

# MARCH 2026

# Queen Mother Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>10:00 † <a href="#">Grace Church on-the-Hill Virtual Online Service - MacDonald Room</a> <b>1</b></p> <p>2:00 ♥ <a href="#">Movie Matinee: The Zone of Interest (2023) - MacDonald Room</a></p> <p>3:30 ☺ <a href="#">Tea Social - Walker Cafe</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p>	<p>9:30 ☺ <a href="#">Exercises - Party Room</a> <b>2</b></p> <p>1:30 ☺ <a href="#">Walks around Belmont - CANCELLED</a></p> <p>2:30 ☺ <a href="#">Monday Mocha Meet-Up - Link</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ☺ <a href="#">Pub Night - Solarium</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>3</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ☺ <a href="#">Chats with Avery - Link</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>10:30 ☺ <a href="#">Trivia - Link</a></p> <p>1:30 ☺ <a href="#">Tech Help Tuesday - Link</a></p> <p>2:00 ♥ <a href="#">Artistic Expressions with Sara - Walker Cafe</a></p> <p>2:30 ☺ <a href="#">Current Events - Link</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ♥ <a href="#">TV concert: Beatles '64 (2024) - Link</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>4</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Short Stories - Link</a></p> <p>10:30 ♥ <a href="#">Textiles &amp; Tea - Link</a></p> <p>2:30 ☺ <a href="#">Baking - CANCELLED</a></p> <p>3:00 ♥ <a href="#">Music Therapy with Leah - Link</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ♥ <a href="#">The Gilded Age "Season 1 Episode 7" - Link</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>5</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>10:30 ♥ <a href="#">Chats with Avery</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>1:30 ♥ <a href="#">Art Program with UCC - Walker Cafe</a></p> <p>2:00 ☺ <a href="#">Not Averse to Verse Poetry Group - Link</a></p> <p>3:30 ☺ <a href="#">Walks around Belmont - CANCELLED</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ♥ <a href="#">Live Music With: the Wander Duo - Link</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>6</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>11:15 ♥ <a href="#">Guided Meditation - Party Room</a></p> <p>2:30 ☺ <a href="#">Timbit Social - Link</a></p> <p>3:30 † <a href="#">Ecumenical Prayer Service - Party Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ♥ <a href="#">Documentary Night: The Golden Girls: 40 Years of Laughter and Friendship (2025) - Link</a></p>	<p>9:30 ☺ <a href="#">Exercises - Party Room</a> <b>7</b></p> <p>2:00 ♥ <a href="#">Documentary series: Glitter &amp; Gold Ice Dancing - Link</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ♥ <a href="#">Movie Night: I'm Still Here (2024) - Link</a></p>		
<p><b>Daylight Savings Time: "Spring Forward"</b> <b>8</b></p> <p><b>International Women's Day</b></p> <p>10:45 † <a href="#">Metropolitan United Church Virtual Online Service - Link</a></p> <p>2:00 ♥ <a href="#">Movie Matinee: I'm Still Here (2024) - Link</a></p> <p>3:30 ☺ <a href="#">Tea Social - Walker Cafe</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p>	<p><b>Commonwealth Day</b> <b>9</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>10:30 ♥ <a href="#">Music Appreciation - Party Room</a></p> <p>1:30 ☺ <a href="#">Walks around Belmont</a></p> <p>2:00 ♥ <a href="#">Monday Movie Matinee: Ordinary People (1980) - Link</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ♥ <a href="#">Monday Evening Movie: Ordinary People (1980) - Link</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>10</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>10:30 ☺ <a href="#">Trivia - Link</a></p> <p>1:30 ☺ <a href="#">Tech Help Tuesday - Link</a></p> <p>2:00 ♥ <a href="#">Artistic Expressions with Sara - Walker Cafe</a></p> <p>2:30 ☺ <a href="#">Current Events - Link</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Link</a></p> <p>7:00 ♥ <a href="#">Live Music with: Frank Baggetta - MacDonald Room</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>11</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>10:30 ♥ <a href="#">Textiles &amp; Tea - LINK</a></p> <p>2:30 ☺ <a href="#">Birthday Party - LINK</a></p> <p>4:30 ☺ <a href="#">Happy Hour - LINK</a></p> <p>7:00 ♥ <a href="#">The Gilded Age "Season 1 Episode 8" - LINK</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>12</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Reminisce &amp; Recollect - LINK</a></p> <p>10:00 ☺ <a href="#">Outing to the AGO and lunch</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>2:00 ☺ <a href="#">Not Averse to Verse Poetry Group - LINK</a></p> <p>3:00 ♥ <a href="#">Sip &amp; Script - LINK</a></p> <p>3:30 ☺ <a href="#">Walks around Belmont</a></p> <p>4:30 ☺ <a href="#">Happy Hour - LINK</a></p> <p>7:00 ♥ <a href="#">Live Music With: Laura Nashman - LINK</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>13</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>10:30 † <a href="#">Grace Church on the Hill Communion Service - Chapel</a></p> <p>11:15 ♥ <a href="#">Guided Meditation - LINK</a></p> <p>2:30 ☺ <a href="#">Timbits and Tenant Surveys - Macdonald Room</a></p> <p>3:30 † <a href="#">Ecumenical Prayer Service - Craft Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Documentary Night: Honk (2022) - MacDonald Room</a></p>	<p>9:30 ☺ <a href="#">Exercises - Party Room</a> <b>14</b></p> <p>2:00 ♥ <a href="#">Documentary series: Glitter &amp; Gold Ice Dancing - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Cocktail Party - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Movie Night: The Favourite (2018) - MacDonald Room</a></p>		
<p>10:00 † <a href="#">Grace Church on-the-Hill Virtual Online Service - MacDonald Room</a> <b>15</b></p> <p>2:00 ♥ <a href="#">Movie Matinee: The Favourite (2018) - MacDonald Room</a></p> <p>3:30 ☺ <a href="#">Tea Social - Walker Cafe</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Live TV: 98th Academy Awards - MacDonald Room</a></p> <p>7:00 † <a href="#">Timothy Eaton Memorial Church - Chapel</a></p>	<p>9:30 ☺ <a href="#">Exercises - Party Room</a> <b>16</b></p> <p>1:30 ☺ <a href="#">Walks around Belmont</a></p> <p>2:30 ☺ <a href="#">International Food Taste Test - MacDonald Room</a></p> <p>4:00 ♥ <a href="#">Virtual Reality - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ☺ <a href="#">Sugar Shack Social - Solarium</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>17</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ☺ <a href="#">Tech Help Tuesday - Craft Room</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>10:30 ☺ <a href="#">St. Paddy's Trivia - Craft Room</a></p> <p>2:30 ☺ <a href="#">St. Patrick's Day Party - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>5:30 ☺ <a href="#">Irish Dinner - Main Dining Room</a></p> <p>7:00 ♥ <a href="#">Movie Night: Waking Ned Devine (1998) - MacDonald Room</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>18</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Short Stories - MacDonald Room</a></p> <p>10:30 ♥ <a href="#">Textiles &amp; Tea - Craft Room</a></p> <p>11:15 ♥ <a href="#">Aromatherapy - Craft Room</a></p> <p>2:30 ☺ <a href="#">Waffle Wednesday - Craftroom</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">The Gilded Age "Season 1 Episode 9" - MacDonald Room</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>19</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Reminisce &amp; Recollect - MacDonald Room</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>10:30 ☺ <a href="#">On This Day in History... - MacDonald Room</a></p> <p>2:00 ☺ <a href="#">Not Averse to Verse Poetry Group - Library</a></p> <p>3:00 ♥ <a href="#">Sip &amp; Script - Craft Room</a></p> <p>3:30 ☺ <a href="#">Nature Walks</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Live Music With: HASO - Macdonald Room</a></p>	<p><b>Vernal Equinox</b> <b>20</b></p> <p>9:15 ♥ <a href="#">Daily Data - Party Room</a></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>10:30 † <a href="#">St. Thomas Anglican Communion Service - Chapel</a></p> <p>11:15 ♥ <a href="#">Guided Meditation - Craft Room</a></p> <p>2:30 ☺ <a href="#">Timbit Social - Macdonald Room</a></p> <p>3:30 † <a href="#">Ecumenical Prayer Service - Craft Room</a></p> <p>4:00 ☺ <a href="#">Table Tennis - Craft Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Documentary Night: Barbara Walters: Tell Me Everything (2025) - MacDonald Room</a></p>	<p><b>World Poetry Day</b> <b>21</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>2:00 ♥ <a href="#">Documentary series: Glitter &amp; Gold Ice Dancing - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Movie Night: Mr. Smith Goes to Washington (1939) - MacDonald Room</a></p>		
<p>10:45 † <a href="#">Metropolitan United Church Virtual Online Service - MacDonald Room</a> <b>22</b></p> <p>2:00 ♥ <a href="#">Movie Matinee: Mr. Smith Goes to Washington (1939) - MacDonald Room</a></p> <p>3:30 ☺ <a href="#">Tea Social - Walker Cafe</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p>	<p>9:30 ☺ <a href="#">Exercises - Party Room</a> <b>23</b></p> <p>1:30 ☺ <a href="#">Spa: Nails and Hand Massages - Craft Room</a></p> <p>2:30 ☺ <a href="#">Book Club - Library</a></p> <p>4:00 ♥ <a href="#">Video Games - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ☺ <a href="#">Bingo - Solarium</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>24</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Aromatherapy - Craft Room</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>10:30 ☺ <a href="#">Trivia - Craft Room</a></p> <p>1:30 ☺ <a href="#">Tech Help Tuesday - Craft Room</a></p> <p>2:00 ♥ <a href="#">Artistic Expressions with Sara - Walker Cafe</a></p> <p>2:30 ☺ <a href="#">Current Events - Library</a></p> <p>4:00 ☺ <a href="#">Chair Yoga - Party Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Live Music With: Steve Paul Simms - Macdonald Room</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>25</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Short Stories - MacDonald Room</a></p> <p>10:30 ♥ <a href="#">Textiles &amp; Tea - Craft Room</a></p> <p>2:30 ☺ <a href="#">Greek Social - MacDonald Room</a></p> <p>4:00 ♥ <a href="#">Sing Along - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Drama Series: The Night Manager S1:E1 - MacDonald Room</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>26</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Reminisce &amp; Recollect - MacDonald Room</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>10:30 ☺ <a href="#">On This Day in History... - MacDonald Room</a></p> <p>2:00 ☺ <a href="#">Not Averse to Verse Poetry Group - Library</a></p> <p>3:00 ♥ <a href="#">Sip &amp; Script - Craft Room</a></p> <p>3:30 ☺ <a href="#">Nature Walks</a></p> <p>4:00 ☺ <a href="#">Flower Arranging - Craft Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Live Music With: Shaya Petroff - Macdonald Room</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>27</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>10:30 † <a href="#">St. Basil's Catholic Communion Service - Chapel</a></p> <p>11:15 ♥ <a href="#">Guided Meditation - Craft Room</a></p> <p>2:30 ☺ <a href="#">Timbit Social - Macdonald Room</a></p> <p>3:30 † <a href="#">Ecumenical Prayer Service - Craft Room</a></p> <p>4:00 ☺ <a href="#">Bowling - Party Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Documentary Night: A Tale of Two Qallunaat (2025) - MacDonald Room</a></p>	<p>9:30 ☺ <a href="#">Exercises - Party Room</a> <b>28</b></p> <p>2:00 ♥ <a href="#">Documentary Episode: The Only Girl in the Orchestra - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">Movie Night: A Man for All Seasons (1966) - MacDonald Room</a></p> <p>8:30 ☺ <a href="#">Earth Hour</a></p>		
<p><b>Palm Sunday</b> <b>29</b></p> <p>10:00 † <a href="#">Grace Church on-the-Hill Virtual Online Service - MacDonald Room</a></p> <p>2:00 ♥ <a href="#">Movie Matinee: A Man for All Seasons (1966) - MacDonald Room</a></p> <p>3:30 ☺ <a href="#">Tea Social - Walker Cafe</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p>	<p>9:30 ☺ <a href="#">Exercises - Party Room</a> <b>30</b></p> <p>10:30 ♥ <a href="#">Music Appreciation - Macdonald Room</a></p> <p>1:30 ☺ <a href="#">Nature Walks</a></p> <p>2:30 ☺ <a href="#">Monday Mocha Meet-Up - MacDonald Room</a></p> <p>4:00 ♥ <a href="#">Virtual Reality - MacDonald Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ☺ <a href="#">A Special Presentation on Easter - MacDonald Room</a></p>	<p>9:15 ♥ <a href="#">Daily Data - Party Room</a> <b>31</b></p> <p>9:30 ☺ <a href="#">Exercises - Party Room</a></p> <p>9:45 ♥ <a href="#">Aromatherapy - Craft Room</a></p> <p>10:30 ☺ <a href="#">Falls Prevention - Party Room</a></p> <p>10:30 ☺ <a href="#">Trivia - Craft Room</a></p> <p>1:30 ☺ <a href="#">Tech Help Tuesday - Craft Room</a></p> <p>2:00 ♥ <a href="#">Artistic Expressions with Sara - Walker Cafe</a></p> <p>2:30 ☺ <a href="#">Current Events - Library</a></p> <p>4:00 ☺ <a href="#">Chair Yoga - Party Room</a></p> <p>4:30 ☺ <a href="#">Happy Hour - Library</a></p> <p>7:00 ♥ <a href="#">An evening of entertainment with Smile Theatre - Macdonald Room</a></p>	<p><b>Recreation Coordinator:</b> Avery 416-964-9231 ext. 375</p> <p><b>Recreation Supervisor :</b> Kim 416-964-9231 ext. 242</p>				<p><b>March Highlights</b></p> <p>March 4th - Music Therapy with Leah</p> <p>March 5th - Art Program with UCC</p> <p>March 8th - Daylight Savings "Spring Forward"</p> <p>March 12th - Outing to AGO</p> <p>March 17th - St. Patrick's Day</p> <p>March 20th - Vernal Equinox</p> <p>March 29th - Palm Sunday</p>	

