TETRA LGE	12	1 LT
	8774176	MCCAIN	JUICE APPLE TETRA	40	250 ML
	0560904	MINMAID	JUICE APPLE	35	295 ML
	0325993	MOTTS	JUICE APPLE	8	1.82LT
	4196523	NATBEST	JUICE APPLE PURE	6	1.89LT
	4206967	NATBEST	JUICE APPLE UNSWTD PURE	12	1.36LT
	0280909	NOVRTIS	JUICE APPLE NECTAR THICK	8	1.89 L
	2456408	OASIS	JUICE APPLE PREMIUM NFC	6	1.89 L
	5036217	OASIS	JUICE APPLE PREMIUM OLD FASH	8	1.89LT
	2909539	OCNSPRY	JUICE APPLE BTL	12	473 ML
	0294827	PRVRECP	JUICE APPLE THICKENED	48	115 GM
	3967734	RESSOUR	JUICE APPLE NECTAR THICKENED	27	237 ML
	3964871	RESSOUR	JUICE APPLE THICKENED HNY	27	237 ML
	3349651	ROUGEMT	JUICE APPLE TETRA	32	200 ML
	3349867	ROUGEMT	JUICE APPLE GRNNY SMTH PLAS	6	2 LT
	9857046	SAHAR B	JUICE APPLE SHELF STABLE	96	4 OZ
	6050116	SAHAR B	JUICE APPLE 100% ASEPTIC	12	46 OZ
	2657146	SUN PAC	JUICE APPLE PURE UNSWTD	24	341 ML
	2657708	SUN PAC	JUICE APPLE PURE	12	1.36LT
	2913044	SUN PAC	JUICE APPLE RECON GLASS BOTTLE	24	284 ML
	9852351	SUN PAC	JUICE APPLE CANADA	72	114 ML
	2992675	SUN PAC	JUICE APPLE CLR PET	24	300 ML
	9017526	SUN PAC	JUICE APPLE CLR PET	12	473 ML
	0101881	SYS IMP	JUICE APPLE PLUS FBR	12	46 OZ
	0237693	SYS IMP	JUICE APPLE 100%THICKND NECTAR	48	4 OZ
	0238006	SYS IMP	JUICE APPLE 100% THICKND HNY	48	4 OZ
0099895	SYS IMP	JUICE APPLE 100%THICKND NECTAR	6	46 OZ	
7767015	SYS IMP	JUICE APPLE HNY THICK RTS CAN	6	2 LTR	
7767189	SYS IMP	JUICE APPLE THICK RTS CAN	6	2 LTR	
2661585	TROPCNA	JUICE APPLE ORCHARDSTAND	8	1.89LT	
0369702	TROPCNA	JUICE APPLE TEMPTATIONS PLAST	12	414 ML	
9505298	VITALTY	JUICE APPLE RTS	1	10 LTR	

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## Clear Fluid Product Guide

Category	Item #	Brand	Description	Pack size	Pack size
Juice	6288922	ALLENS	JUICE APPLE	24	341 ML
	4888117	ALLENS	JUICE APPLE	12	1.2 LT
	2122604	DOLE	JUICE APPLE PET	12	473 ML
	2220499	EVFRSH	JUICE APPLE PET	24	300 ML
	4390910	EVFRSH	JUICE APPLE GLASS	12	473 ML
	2907889	FAIRLEE	JUICE APPLE TETRA LGE	12	1 LT
	2484897	FAIRLEE	JUICE APPLE NO SUGAR ADDED	48	175 ML
	3075587	FAIRLEE	JUICE APPLE NO SUGAR ADDED	24	300 ML
	2483220	FAIRLEE	JUICE APPLE NO SUGAR ADDED	96	114 ML
	6636328	FAIRLEE	JUICE APPLE	6	1.89LT
	5161951	HFS	JUICE APPLE THICKENED HNY IND	24	120 GR
	5179538		JUICE APPLE PUDDING INDIV	24	120 GR
	2571115	MCCAIN	JUICE APPLE	48	4 OZ
	2571107	MCCAIN	JUICE APPLE	48	170 ML
	2907871	MCCAIN	JUICE APPLE TETRA LGE	12	1 LT
	8774176	MCCAIN	JUICE APPLE TETRA	40	250 ML
	0560904	MINMAID	JUICE APPLE	35	295 ML
	0325993	MOTTS	JUICE APPLE	8	1.82LT
	4196523	NATBEST	JUICE APPLE PURE	6	1.89LT
	4206967	NATBEST	JUICE APPLE UNSWTD PURE	12	1.36LT
	0280909	NOVRTIS	JUICE APPLE NECTAR THICK	8	1.89 L
	2456408	OASIS	JUICE APPLE PREMIUM NFC	6	1.89 L
	5036217	OASIS	JUICE APPLE PREMIUM OLD FASH	8	1.89LT
	2909539	OCNSPRY	JUICE APPLE BTL	12	473 ML
	0294827	PRVRECP	JUICE APPLE THICKENED	48	115 GM
	3967734	RESSOUR	JUICE APPLE NECTAR THICKENED	27	237 ML
	3964871	RESSOUR	JUICE APPLE THICKENED HNY	27	237 ML
	3349651	ROUGEMT	JUICE APPLE TETRA	32	200 ML
	3349867	ROUGEMT	JUICE APPLE GRNNY SMTH PLAS	6	2 LT
	9857046	SAHAR B	JUICE APPLE SHELF STABLE	96	4 OZ
	6050116	SAHAR B	JUICE APPLE 100% ASEPTIC	12	46 OZ
	2657146	SUN PAC	JUICE APPLE PURE UNSWTD	24	341 ML
	2657708	SUN PAC	JUICE APPLE PURE	12	1.36LT
	2913044	SUN PAC	JUICE APPLE RECON GLASS BOTTLE	24	284 ML
	9852351	SUN PAC	JUICE APPLE CANADA	72	114 ML
	2992675	SUN PAC	JUICE APPLE CLR PET	24	300 ML
	9017526	SUN PAC	JUICE APPLE CLR PET	12	473 ML
	0101881	SYS IMP	JUICE APPLE PLUS FBR	12	46 OZ
	0237693	SYS IMP	JUICE APPLE 100%THICKND NECTAR	48	4 OZ
	0238006	SYS IMP	JUICE APPLE 100% THICKND HNY	48	4 OZ
0099895	SYS IMP	JUICE APPLE 100%THICKND NECTAR	6	46 OZ	
7767015	SYS IMP	JUICE APPLE HNY THICK RTS CAN	6	2 LTR	
7767189	SYS IMP	JUICE APPLE THICK RTS CAN	6	2 LTR	
2661585	TROPCNA	JUICE APPLE ORCHARDSTAND	8	1.89LT	
0369702	TROPCNA	JUICE APPLE TEMPTATIONS PLAST	12	414 ML	
9505298	VITALTY	JUICE APPLE RTS	1	10 LTR	

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## Clear Fluid Product Guide

Category	Item #	Brand	Description	Pack size		
<b>Juice</b>	5161274	HFS	JUICE CRANAPL THICKENED PUDDNG	24	120 GR	
	5179563	HFS	JUICE CRANAPL THICK HNY IND	24	120 GR	
	2907913	MCCAIN	JUICE CRANBERRY CKTL TETRA LGE	12	1 LT	
	0327585	NOVRTIS	JUICE CRAN HNY THICK	8	1.89 L	
	2913069	SUN PAC	JUICE CRANBERRY APPLE BTL	24	300 ML	
	0149369	SUN PAC	JUICE CRANBERRY CKTAIL	12	1.36LT	
	9852385	SUN PAC	JUICE CRANBERRY CKTAIL	72	114 ML	
	2657591	SUNCROP	JUICE CRANBERRY CKTAIL	12	1.36LT	
	9865114	TROPANA	JUICE CRANBERRY CKTAIL	8	1.89LT	
<b>Resource Fruit Beverage</b>	2590099	NOVRTIS	SUPPLEMENT LIQ RESOURCE ORG	27	237 ML	
	0172171	NOVRTIS	SUPPLEMENT DRINK RESOURCE 2.0	27	237 ML	
	2590834	NOVRTIS	SUPPLEMENT LIQ RESOURCE STRAWB	27	235 ML	
	2590172	NOVRTIS	SUPPLEMENT LIQ RESOURCE WILBRY	27	237 ML	
	0406645	NOVRTIS	JUICE FRUIT PEACH RESOURCE	27	235 ML	
<b>Water</b>	2055093	NOVRTIS	RESOURCE WATER HONEY THICKENED	6	64 OZ	
	3733144	NOVRTIS	RESOURCE WATER LEMON HONEY	27	235 ML	
	2081776	NOVRTIS	RESOURCE WATER NECTARTHICKENED	6	64 OZ	
	4530630	SUN PAC	WATER SPRING	48	178ML	
	4530754	SUN PAC	WATER SPRING	120	120 ML	
	0238097	SYS IMP	WATER THICK HNY LMN FLAV	48	4 OZ	
	0237768	SYS IMP	WATER THICK NECTAR LMN FLAV	48	4 OZ	
	0109868	SYS IMP	TEA THICKENED HNY DECAF	75	12G	
	0109975	SYS IMP	TEA THICKENED NECTAR DECAF	75	12G	
<b>Tea</b>	2656734	TETLEY	TEA ORG POKOE DRAWSTRING	12	60 CT	
	2908606	HIGG&BK	TEA ORG PEKOE DECAF REFILL	6	20 ENV	
	0280537	TETLEY	TEA ORANGE PEKOE	4	240 CT	
	2564177	SIRTOMS	TEA BAG DECAFINATED	6	28 CT	
	0420828	LIPTON	TEA BAG 1 CUP 1 STAR O/P ARAMA	4	250 CT	
	8546558	REDROSE	TEA BAG 2 CUP TAGGED	4	250 CT	
	5391321	REDROSE	TEA DECAF 1 CUP	4	250 CT	
	199877	REDROSE	TEA BAG 1 CUP 2 STAR	1	1000CT	
	0486043	REDROSE	TEA BAG 1CUP RB	4	250EA	
	0694000	TWINING	TEA BAG ORG PEKOE	6	50EA	
	0299974	MTHRPKR	TEA BAG 1 CUP 4STAR	8	125 CT	
	<b>Broth</b>	2230969	HEINZ	BEEF STRAINED W/BROTH BB/FD	24	100 ML
		5176146	HFS	BROTH BEEF	3	2.2 KG
7334857		CAMPBEL	BROTH BEEF RTS TETRA	12	900ML	
2397222		CAMPBEL	BROTH CHICKEN	12	1.36LT	
5176132		HFS	BROTH CHICKEN	3	2.2 KG	
6140206		CAMPBEL	BROTH CHICKEN CONC SIR CORP	3	4 LB	
2406270		CAMPBEL	BROTH SCOTCH	12	1.36LT	
2231728		HEINZ	CHICKEN STRAINED W/BROTH BB/FD	24	100 ML	
2231777		HEINZ	LAMB STRAINED W/BROTH	24	100 ML	
2557890		STAFORD	SOUP BASE BEEF BROTH L/S	1	4.5 KG	
2990141		STAFORD	SOUP BASE BEEF BROTH NO MSG		5.5 KG	
2938769		STAFORD	SOUP BASE BEEF BROTH RED LBL	1	5.5 KG	
2560639		STAFORD	SOUP BASE CHKN BROTH L/S	1	4.5 KG	
2939130		STAFORD	SOUP BASE CHKN BROTH NO MSG	1	5.5 KG	
0062794		PRVRECP	SOUP BEEF BROTH L/S	10	1 KG	
0376939		CAMPBEL	SOUP CHICKEN BROTH	12	900 ML	
0062802		PRVRECP	SOUP CHICKEN BROTH L/S	10	1 KG	
5082447		PCKLE B	SOUP CHKN TRP CONDNS BROTH	3	1.81KG	
9280595		PRVRECP	SOUP VEGETARIAN BROTH L/S	10	1 KG	

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## Clear Fluid Product Guide

Category	Item #	Brand	Description	Pack size	
<b>Jello Dessert</b>	6216725	KOZYSHK	DESSERT GEL TYPE ORANGE SGRFRE	48	4 OZ
	6216675	KOZYSHK	DESSERT GEL TYPE ORANGE	48	4 OZ
	0111591	KOZYSHK	DESSERT GEL TYPE LEMON	48	4 OZ
	2937118	JELLO	GELATIN LIME PWDR	2	1 KG
	9409079	JELLO	GELATIN PWDR LMN	2	1 KG
	2622769	SHIRIFF	GELATIN ORG PWDR	2	1 KG
	2622827	SHIRIFF	GELATIN LIME PWDR	2	1 KG
	2622801	SHIRIFF	GELATIN LEMON PWDR	2	1 KG
	6820039	OETKER	GELATIN PWDR LMN L/C	2	500 GR
	6820021	OETKER	GELATIN ORANGE L/C	2	500 GR
	6934673	OETKER	GELATIN PWDR LIME CAL/RED	2	500 GM
	4867162	OETKER	GELATIN PWDR LIME L/C TRIO TRT	2	480 GM
	4968849	OETKER	GELATIN PWDR ORG REG TRIO TREA	2	480 GM
	4968851	OETKER	GELATIN PWDR LIME REG TRIO TRT	2	480 GM
	2622835	SHIRIFF	GELATIN PEACH PWDR	2	1 KG
	6946867	OETKER	GELATIN POWDER PEACH L/CAL	2	500 GM
<b>Gingerale</b>	9080615	COCACOL	SODA GINGER ALE C/DRY	24	355 ML
	2455129	COTT	SODA GINGER ALE DIET	24	355 ML
	2454601	COTT	SODA GINGER ALE	24	355 ML
	0695189	VERNORS	SODA GINGER ALE DIET	12	355ML
	9568775	VERNORS	SODA GINGER ALE	12	355 ML
	1614981	SCHWEPP	SODA GINGER ALE	24	591ML
	7448574	SCHWEPP	SODA GINGER ALE 12LT	1	12 LT
	2448611	CAN DRY	SODA GINGER ALE	24	355 ML

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<b>Emergency Menu</b>			
	Day 1	Day 2	Day 3
<b>Breakfast</b>	Apple or Cranberry Juices Resource Fruit Beverage Clear Tea	Apple or Cranberry Juices Resource Fruit Beverage Clear Tea	Apple or Cranberry Juices Resource Fruit Beverage Clear Tea
<b>Lunch</b>	Clear Vegetable, Beef or Chicken Broth Jell-O cup Clear Tea	Clear Vegetable, Beef or Chicken Broth Jell-O cup Clear Tea	Clear Vegetable, Beef or Chicken Broth Jell-O cup Clear Tea
<b>Dinner</b>	Clear Vegetable, Beef or Chicken Broth Jell-O cup Gingerale Clear Tea	Clear Vegetable, Beef or Chicken Broth Jell-O cup Gingerale Clear Tea	Clear Vegetable, Beef or Chicken Broth Jell-O cup Gingerale Clear Tea



- Assumptions include: limited staffing however, electricity and water are available
- SYSCO cannot guarantee that inventory will be available on all items listed for this menu
- Do not serve any red or purple Jello
- Do not serve any milk with Tea

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## Disposable Dishes Available at SYSCO Toronto

Category	Item #	Brand	Description	Pack Size	
Serv kit	5706023	SYS CLS	Clear (straw & napkin only)	1	500
Serv kit	5706789	SYS CLS	Low Sodium (straw, napkin, 2 sugars & pepper)	1	500
Serv kit	5712724	SYS CLS	Regular (straw, napkin, sugar, salt & pepper)	1	500
Serv kit	5712740	SYS CLS	Sugar free Low Sodium (straw, napkin, sugar sub, seasoning & pepper)	1	500
Serv kit	5718812	SYS CLS	Bland (straw, napkin, salt & pepper)	1	500
Serv kit	5719067	SYS CLS	Sugar free (straw, napkin, sugar sub, salt & pepper)	1	500
Moist Towelettes	0408237	SANFCN	TOWELETTE WET NAP 8X10	1	1500EA
Plastic Plates	2818110	SYS IMP	PLATE PLAS BLK IMPACT 10.25"	4	125 CT
Plastic Plates	0426346	POLAR	PLATE PLASTIC WHT 9IN	1	500EA
Plastic Plates	0308916	FTJAMES	PLATE PLASTIC WHT 9"	1	500 CT
Plastic Plates	2818102	SYS IMP	PLATE PLAS BLK IMPACT 7"	8	125 CT
Foam plates	5318977	SYS CLS	PLATE FOAM LAM WHT 9 IN	4	125 CT
Foam plates	4149332	PACTIV	PLATE FOAM XL WHT 9 IN	4	125CT
Foam plates	5318829	SYS REL	PLATE FOAM UL WHT 7 IN	8	125 CT
Paper plates	4240016	SERENE	PLATE PAPER HVY WT 10.25 IN	4	125 CT
Paper plates	4240008	SERENE	PLATE PAPER HVY WT 8 5/8"	4	125CT
Paper plates	9065368	SERENE	PLATE PAPER MED WT 6IN	4	250 CT
Plastic Bowls	9416603	SYSCO	BOWL PLAS BLK PET 16OZ	500	16 OZ
Plastic Bowls	9416819	SYSCO	BOWL PLAS CLR PET 16OZ	500	16 OZ
Plastic Bowls	0425058	POLAR	BOWL PLASTIC 12OZ	8	125EA
Foam Bowls	9764275	SYSCO	BOWL FOAM WHT 10 OZ	500	10Z
Foam Bowls	6091193	SYS IMP	BOWL FOAM HL BLK 12 OZ	8	125 CT
Paper Bowls	4240040	SERENE	BOWL PAPER HVY WT 12 OZ	8	125 CT
Plastic Fork	9866468	SYS REL	FORK PLAS WHT POLYPRO	1000	EA
Plastic Fork	2841658	POLAR	FORK PLASTIC PRODIGY WHT MED	1	1000CT
Plastic Fork	4957973	SYS IMP	FORK PLAS WHITE HVY FULL LNGTH	1000	EACH
Plastic Fork	6124085	SYS IMP	FORK PLAS BLACK HVY FULL LGTH	1000	EA
Plastic Fork	6305767	SYS CLS	FORK PLAS BLK MED HVY MDLNGTH	1000	EACH
Plastic Fork	474692	SYSCO	FORK PLAS MED WT PLYSTY WRAP IND	1	1000
Plastic Spoon	9866526	SYS REL	SPOON SOUP PLAS WHT POLPRO	1000	EA
Plastic Spoon	2841625	POLAR	SOUP SPOON PRODIGY WHT MED	1	1000CT
Plastic Spoon	6145171	SYS REL	SPOON SOUP PLAS MED PP WHT CAN	1000	EA
Plastic Spoon	6305809	SYS CLS	SPOON PLAS BLK MED HVY MDLNGTH	1000	EACH
Plastic Spoon	5536750	SYS CLS	SPOON SOUP PLAS MED STY WHT IND	1000	CT
Plastic Spoon	9866369	SYS REL	TEASPOON PLAS WHT POLYPRO	1000	EACH
Plastic Spoon	2841682	POLAR	TEASPOON PLASTIC PRODIGY MED	1	1000CT
Plastic Knife	9866500	SYS REL	KNIFE PLAS WHT POLYPRO	1000	EA
Plastic Knife	6124200	SYS IMP	KNIFE PLAS BLACK HVY FULL LGTH	1000	EA
Plastic Knife	6305783	SYS CLS	KNIFE PLAS BLK MED HVY MDLNGTH	1000	EACH
Plastic Knife	5535067	SYS CLS	KNIFE PLAS WRPD MED STY WHT IND	1000	CT
Napkin	3860756	SYSCO	NAPKIN 17X17 1PLY WHITE 1/4FLD	12	250 CT

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Category	Item #	Brand	Description	Pack Size	
Napkin	3834744	SYSCO	NAPKIN 10X10 2 PLY WHITE	10	300 CT
Napkin	9205519	SYSCO	NAPKIN 15X17 2PLY 1/8FOLD WHT	10	300CT
Napkin	5484100	WHTSWAN	NAPKIN BEVERAGE PAPR 2PLY WHITE	6	600 CT
Napkin	5084850	SYSCO	NAPKIN 1/4F 11.5X13 1PLY	12	500 CT
Paper Bag	481010		BAG PAPER KRAFT 1 LB	1	500EA
Paper Bag	2134575	FRNTNAC	BAG PAPER BRN 12X7X17	1	500 CT
Straws	309161	CALIBRE	STRAW WRAPPED BLK 7 3/4 INCH	1	1500EA
Straws	3050291	STONEPL	STRAW PLAS FLEX WRPD 8"	25	400 CT
Straws	2915551	STONEPL	STRAW PLAS FLEX UNWRPD 8"	25	500 CT
Straws	9595570	STONEPL	STRAW PLAS WHT REG 8" 8R/9	9	500 CT
Straws	9627605	STONEPL	STRAW PLAS WHT 10" REG	9	500 CT
Straws	9587221	STONEPL	STRAW PLAS WRAP MLKSHK 8"	6	500 CT
Foam Cups	9762865	SYSCO	CUP FOAM WHT 8 OZ	1000	8 OZ
Lids	2931657	DIXIE	LID PLAS TEAR BCK F/8-9OZ FM	10	100 CT
Foam Cups	9762964	SYSCO	CUP FOAM WHT 10 OZ	1000	10 OZ
Lids	8245722	DIXIE	LID PLAS TEAR BCK F/10-18OZ FM	1	1000EA
Foam Cups	9763020	SYSCO	CUP FOAM WHT 16 OZ	500	16OZ
Lids	9764697	SYSCO	LID PLAS STW SLT F/SM10-SM16 C	1000	10-16Z
Paper Cups	4231502	SERENE	CUP PAPER HOT 8 OZ	20	50 CT
Lids	9030339	DIXIE	LID PLAS DOME F/ 8OZ HOT CUP	10	100 CT
Paper Cups	4851416	SERENE	CUP PAPER HOT 10 OZ	20	50 CT
Lids	6316970	DIXIE	LID PLAS DOME FOR 10 OZ HOT	10	100 CT
Paper Cups	5436761	SERENE	CUP PAPER COLD POLY 16 OZ	15	40CT
Lids	4132890	SYSCO	LID PLAS TRANS F/12/16/20 CUP	12	100CT
Plastic Cups	6141386	SYS CLS	CUP PLAS TRANS 9 OZ SOFT CANAD	25	100 CT
Plastic Cups	6142780	SYS CLS	CUP PLAS TRANS 14 OZ SOFT CANA	20	50 CT
Lids	5299722	PRAIRIE	LID PLAS SLOT FOR C161	20	100 CT
Plastic Cups	6142806	SYS CLS	CUP PLAS TRANS 16 OZ SOFT CANA	20	50 CT
Lids	1439967	SYSCO	LID PLAS CLEAR F/16-20 OZ CUP	20	100CT
Sanitizer	9937251	DIVERSY	SANITIZER CONC.	4	1.5KG
Sanitizer	3141074	DIVERSY	LOW TEMP SANITIZER	1	20 LT
Sanitizer	3096096	DIVERSY	LOW TEMP SANITIZER	4	5 LT
Disposable Dishes	4991368	Aladdin	BOWL SOUP PLSTC WHT RECT L/T	1000	8oz
Disposable Dishes	4991376	Aladdin	BOWL SOUP HIGH HT PLAS	1000	ea
Disposable Dishes	4991503	Aladdin	LID PLASTIC MUG TRANSLUCENT	2000	ea
Disposable Dishes	5032402	Aladdin	LID FOR HIGH HT MUG (8OZ)	2000	ea
Disposable Dishes	5068994	Aladdin	LID SOUP BOWL RECT VENTED	3000	ea
Disposable Dishes	5069028	Aladdin	LID SOUP BOWL HIGH HT (8OZ	1000	ea

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## **Sysco Toronto**

7055 Kennedy Road  
Mississauga ON  
L5S 1Y7

## **Kristina Mondragon**

Account Executive, Healthcare & Hospitality  
Sysco Toronto  
T 905 670-5855 x 2210  
F 905 696-4704

## **Appendix D: Contact Information for Garbage Disposal**

Miller Waste Systems  
8050 Woodbine Ave.  
Markham, ON  
L3R 2N8  
908-513-2716

## **Appendix E**

### **Contact Information for Funeral Homes**

Morley Bedford Funeral Homes  
159 Eglinton Avenue West  
Toronto, ON  
M4R 1A8  
416-489-8733

Humphrey Funeral Home A.W. Miles Chapel Limited  
1403 Bayview Avenue.  
Toronto, Ontario  
M4G 3A8  
(416) 487-4523

## **Appendix F**

### **Priority Groups for Access for Antivirals and Vaccine**

- The federal/provincial/territorial pandemic influenza committee has identified priority groups for antiviral use. The priority groups may change depending on the characteristics of the pandemic strain and the availability of the supply of antiviral. The available supply will be directed to people identified as being at increased risk of complications and death due to influenza and people whose skills and services are essential for the pandemic response. Antivirals will be administered to priority groups simultaneously: that is treatment of ill persons and prophylaxis of people providing essential services will occur at the same time.

### **Priority group for antiviral use:**

**To be effective, antiviral treatment must be started within 48 hours of the onset of symptoms. The earlier treatment is started, the more effective it is.**

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## **Priority group 1**

For treatment - residents hospitalized for influenza (within 48hrs of symptoms).  
For prophylaxis – front line health care workers and key decision makers. This will include all nursing and management staff.

## **Priority group 2**

For treatment – ill health care workers and first responders/emergency service providers.  
For prophylaxis – all remaining health care workers.

## **Priority group 3**

For treatment – ill high risk person in the community (within 48 hours of symptoms).  
For prophylaxis – emergency/essential service workers.

## **Priority group 4**

For treatment – ill high risk residents in institutions.  
For prophylaxis – high-risk residents of institutions.

## **Priority group 5**

For treatment – persons at high risk of being hospitalized for illnesses other than influenza.

## **Priority group 6**

For treatment – persons at high risk in the community.

## **Priority Groups for Influenza Vaccine**

### **Priority Group 1**

Front-line health care workers and key health decision makers. This will include all nursing and management staff.

### **Priority Group 2**

Remaining health care workers.

### **Priority Group 3**

Emergency/essential service providers.

### **Priority Group 4**

Persons at high risk of fatal outcomes (residents of LTC homes and similar settings, people with high risk medical conditions, people over age 65, children between the ages of 6 and 24 months).

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**Priority Group 5**

Healthy adults.

**Priority Group 6**

Children 24 months to 18 years of age.

Note – Priority groups may change based on recommendations from National Advisory Committee on Influenza, depending on the demographics and age-related morbidity and mortality of the pandemic strain.