

June 2021

5 West Walker Wing

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|---|--|--|--|--|---|
| Recreation Coordinator: Nikki Palmer Phone Number: (416) 964-9231 ext. 217 Email: npalmer@belmonthouse.com |  | 2:00 ♥ Bubbles on the Balcony 1 2:30 ♥ Afternoon Musical 3:00 ♥ Green Thumbs 6:00 ♥ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley | 10:00 🌿 Move and Groove 2 10:30 🎓 Amazing Animals 11:00 🍷 Fun on the Run - Activity Trolley 2:00 🍷 Spring Fling Social 3:00 ♥ Afternoon Musical 3:15 ♥ Phone a Friend | 10:00 🌿 Tournament of Champions 3 10:30 🎓 News and Views 11:00 ♥ Tea for Two 2:30 🎓 Virtual Vacation: Italy 3:00 ♥ Afternoon Matinee 3:15 ♥ Phone a Friend | 10:00 🌿 Move and Groove 4 10:30 🎓 Weather Watcher 11:00 ♥ Tea for Two 2:00 🍷 Friday (ice cream) Flavours 2:30 ♥ Spring Time Melodies 3:00 🍷 Green Thumbs | 10:30 🎓 Trivia 5 2:30 🍷 Tea Social | |
| 2:30 🍷 Tea Social 6 | 9:00 ♥ Helping Hands 7 9:45 🙏 Morning Prayers 10:30 ♥ Spring Time Melodies 11:00 ♥ Art Attack 11:15 🍷 Tea for Two 11:30 ♥ Morning Strolls 2:00 🎓 Bingo 2:15 🍷 Fun on the Run - Activity Trolley 3:00 🍷 Giggles in the Garden 3:30 ♥ Nail Salon | 9:00 ♥ Helping Hands 8 9:30 🌿 Tournament of Champions 10:00 🎓 Trivia 10:30 🎓 Reading Circle 11:30 ♥ Morning Strolls 2:00 🎓 20 Questions 2:30 🍷 Bubbles on the Balcony 6:00 ♥ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley | 9:00 ♥ Helping Hands 9 9:30 🎓 Morning News 10:00 🌿 Move and Groove 10:30 🎓 Amazing Animals 11:00 🍷 Fun on the Run - Activity Trolley 11:30 ♥ Morning Strolls 2:00 🍷 Spring Fling Social 3:00 ♥ Afternoon Musical 3:15 ♥ Phone a Friend 3:30 ♥ Nail Salon | 9:00 ♥ Helping Hands 10 10:00 🌿 Tournament of Champions 10:30 🎓 News and Views 11:00 ♥ Tea for Two 11:30 ♥ Morning Strolls 2:00 ♥ Bubbles on the Balcony 2:30 🍷 Easy Breezy Iced Tea Party 3:00 🍷 Fun on the Run - Activity Trolley 3:15 ♥ Phone a Friend | 9:00 ♥ Helping Hands 11 9:30 🎓 Reading Circle 10:00 🌿 Move and Groove 10:30 🎓 Weather Watcher 11:00 ♥ Tea for Two 11:30 ♥ Morning Strolls 2:00 🍷 Friday (ice cream) Flavours 2:30 ♥ Spring Time Melodies 3:00 🍷 Green Thumbs 3:30 ♥ Nail Salon | 9:00 ♥ Helping Hands 12 9:30 🌿 Tournament of Champions 10:00 🎓 Art Attack 11:00 ♥ Morning Strolls 2:00 🎓 Trivia 3:00 🍷 Fun on the Run - Activity Trolley | |
| 2:30 🍷 Tea Social 13 | 9:00 ♥ Helping Hands 14 9:45 🙏 Morning Prayers 10:30 ♥ Spring Time Melodies 11:00 ♥ Art Attack 11:15 🍷 Tea for Two 11:30 ♥ Morning Strolls 2:00 🎓 Bingo 2:15 🍷 Fun on the Run - Activity Trolley 3:00 🍷 Giggles in the Garden 3:30 ♥ Nail Salon | 9:00 ♥ Helping Hands 15 9:30 🌿 Tournament of Champions 10:00 🎓 Trivia 10:30 🎓 Reading Circle 11:30 ♥ Morning Strolls 2:00 🎓 20 Questions 2:30 🍷 Bubbles on the Balcony 6:00 ♥ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley | 9:00 ♥ Helping Hands 16 9:30 🎓 Morning News 10:00 🌿 Move and Groove 10:30 🎓 Amazing Animals 11:00 🍷 Fun on the Run - Activity Trolley 11:30 ♥ Morning Strolls 2:30 🎓 Virtual Vacation: Jamaica 3:00 ♥ Afternoon Musical 3:15 ♥ Phone a Friend 3:30 ♥ Nail Salon | 9:00 ♥ Helping Hands 17 10:00 🌿 Tournament of Champions 10:30 🎓 News and Views 11:00 ♥ Tea for Two 11:30 ♥ Morning Strolls 2:30 🍷 Strawberry Tea Party 3:00 ♥ Afternoon Matinee 3:15 ♥ Phone a Friend | 9:00 ♥ Helping Hands 18 9:30 🎓 Reading Circle 10:00 🌿 Move and Groove 10:30 🎓 Weather Watcher 11:00 ♥ Tea for Two 11:30 ♥ Morning Strolls 2:00 🍷 Friday (ice cream) Flavours 2:30 ♥ Spring Time Melodies 3:00 🍷 Green Thumbs 3:30 ♥ Nail Salon | 10:30 🎓 Trivia 19 2:30 🍷 Tea Social | |
| Father's Day Summer Begins 2:30 🍷 Tea Social 20 | 9:00 ♥ Helping Hands 21 9:45 🙏 Morning Prayers 10:30 ♥ Spring Time Melodies 11:00 ♥ Art Attack 11:15 🍷 Tea for Two 11:30 ♥ Morning Strolls 12:00 🍷 Father's Day BBQ 2:00 🎓 Bingo 2:15 🍷 Fun on the Run - Activity Trolley 3:00 🍷 Giggles in the Garden 3:30 ♥ Nail Salon | 9:00 ♥ Helping Hands 22 9:30 🌿 Tournament of Champions 10:00 🎓 Trivia 10:30 🎓 Reading Circle 11:30 ♥ Morning Strolls 2:00 🎓 20 Questions 2:30 🍷 Bubbles on the Balcony 6:00 ♥ Phone a Friend 6:15 🍷 Outdoor Cafe 7:30 🍷 Fun on the Run - Activity Trolley | 10:00 🌿 Move and Groove 23 10:30 🎓 Amazing Animals 11:00 🍷 Tea for Two 2:00 🍷 Summertime Social 3:00 ♥ Afternoon Musical 3:15 ♥ Phone a Friend 3:30 ♥ Nail Salon 6:00 ♥ Helping Hands 6:30 ♥ Evening Strolls 7:00 🍷 Fun on the Run - Activity Trolley | 10:00 🌿 Tournament of Champions 24 10:30 🎓 News and Views 11:00 ♥ Tea for Two 2:00 ♥ Bubbles on the Balcony 2:30 🍷 Wine & Cheese Social 3:00 ♥ Afternoon Matinee 3:15 ♥ Phone a Friend 6:00 ♥ Helping Hands 6:30 ♥ Evening Strolls 7:00 🍷 Fun on the Run - Activity Trolley | 9:00 ♥ Helping Hands 25 9:30 🎓 Reading Circle 10:00 🌿 Move and Groove 10:30 🎓 Weather Watcher 11:00 ♥ Tea for Two 11:30 ♥ Morning Strolls 2:00 🍷 Friday (ice cream) Flavours 2:30 ♥ Spring Time Melodies 3:00 🍷 Green Thumbs 3:30 ♥ Nail Salon | 10:00 🌿 Move and Groove 26 10:30 🎓 Trivia 2:30 🍷 Tea Social | |
| 2:30 🍷 Tea Social 27 | 9:45 🙏 Morning Prayers 28 2:00 🎓 Bingo 3:00 🍷 Giggles in the Garden 3:30 ♥ Nail Salon 6:00 ♥ Helping Hands 6:30 ♥ Art Attack 7:00 ♥ Evening Strolls | 9:00 ♥ Helping Hands 29 9:30 🌿 Tournament of Champions 10:00 🎓 Trivia 11:00 ♥ Morning Strolls 2:00 🎓 20 Questions 3:00 🍷 Bubbles on the Balcony | 9:00 ♥ Helping Hands 30 9:30 🌿 Move and Groove 10:00 🎓 Amazing Animals 11:00 ♥ Morning Strolls 2:00 🍷 Summertime Social 3:00 ♥ Afternoon Musical 3:15 ♥ Phone a Friend | <p style="text-align: center;">June Highlights</p> June 3rd - Virtual Vacation: Italy June 10th - Easy Breezy Iced Tea Party June 16th - Virtual Vacation: Jamaica June 17th - Strawberry Tea Party June 21st - Father's Day BBQ June 24th - Wine & Cheese Social | | |  |