

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>July cont'd</p> <p>31</p> <p>Uncommon Instrument Awareness Day</p> <p>2:30 🍷 Refreshments</p> | <p>Recreation</p> <p>Coordinator: Kim Barton</p> <p>Phone Number: 416-964-9231 x234</p> <p>Email: kbarton@belmonthouse.com</p> <p>*Practise social distancing!*</p> <p>*Calendar subject to change*</p> | <p>July Highlights</p> <p>1st - Canada Day</p> <p>7th - World Chocolate Day</p> <p>29th - Guitar & Sing Along with Doug</p> <p>Tuesdays - Canadian Cuisine & Chat</p> | | | <p>Canada Day - 155</p> <p>10:30 🎓 Canadian Cranium Crunch</p> <p>12:00 🍷 Canada Day Dinner</p> <p>2:30 🍷 Refreshments</p> | <p>World UFO Day</p> <p>11:30 ❤️ Sensory Stimulation</p> <p>2:30 🍷 Refreshments</p> <p>3:00 ❤️ Stories of Space and such</p> |
| <p>2:30 🍷 Refreshments</p> <p>3</p> | <p>9:30 ❤️ Friendly Visits</p> <p>10:00 ❤️ Let's Get Growing</p> <p>10:30 🎯 Bowling</p> <p>11:00 🎓 Cranium Crunch</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 🎓 Amazing Animals: Koko the Gorilla</p> <p>3:00 ❤️ Musical Reflections: Mitch Miller</p> <p>3:30 ❤️ Spa</p> <p>4</p> | <p>9:15 ❤️ Dolls and Dogs with Dignity</p> <p>9:45 🙏 Morning Prayers</p> <p>10:30 🎯 Bean Bag Baseball</p> <p>11:00 🎓 Current Events</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Fun on the Run</p> <p>2:30 ❤️ Canadian Cuisine & Chat</p> <p>3:30 🍷 A Day at the Theatre</p> <p>5</p> | <p>International Kissing Day</p> <p>9:30 🎯 Rise and Shine</p> <p>10:30 ❤️ Friendly Visits</p> <p>10:30 🎓 Learning about Leisure</p> <p>11:00 🙏 Hymn Sing</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Let's Get Growing</p> <p>2:30 🎓 Biography: Orville Redenbacher</p> <p>3:00 ❤️ Artist Corner</p> <p>6</p> | <p>Global Forgiveness Day</p> <p>World Chocolate Day</p> <p>9:30 ❤️ Friendly Visits</p> <p>10:00 🎓 Let's Reminisce</p> <p>11:00 🎯 Balloon Badminton</p> <p>11:30 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Fun on the Run</p> <p>2:30 ❤️ Chocolate & Chat</p> <p>3:00 ❤️ Helping Hands</p> <p>7</p> | <p>9:30 🎯 Rise and Shine</p> <p>10:15 🎓 Friday Funnies</p> <p>11:00 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Belmont Petting Zoo</p> <p>2:00 🍷 Ice Cream Social</p> <p>3:00 ❤️ Television Concert</p> <p>3:15 ❤️ Friendly Visits</p> <p>8</p> | <p>Nunavut Day</p> <p>2:30 🍷 Refreshments</p> <p>3:00 🎓 Cranium Crunch</p> <p>9</p> |
| <p>2:30 🍷 Refreshments</p> <p>10</p> | <p>World Population Day</p> <p>9:30 ❤️ Friendly Visits</p> <p>10:30 🎯 Bowling</p> <p>11:00 🎓 Cranium Crunch</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 🎓 Amazing Animals</p> <p>3:00 ❤️ Musical Reflections</p> <p>3:30 ❤️ Spa</p> <p>6:15 🎯 Hit the Target!</p> <p>7:00 🍷 Movie Night</p> <p>7:15 ❤️ Friendly Visits</p> <p>11</p> | <p>9:15 ❤️ Dolls and Dogs with Dignity</p> <p>9:45 🙏 Morning Prayers</p> <p>10:30 🎯 Bean Bag Baseball</p> <p>11:00 🎓 Scattergories</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Let's Get Growing</p> <p>2:30 ❤️ Canadian Cuisine & Chat</p> <p>3:00 ❤️ Spa</p> <p>3:30 🍷 A Day at the Theatre</p> <p>12</p> | <p>9:30 🎯 Rise and Shine</p> <p>10:30 ❤️ Friendly Visits</p> <p>10:30 🎓 Learning about Leisure</p> <p>11:00 🙏 Hymn Sing</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Fun on the Run</p> <p>2:30 🎓 Bingo</p> <p>3:00 ❤️ Reading Circle</p> <p>13</p> | <p>Bastille Day</p> <p>9:30 ❤️ Friendly Visits</p> <p>10:00 🎓 This Day in History</p> <p>11:00 🎯 Balloon Badminton</p> <p>11:30 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Let's Get Growing</p> <p>2:30 🎓 Cranium Crunch</p> <p>2:30 🎓 Travelogue: France</p> <p>3:00 ❤️ Helping Hands</p> <p>14</p> | <p>9:30 🎯 Rise and Shine</p> <p>10:15 🎓 Cranium Crunch</p> <p>11:00 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 🍷 Musical Reflections</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:00 ❤️ A Day at the Theatre</p> <p>3:15 ❤️ Helping Hands</p> <p>15</p> | <p>World Snake Day</p> <p>2:30 🍷 Refreshments</p> <p>3:00 ❤️ Short Stories</p> <p>16</p> |
| <p>2:30 🍷 Refreshments</p> <p>17</p> | <p>World Listening Day</p> <p>9:30 ❤️ Friendly Visits</p> <p>10:30 🎯 Bowling</p> <p>11:00 🎓 Cranium Crunch</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 🎓 Amazing Animals: Snake</p> <p>2:00 ❤️ Let's Get Growing</p> <p>3:00 🎓 Name that Sound or Song</p> <p>3:30 ❤️ Spa</p> <p>6:15 🎯 Hit the Target!</p> <p>7:00 🍷 Movie Night</p> <p>7:15 ❤️ Friendly Visits</p> <p>18</p> | <p>9:15 ❤️ Dolls and Dogs with Dignity</p> <p>9:45 🙏 Morning Prayers</p> <p>10:30 🎯 Bean Bag Baseball</p> <p>11:00 🎓 Current Events</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Friendly Visits</p> <p>2:00 ❤️ Fun on the Run</p> <p>2:30 ❤️ Canadian Cuisine & Chat</p> <p>3:30 🍷 A Day at the Theatre</p> <p>19</p> | <p>International Cake Day</p> <p>9:30 🎯 Rise and Shine</p> <p>10:30 ❤️ Friendly Visits</p> <p>10:30 🎓 Learning about Leisure</p> <p>11:00 🙏 Hymn Sing</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Let's Get Growing</p> <p>2:30 🎓 Biography: Janet Leigh</p> <p>3:00 ❤️ Artist Corner</p> <p>20</p> | <p>9:30 ❤️ Friendly Visits</p> <p>10:00 🎓 Let's Reminisce</p> <p>11:00 🎯 Balloon Badminton</p> <p>11:30 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Fun on the Run</p> <p>2:30 🍷 Happy Hour</p> <p>3:00 ❤️ Helping Hands</p> <p>21</p> | <p>9:30 🎯 Rise and Shine</p> <p>10:15 🎓 Friday Funnies</p> <p>11:00 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Musical Reflections</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:00 ❤️ Television Concert</p> <p>3:15 ❤️ Friendly Visits</p> <p>22</p> | <p>2:30 🍷 Refreshments</p> <p>3:00 🎓 Cranium Crunch</p> <p>23</p> |
| <p>2:30 🍷 Refreshments</p> <p>24</p> | <p>2:00 ❤️ Fun on the Run</p> <p>2:30 🎓 Cranium Crunch: Uncommon Instruments</p> <p>3:00 ❤️ Musical Reflections</p> <p>3:30 ❤️ Spa</p> <p>6:15 🎯 Hit the Target!</p> <p>7:00 🍷 Movie Night</p> <p>7:15 ❤️ Friendly Visits</p> <p>25</p> | <p>9:15 ❤️ Dolls and Dogs with Dignity</p> <p>9:45 🙏 Morning Prayers</p> <p>10:30 🎯 Bean Bag Baseball</p> <p>11:00 🎓 Scattergories</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Let's Get Growing</p> <p>2:30 ❤️ Canadian Cuisine & Chat</p> <p>3:00 ❤️ Spa</p> <p>3:30 🍷 A Day at the Theatre</p> <p>26</p> | <p>9:30 🎯 Rise and Shine</p> <p>10:30 ❤️ Friendly Visits</p> <p>10:30 🎓 Learning about Leisure</p> <p>11:00 🙏 Hymn Sing</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Fun on the Run</p> <p>2:30 🎓 Bingo</p> <p>3:00 ❤️ Reading Circle</p> <p>27</p> | <p>9:30 ❤️ Friendly Visits</p> <p>10:00 ❤️ Poetry Corner: Poems on Friendship</p> <p>11:00 🎯 Balloon Badminton</p> <p>11:30 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Let's Get Growing</p> <p>2:30 🎓 Let's Chat about Uncommon Instruments</p> <p>3:00 ❤️ Helping Hands</p> <p>28</p> | <p>International Tiger Day</p> <p>9:30 🎯 Rise and Shine</p> <p>10:15 🎓 Amazing Animals: Tiger</p> <p>11:00 ❤️ Videochat with Family</p> <p>11:30 ❤️ Walk about Belmont</p> <p>2:00 ❤️ Guitar and Sing Along with Doug</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:00 ❤️ A Day at the Theatre</p> <p>3:15 ❤️ Helping Hands</p> <p>29</p> | <p>International Day of Friendship</p> <p>2:30 🍷 Refreshments</p> <p>3:00 ❤️ Short Stories</p> <p>30</p> |