

JUNE 2026



3 West Sunshine Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Recreation Coordinator: Avery Tessler Phone Number: 416-964-9321 ext 375	Horse Racing Week 1 1:30 ❤️ Doll Therapy 3:00 📖 Amazing Animals: Horses 3:30 🎯 Bean Bag Toss 4:15 📖 Short Stories 6:30 ❤️ Sensory Stimulation 7:00 ❤️ Monday Movie Night	2 9:30 🎯 Morning Stretch 10:00 🎯 Strolls about Belmont 10:30 📖 Morning Prayers 11:00 📖 Nice News of the Day! 1:30 ❤️ Terrace Time 2:30 🍷 Belmont Stakes Social 3:30 🍷 Spa: Nails and Massages	3 9:30 🎯 Balloon Badminton 10:15 ❤️ Aromatherapy 10:45 🍷 Pet Visits with Milo 11:00 📖 Let's Play Bingo 2:00 ❤️ Music Therapy with Leah 2:30 ❤️ Memorial Service - MacDonald Room 3:15 ❤️ Terrace Time	4 9:45 🎯 Morning Stretch 10:30 📖 Hymn Sing Along 11:00 ❤️ Indoor Gardening 1:30 ❤️ Short Stories 2:00 📖 Triple Crown Trivia 3:30 🎯 Ball Toss	5 Walk 'n' Roll 10:00 🎯 Walk 'n' Roll 2:00 🎯 Walk 'n' Roll 2:30 🍷 Ice Cream Social	6 Belmont Stakes 10:15 🎯 Balloon Badminton	
FIFA World Cup Soccer Week 7 2:30 🍷 Refreshments	8 2:30 📖 Amazing Animals: Tortoise	9 9:30 🎯 Morning Stretch 10:00 🎯 Strolls about Belmont 10:30 📖 Morning Prayers 11:00 📖 Nice News of the Day! 1:30 ❤️ Terrace Time 2:30 🍷 FIFA Soccer Social 3:30 🍷 Friendly Visits	10 9:30 🎯 FIFA Balloon Soccer 10:15 ❤️ Aromatherapy 10:45 🍷 Pet Visits with Milo 11:00 📖 Let's Play Bingo 1:30 📖 Spiritual Corner 3:15 ❤️ Terrace Time	11 World Cup Begins 9:45 🎯 Morning Stretch 10:30 📖 Hymn Sing Along 11:00 ❤️ Indoor Gardening 1:30 ❤️ Short Stories 2:30 📖 FIFA Soccer Trivia 3:30 🎯 Ball Toss	12 9:30 🎯 Sunshine Yoga 11:00 📖 Historical Fridays 1:30 ❤️ Colouring Arts 2:00 ❤️ Sing Along with Avery 2:30 🍷 Ice Cream Social 3:00 ❤️ FIFA World Cup Soccer Canada's 1st Game 3:15 ❤️ Friendly Visits	13 King Charles III Birthday Parade 10:15 🎯 Balloon Badminton	
Berries and Blooms Week 14 2:30 🍷 Refreshments	15 1:15 ❤️ Doll Therapy 2:00 🍷 World Elder Abuse Awareness Ice Cream Truck 3:00 📖 Amazing Animals: Black Bear 6:30 ❤️ Sensory Stimulation 7:00 📖 Short Stories 7:30 ❤️ Monday Movie Night	16 9:30 🎯 Morning Stretch 10:00 🎯 Strolls about Belmont 10:30 📖 Morning Prayers 11:00 📖 Nice News of the Day! 1:30 ❤️ Terrace Time 2:30 ❤️ Strawberry Craft 3:30 🍷 Friendly Visits	17 9:30 🎯 Balloon Badminton 10:15 ❤️ Aromatherapy 10:45 🍷 Pet Visits with Milo 11:00 📖 Let's Play Bingo 2:30 🍷 Strawberry Tea Social 3:15 ❤️ Terrace Time	18 9:45 🎯 Morning Stretch 10:30 📖 Hymn Sing Along 11:00 ❤️ Indoor Gardening 1:30 ❤️ Short Stories 2:30 📖 Fruit and Flower Trivia 3:30 🎯 Ball Toss	19 9:30 🎯 Sunshine Yoga 11:00 📖 Historical Fridays: Toronto Jazz Fest 1:30 ❤️ Colouring Arts 2:00 ❤️ Sing Along with Avery 2:30 🍷 Ice Cream Social 3:15 ❤️ Friendly Visits	20 Summer Begins 10:15 🎯 Balloon Badminton	
Father's Day 21 Father's Day Week 1:30 📖 Fathers Day 2:30 🍷 Refreshments	22 1:15 ❤️ Doll Therapy 2:00 🍷 Senior Showcase 3:00 📖 Amazing Animals: Sea Horse 4:15 🎯 Bean Bag Toss 6:30 ❤️ Sensory Stimulation 7:00 ❤️ Monday Movie Night	23 9:30 🎯 Morning Stretch 10:00 🎯 Strolls about Belmont 10:30 📖 Morning Prayers 11:00 📖 Nice News of the Day! 1:00 🍷 Father Appreciation Social 1:30 ❤️ Terrace Time 3:30 🍷 Friendly Visits	24 Saint-Jean-Baptiste Day 9:30 🎯 Balloon Badminton 10:15 ❤️ Aromatherapy 10:45 🍷 Pet Visits with Milo 11:00 📖 Let's Play Bingo 2:00 🍷 Ripple Rhythm drumming circle - Stillman Garden 2:30 📖 Fun French Facts 3:15 ❤️ Terrace Time	25 9:45 🎯 Morning Stretch 10:30 📖 Hymn Sing Along 11:00 ❤️ Indoor Gardening 1:30 ❤️ Short Stories 2:30 📖 Famous Fathers Trivia 3:30 🎯 Ball Toss	26 9:30 🎯 Sunshine Yoga 11:00 📖 Historical Fridays: Jean Baptiste 1:30 ❤️ Colouring Arts 2:00 ❤️ Sing Along with Avery 2:30 🍷 Ice Cream Social 3:15 ❤️ Friendly Visits	27 10:15 🎯 Balloon Badminton	
Canada Week 28 2:30 🍷 Refreshments	29 1:15 ❤️ Doll Therapy 2:30 📖 History of Pride Toronto 3:30 🎯 Bean Bag Toss 4:15 ❤️ Short Stories 6:30 ❤️ Sensory Stimulation 7:00 ❤️ Monday Movie Night	30 Wimbledon Begins 9:30 🎯 Morning Stretch 10:00 🎯 Strolls about Belmont 10:30 📖 Morning Prayers 11:00 📖 Nice News of the Day! 1:30 ❤️ Terrace Time 2:30 🍷 Butter Tart social 3:30 🍷 Friendly Visits	June Highlights June is Seniors Month June 3 - Memorial Service - Macdonald Room June 5 - Walk n' Roll June 11 - FIFA World Cup Starts June 17 - Strawberry Tea Social June 21 - Fathers Day				