



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
<p>Recreation Supervisor: Elleni 416-964-9231 ext. 242</p> <p>Recreation Coordinator: Kim 416-964-9231 ext. 375</p>	<p>March Highlights</p> <p>Guest Speaker: Dr. David Chandross - 6th</p> <p>International Women's Day - 8th</p> <p>Special Presentation with Michelle - 13th</p> <p>St. Patrick's Day - 17th</p> <p>Shopping and Lunch outing - 22nd</p> <p>Alice in Wonderland Party - 24th</p> <p>**Programme schedule subject to change**</p>	<p>International Wheelchair Day 1</p> <p>World Compliment Day</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>1:30 Long Distance Video Chats</p> <p>2:00 Walks around Belmont - Main Lobby</p> <p>2:30 Wise Words and Whiskey on a Wednesday</p> <p>4:30 Happy Hour - Link</p> <p>7:00 The Great (comedy series): Heads It's Me - Solarium</p>	<p>International Women's Day 8</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>1:30 Long Distance Video Chats</p> <p>2:00 Walks around Belmont - Main Lobby</p> <p>2:30 History and Trivia: Great Women through History - Craftroom</p> <p>4:30 Happy Hour - Link</p> <p>7:00 The Great (comedy series): D...head - Solarium</p>	<p>International Irish Whiskey Day 3</p> <p>World Wildlife Day</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Trivia - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Timbit Social - Macdonald Room</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Documentary Night: Fantastic Fungi (2019) - Solarium</p>	<p>International Bagpipe Day 10</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Trivia - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Tenant Recreation Surveys - Macdonald Room</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Documentary Night: 9to5: The Story of a Movement (2019) - Solarium</p>	<p>9:30 Exercises - Solarium 4</p> <p>2:00 Break Point (documentary series): episode 3 - Party Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: Ladies in Lavender (2004) - Solarium</p>					
<p>10:45 Metropolitan United Church Virtual Online Service - Party Room 5</p> <p>2:00 Movie Matinee: Ladies in Lavender (2004) - Party Room</p> <p>3:30 Tea Social - The Link</p> <p>4:30 Happy Hour - Link</p>	<p>Oreo Cookie Day 6</p> <p>9:30 Exercises - Solarium</p> <p>10:00 Tech Help - Craft Room</p> <p>11:00 Long Distance Video Chats</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Hot Chocolate Social</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Guest Speaker Dr. David Chandross: Coco Chanel - Solarium</p>	<p>9:30 Exercises - Solarium 7</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:30 Current Events - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of jazz piano with Jordan Klapman - Macdonald Room</p>	<p>9:30 Exercises - Solarium 9</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:00 Not Averse to Verse Poetry Group - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 "The North American Songbook" with Northwood - Macdonald Room</p>	<p>9:30 Exercises - Solarium 11</p> <p>2:00 Break Point (documentary series): episode 4 - Party Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: Slumdog Millionaire (2008) - Solarium</p>	<p>95th Academy Awards 12</p> <p>Daylight Savings: "Spring Forward"</p> <p>10:00 Grace Church On-The-Hill Virtual Sunday Service - Party Room</p> <p>2:00 Movie Matinee: Slumdog Millionaire (2008) - Party Room</p> <p>3:30 Tea Social - The Link</p> <p>4:30 Happy Hour - Link</p> <p>6:30 Academy Awards coverage - Party Room</p>	<p>Commonwealth Day 13</p> <p>9:30 Exercises - Solarium</p> <p>10:00 Tech Help - Craft Room</p> <p>10:30 Music Appreciation - Party Room</p> <p>11:00 Long Distance Video Chats</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Sugar Shack Social</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Special Presentation with Michelle: Mickey: the Story of a Mouse - Solarium</p>	<p>Pi Day 14</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:30 Current Events - Craft Room</p> <p>2:30 Pi(e) Party - MacDonald Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of jazz vocals with Michelle White - Macdonald Room</p>	<p>9:30 Exercises - Solarium 15</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>1:30 Long Distance Video Chats</p> <p>2:00 Walks around Belmont - Main Lobby</p> <p>2:30 Wine & Cheese Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 The Great (comedy series): Alone at Last - Party Room</p>	<p>9:30 Exercises - Solarium 16</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:00 Not Averse to Verse Poetry Group - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of classical piano with Shaya Petroff - Macdonald Room</p>	<p>St. Patrick's Day 17</p> <p>World Sleep Day</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Trivia - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 St. Patrick's Day Party - Main Dining Room</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>5:30 St. Patrick's Dinner - Main Dining Room</p> <p>7:00 Documentary Night: Black Holes: the Edge of All We Know - Party Room</p>	<p>9:30 Exercises - Solarium 18</p> <p>2:00 Break Point (documentary series): episode 5 - Party Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: In Which We Serve (1942) - Party Room</p>
<p>10:45 Metropolitan United Church Virtual Online Service - Party Room 19</p> <p>2:00 Movie Matinee: In Which We Serve (1942) - Party Room</p> <p>3:30 Tea Social - The Link</p> <p>4:30 Happy Hour - Link</p>	<p>International Day of Happiness Vernal Equinox - First Day of Spring 20</p> <p>9:30 Exercises - Solarium</p> <p>10:00 Tech Help - Craft Room</p> <p>11:00 Long Distance Video Chats</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Book Club - Library</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Wine & Cheese Social - Solarium</p>	<p>International Day for the Elimination of Racial Discrimination 21</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:30 Current Events - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of popular music with Pop with the Posners - Macdonald Room</p>	<p>International Goof-Off Day 22</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>10:30 Outing: Lunch at Watt's and Shopping at Eglinton Square</p> <p>1:30 Long Distance Video Chats</p> <p>2:00 Walks around Belmont - Main Lobby</p> <p>2:30 Chips 'n' Chat</p> <p>4:30 Happy Hour - Link</p> <p>7:00 The Great (comedy series): The Devil's Lunch - Party Room</p>	<p>World Meteorological Organization Day 23</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:00 Not Averse to Verse Poetry Group - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of classical music with HASO - Macdonald Room</p>	<p>9:30 Exercises - Solarium 24</p> <p>10:30 Trivia - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Alice in Wonderland Party - Main Dining Room</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Documentary Night: One Child Nation (2019) - Party Room</p>	<p>Greek Independence Day 25</p> <p>International Waffle Day</p> <p>9:30 Exercises - Solarium</p> <p>2:00 Europe from Above: the Netherlands - Party Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Movie Night: Fried Green Tomatoes (1991) - Party Room</p> <p>8:30 Earth Hour</p>					
<p>10:00 Grace Church On-The-Hill Virtual Sunday Service - Party Room 26</p> <p>2:00 Movie Matinee: Fried Green Tomatoes (1991) - Party Room</p> <p>3:30 Tea Social - The Link</p> <p>4:30 Happy Hour - Link</p>	<p>World Theatre Day 27</p> <p>9:30 Exercises - Solarium</p> <p>10:00 Tech Help - Craft Room</p> <p>10:30 Music Appreciation - Party Room</p> <p>11:00 Long Distance Video Chats</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Greek Treats Social - Macdonald Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Bingo - Solarium</p>	<p>Respect Your Cat Day 28</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:30 Current Events - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of jazz piano and vocals with Allyson and Steve Schulman - Macdonald Room</p>	<p>9:30 Exercises - Solarium 29</p> <p>10:30 Fibre Arts Group - Craft Room</p> <p>1:30 Long Distance Video Chats</p> <p>2:00 Walks around Belmont - Main Lobby</p> <p>2:30 Return of the Brandy Alexander Social</p> <p>4:30 Happy Hour - Link</p> <p>7:00 The Great (comedy series): Animal Instincts - Party Room</p>	<p>Major League Baseball season open 30</p> <p>9:30 Exercises - Solarium</p> <p>10:30 Falls Prevention - Solarium</p> <p>2:00 Not Averse to Verse Poetry Group - Craft Room</p> <p>4:30 Happy Hour - Link</p> <p>7:00 An evening of violin with Clare Pellerin - Macdonald Room</p>	<p>9:30 Exercises - Solarium 31</p> <p>10:30 Trivia - Craft Room</p> <p>1:30 Walks around Belmont - Main Lobby</p> <p>2:30 Timbit Social - Macdonald Room</p> <p>3:30 Ecumenical Prayer Service - Chapel</p> <p>4:30 Happy Hour - Link</p> <p>7:00 Documentary Night: The Perfect Bid (2017) - Party Room</p>						