

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Coordinator: Avery Tessler Phone Number: 416-964-9321 ext 375		October Highlights October 2 - Oktoberfest Party October 7 - Memorial Service October 12 - Thanksgiving October 20 - Tailgate Social October 24 - United Nations Day October 30 - Halloween Party October 31 - Halloween		National Seniors Day 1 9:30 ☕ Morning Stretch 10:00 ❤️ Gardening 10:30 ✝️ Hymn Sing Along 1:30 ❤️ Coloring/ Art 2:30 🎓 Oktoberfest Trivia 3:30 🍷 Friendly Visits 5:00 🍷 Oktoberfest Dinner	9:30 ☕ Sunshine Yoga 2 10:45 🎓 Historical Fridays: This Month in History 1:30 ❤️ Short Stories 2:00 🍷 Oktoberfest Party 2:30 ❤️ Sing Along 3:15 ❤️ Friendly Visits	10:15 ☕ Balloon 3 Badminton 2:30 🍷 Refreshments
Nuit Blanche Week 4 2:30 🍷 Refreshments	1:30 ❤️ Doll Therapy 5 2:30 🎓 Biography: The Group of Seven 4:00 🎓 Chapter Book	9:30 ☕ Morning Stretch 6 10:00 ☕ Strolls about Belmont 10:30 ✝️ Morning Prayers 11:00 🎓 Nice News of the Day! 1:30 ❤️ 1:1 Short Stories 2:00 🍷 Nuit Nosh Social 3:30 🍷 Friendly Visits	9:30 ☕ Balloon Badminton 7 10:15 ❤️ Aromatherapy 10:45 🎓 Let's Play Bingo 1:30 ✝️ Spiritual Corner 2:30 ✝️ Memorial Service: MacDonald Room	9:30 ☕ Morning Stretch 8 10:00 ❤️ Gardening 10:00 ❤️ Pet Visits with Ann and Pierre 10:30 ✝️ Hymn Sing Along 1:30 ❤️ Coloring/ Art 1:45 ❤️ 1:1 Short Stories 2:30 🎓 Art Trivia 3:30 🍷 Friendly Visits	9:30 ☕ Sunshine Yoga 9 11:00 🎓 Historical Fridays 1:30 ❤️ Short Stories 2:00 🍷 Timbit Social 2:30 ❤️ Sing Along	10:15 ☕ Balloon 10 Badminton 2:30 🍷 Refreshments
Thanksgiving Week 11 2:30 🍷 Refreshments	Thanksgiving Day 12 10:30 ❤️ Lets Talk Happy Thanksgiving 12:00 Thanksgiving Dinner	9:30 ☕ Morning Stretch 13 10:00 ☕ Strolls about Belmont 10:30 ✝️ Morning Prayers 11:00 🎓 Nice News of the Day! 2:00 🍷 Give Thanks Social 3:30 🍷 Friendly Visits	9:30 ☕ Balloon Badminton 14 10:15 ❤️ Aromatherapy 10:45 🎓 Let's Play Bingo 1:30 ✝️ Spiritual Corner 2:30 ❤️ Spa: Nails and Hand Massages 3:15 ☕ Bean Bag Toss	9:30 ☕ Morning Stretch 15 10:00 ❤️ Gardening 10:30 ✝️ Hymn Sing Along 1:30 ❤️ Coloring/ Art 2:30 🎓 Thanksgiving Trivia 3:30 🍷 Friendly Visits	9:30 ☕ Sunshine Yoga 16 11:00 🎓 Historical Fridays 1:30 ❤️ Short Stories 2:00 🍷 Timbit Social 2:30 ❤️ Sing Along	10:15 ☕ Balloon 17 Badminton 2:30 🍷 Refreshments
Football Week National Persons' Day 18 2:30 🍷 Refreshments	2:00 🎓 Amazing Animals: Pig 19	9:30 ☕ Morning Stretch 20 10:00 ☕ Strolls about Belmont 10:30 ✝️ Morning Prayers 11:00 🎓 Nice News of the Day! 2:00 🍷 Tailgate Social 3:30 🍷 Friendly Visits	9:30 ☕ Balloon Badminton 21 10:15 ❤️ Aromatherapy 10:45 🎓 Let's Play Bingo 1:30 ✝️ Spiritual Corner 2:30 ❤️ Board and Card Games 3:15 ☕ Bean Bag Toss	9:30 ☕ Morning Stretch 22 10:00 ❤️ Gardening 10:30 ✝️ Hymn Sing Along 1:30 ❤️ Coloring/ Art 2:30 🎓 Football Trivia 3:30 🍷 Friendly Visits	9:30 ☕ Sunshine Yoga 23 11:00 🎓 Historical Fridays 1:30 ❤️ Short Stories 2:00 🍷 Timbit Social 2:30 ❤️ Sing Along	United Nations Day 24 10:15 ☕ Balloon Badminton 2:30 🍷 Refreshments
Halloween Week 25 2:30 🍷 Refreshments	Municipal Election 26 1:30 ❤️ Doll Therapy 2:30 🎓 Biography: Edgar Allen Poe 4:00 🎓 Short Stories	9:30 ☕ Morning Stretch 27 10:00 ☕ Strolls about Belmont 10:30 ✝️ Morning Prayers 11:00 🎓 Nice News of the Day! 2:00 🍷 Spooky Social 3:30 🍷 Friendly Visits	9:30 ☕ Balloon Badminton 28 10:15 ❤️ Aromatherapy 10:45 🎓 Let's Play Bingo 12:30 🍷 Baking: Halloween Treats 1:30 ✝️ Spiritual Corner 2:30 ❤️ Spa: Nails and Hand Massages	9:30 ☕ Morning Stretch 29 10:00 ❤️ Gardening 10:30 ✝️ Hymn Sing Along 1:30 ❤️ Coloring/ Art 2:30 🎓 Thriller Trivia 3:30 🍷 Friendly Visits	9:30 ☕ Sunshine Yoga 30 11:00 🎓 Historical Fridays: History of Halloween 1:30 ❤️ Short Stories 2:00 🍷 Halloween Party	Halloween 31 10:15 ☕ Balloon Badminton 2:30 🍷 Refreshments