

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>Elvis Presley Theme Week</b> <b>St. David's Day</b> 2:30 🍷 Refreshments	9:30 ☘ Morning Stretch 10:00 ❤️ Hit the Target 10:30 🎓 Tales of Poetry 11:00 🍷 Flower Arrangement 2:00 🎓 Rock 'n' Roll Trivia 2:30 ❤️ Sing Along 3:15 ☘ Strike & Spare	9:30 ☘ Sunshine Yoga 10:30 † Morning Prayers 11:00 🎓 News of the Day! 2:00 ❤️ Art Expressions with Sara 2:30 ❤️ Discussion Group: Yellowstone National Park	10:30 ☘ Balloon Tennis 10:45 🍷 Pet Visits with Milo 2:30 🎓 Let's Play Bingo	1:30 ❤️ Art with UCC 7:00 🍷 Movie Night	9:30 ☘ Move to the Beat! 10:30 🎓 Historical Fridays: Elvis Presley 2:00 🍷 Hot Chocolate Social	10:15 ☘ Balloon Tennis		
<b>Daylights Savings Begins</b> <b>International Women's Day</b> <b>Women's Theme Week</b> 2:30 🍷 Refreshments	9:30 ☘ Morning Stretch 2:45 🍷 Discussion Group: Female Inventors	9:30 ☘ Sunshine Yoga 10:30 † Morning Prayers 11:00 🎓 News of the Day! 1:45 Bingo 2:00 ❤️ Art Expressions with Sara	9:30 ☘ Balloon Tennis 10:45 🍷 Pet Visits with Milo 2:00 🍷 Birthday Party in Dining Room	2:30 🍷 Sugar Shack Social 4:00 ❤️ Indoor Gardening 7:00 🍷 Movie Night	9:30 ☘ Move to the Beat! 1:30 ❤️ Colouring Arts 2:30 🍷 HASO concert and Hot Chocolate Social	10:15 ☘ Balloon Badminton 1:45 🎓 Trivia		
<b>Irish Theme Week</b> 2:30 🍷 Refreshments	9:30 ☘ Morning Stretch 3:00 🎓 Amazing Animals: Irish Wolfhound	<b>St. Patrick's Day</b> 9:30 ☘ Sunshine Yoga 10:30 † Morning Prayers 11:00 🎓 News of the Day! 2:30 🍷 St. Patrick's Day Party	10:45 🍷 Pet Visits with Milo 3:15 🎓 Let's Play Bingo	10:00 🎓 Irish Trivia 3:15 ☘ Strike & Spare 7:00 🍷 Movie Night	<b>Spring Begins</b> 9:30 ☘ Move to the Beat! 2:30 🍷 Hot Chocolate Social	10:15 ☘ Balloon Badminton		
<b>Spring Theme Week</b> 2:30 🍷 Refreshments	9:30 ☘ Morning Stretch 3:30 🎓 Amazing Animals: Robins	10:30 † Morning Prayers 11:00 🎓 News of the Day! 2:00 ❤️ Art Expressions with Sara	9:30 ☘ Balloon Tennis 10:45 🍷 Pet Visits with Milo 1:30 † Spiritual Corner 3:00 ❤️ Music Therapy with Leah	1:00 ❤️ Short Stories 2:30 🍷 Social 4:00 ❤️ Indoor Gardening 7:00 🍷 Movie Night	9:30 ☘ Move to the Beat! 11:05 † Hymn Sing 1:30 ❤️ Colouring Arts 2:30 🍷 Hot Chocolate Social 3:15 🎓 Have You Ever?	10:15 ☘ Balloon Badminton		
<b>Easter Theme Week</b> 2:30 🍷 Refreshments	9:30 ☘ Morning Stretch 10:30 🎓 Tales of Poetry 11:00 ❤️ Doll therapy 2:15 ❤️ Flower Arrangement 2:45 🎓 Amazing Animals: Rabbits 3:30 🍷 Friendly Visits	9:30 ☘ Sunshine Yoga 10:00 ☘ Strolls about Belmont 10:30 † Morning Prayers 11:00 🎓 News of the Day! 2:00 ❤️ Art Expressions with Sara 2:30 ☘ Grandma's Kitchen	<b>Recreation Coordinator</b> Hermela <b>Phone Number</b> 416-964-9321 ext 250				<b>March Highlights</b> March 5th - Art program with UCC March 8th - Daylight Savings "Spring Forward" March 13th - Live Music March 17th - St. Patrick's Day March 20th - Vernal Equinox March 25th - Music Therapy with Leah March 29th - Palm Sunday	

