

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Welcome Spring Themed Week 1 2:30 🍷 Refreshments	10:00 ❤️ Artist Corner: Tissue Paper Flowers 2 11:00 🎓 Famous Faces 1:45 🌿 Walk about Belmont 2:30 🎓 Biography: Theodore Geisel (Dr. Seuss) 3:15 🎓 Family Feud	9:15 ❤️ Friendly Visits 3 9:45 † Morning Prayers 10:30 🌿 Hit the Target! 1:45 ❤️ Let's Talk: Signs of Spring 2:00 ❤️ Artistic Expressions with Sarah 3:15 ❤️ Television Concert	1:30 🌿 Winter Walks 4 2:30 ❤️ Amazing Animals: Monarch Butterfly 3:00 † Hymn Sing 4:00 🎓 This Day in History 6:00 🎓 Cranium Crunch 6:30 ❤️ Television Concert	9:30 🌿 Rise and Shine: Spring Awakening 5 10:00 ❤️ Short Stories 11:00 🎓 Scattergories 1:15 ❤️ Art with UCC Students at Belmont 2:30 🎓 Bingo 3:00 ❤️ Fun on the Run	9:30 🎓 Trivia: Springtime Edition 6 10:30 🍷 Friendly Visits 11:00 ❤️ Dog visits with Charles and Lucy 11:00 🌿 Winter Walks 1:45 ❤️ Musical Reflections 2:30 🍷 Hot Chocolate Social 3:00 ❤️ Television Concert	11:00 ❤️ Short Stories 7 2:30 🍷 Refreshments 2:30 🎓 Scattergories		
Inspiring Women themed week International Women's Day 8 2:30 🍷 Refreshments	9:15 🌿 Bocce 9 9:30 🍷 Friendly Visits 11:00 🎓 Famous Faces 1:45 🌿 Walk about Belmont 2:30 🎓 Biography: Elsie MacGill (Queen of the Hurricanes) 3:15 🎓 Family Feud	9:15 ❤️ Dolls and Dogs with Dignity 10 9:45 † Morning Prayers 10:30 🌿 Hit the Target! 1:30 ❤️ Short Stories 2:00 ❤️ Artistic Expressions with Sarah 3:15 ❤️ Let's Talk: Canadian Teachers, Mothers and Homemakers	1:30 🌿 Winter Walks 11 2:30 ❤️ Birthday Party (for February, March and April) 3:00 † Hymn Sing 4:00 🎓 This Day in History 6:30 ❤️ Movie Night 7:20 🍷 Friendly Visits	9:15 ❤️ Short Stories 12 10:00 🎓 Trivia: Female Firsts 11:00 🎓 Scattergories 1:30 🎓 Let's Talk: Female Spies 2:30 ❤️ Baking 3:15 ❤️ Fun on the Run	9:30 ❤️ Artist Corner 13 11:00 🌿 Winter Walks 1:45 ❤️ Musical Reflections 2:30 🍷 Hot Chocolate Social 3:00 ❤️ Television Concert	11:00 ❤️ Short Stories 14 2:30 🍷 Refreshments 2:30 🎓 Scattergories		
2026 Academy Awards Irish Heritage Themed week 15 2:30 🍷 Refreshments	9:30 🍷 Friendly Visits 16	St. Patrick's Day 17 9:45 † Morning Prayers 10:30 🎓 St. Patrick's Day Rhyme Time 1:45 ❤️ Let's Talk: Irish Blessings and Poetry 2:30 🍷 St. Patrick's Day Party 3:15 ❤️ Television Concert: The Irish Rovers 5:00 ❤️ St. Patrick's Day Dinner	2:00 🎓 This Day in History 18	9:30 🌿 Rise and Shine 19 10:00 🎓 Amazing Animals: Irish Wolfhound 11:00 ❤️ Short Stories 2:00 🎓 Trivia: Truth or Blarney!	First Day of Spring 20 9:30 🌿 Bocce 10:30 🍷 Friendly Visits 11:00 🌿 Winter Walks 1:45 ❤️ Musical Reflections 2:30 🍷 Hot Chocolate Social 3:00 ❤️ A Day at the Theatre	World Poetry Day 21 11:00 ❤️ Short Stories 2:30 🍷 Refreshments		
Health and Wellness Themed Week 22 2:30 🍷 Refreshments	10:00 🍷 Friendly Visits 23 11:00 🎓 Famous Faces 1:45 🌿 Walk about Belmont 2:30 🎓 Biography: Micheal Buble 3:15 🎓 Family Feud	9:15 🎓 Guess The Fruit/ Vegetable Game 24 9:45 † Morning Prayers 10:30 🌿 Hit the Target! 1:15 🎓 Current Events 2:00 ❤️ Artistic Expressions with Sarah 3:15 ❤️ Television Concert	Greek Independence Day 25 1:00 ❤️ Music Therapy with Leah 1:30 🌿 Walk about Belmont 2:30 🍷 Greek Social 3:00 † Hymn Sing 4:00 ❤️ Let's Talk: Self Care Favorites 6:30 ❤️ Movie Night: Live to 100: Secrets of the Blue Zones 7:20 🍷 Friendly Visits	9:15 ❤️ Short Stories 26 10:00 🎓 Cranium Crunch 11:00 🎓 Scattergories 1:45 Ball Toss 2:30 🍷 Fruit Smoothie Social 3:00 ❤️ Fun on the Run	9:30 ❤️ Let's Talk: Healthy Diets Through the Years 27 10:30 🍷 Friendly Visits 11:00 🌿 Winter Walks 1:45 ❤️ Musical Reflections 2:30 🍷 Hot Chocolate Social 3:00 ❤️ Television Concert	11:00 ❤️ Short Stories 28 2:30 🍷 Refreshments		
Maple Syrup Themed Week Palm Sunday 29 2:30 🍷 Refreshments	10:00 🌿 Bocce 30 11:00 🎓 Famous Faces 2:30 🎓 Biography: Celine Dion	9:15 ❤️ Let's Talk: Canadian Sugar Shacks 31 9:45 † Morning Prayers 10:30 🌿 Hit the Target! 1:45 ❤️ Friendly Visits 2:00 ❤️ Artistic Expressions with Sarah 3:15 ❤️ Television Concert	Recreation Coordinator: Kyle Phone Number: 416-964-9231 x234				March Highlights March 5- Art with UCC March 8- Daylight Savings Time: Spring Forward March 11-Birthday Party (February, March, April) March 17-St Patrick's Day March 20- Spring Equinox March 29- Palm Sunday	

