


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>July cont'd</b></p> <p>2:30 ☞ Refreshments</p> <p><b>31</b></p>	<p><b>Recreation Coordinator:</b> Azaz Hossain <b>Phone number:</b> 416-964-9231 Ext: 215 <b>Email:</b> ahossain@belmonthouse.com</p>	<p><b>July Highlights</b> 1st-Canada Day 6th &amp; 20th- Live Music with Doug 8th - Petting Zoo 21st- Blueberry Social 28th-Cupcake Social</p>				<p><b>Canada Day</b></p> <p>11:00 ☞ This Day in History</p> <p>2:30 ☞ Refreshments</p> <p><b>1</b></p>	<p>10:00 ☞ News and Views</p> <p>10:30 ♥ Morning Movie</p> <p>2:30 ☞ Refreshments</p> <p><b>2</b></p>
<p>2:30 ☞ Refreshments</p> <p><b>3</b></p>	<p>9:30 ☞ Let's Talk: American Independence Day</p> <p>2:00 ♥ Musical Journey: Rock N' Roll</p> <p>2:30 ☞ Refreshments</p> <p><b>4</b></p>	<p>9:30 ♥ Sensory Stimulation</p> <p>10:00 ☞ Active Games</p> <p>10:30 ☞ Animal Facts: Dolphin</p> <p>11:00 ♥ Friendly Visits</p> <p>11:00 ☞ Physio Fitness</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:30 ☞ Bingo</p> <p>3:30 ☞ Afternoon Tea</p> <p><b>5</b></p>	<p>9:30 ☞ Rise and Shine</p> <p>10:00 ☞ Reading Out and Talking about Daily Chronicle</p> <p>10:30 ☞ Crossword Puzzles: Oh Canada</p> <p>11:00 ☞ Live Music with Doug</p> <p>2:00 ♥ Famous Faces</p> <p>3:00 ♥ Let's Giggle</p> <p>3:30 ☞ Friendly Visits</p> <p><b>6</b></p>	<p>9:30 ☞ Reading Out and Talking about Daily Chronicle</p> <p>10:00 ☞ Matching Puzzles</p> <p>10:30 ☞ Physio Fitness</p> <p>11:00 ☞ Morning Prayers</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:00 ☞ Trivia: Canada Day</p> <p>3:00 ☞ Famous Faces</p> <p>3:30 ☞ Friendly Visits</p> <p>7:00 ☞ Evening Entertainment</p> <p><b>7</b></p>	<p>9:30 ☞ Active Games</p> <p>10:00 ♥ This Day in History</p> <p>10:30 ☞ Sing Along</p> <p>11:00 ☞ Strolling in the Garden</p> <p>11:30 ☞ Video chats with families</p> <p>2:00 ☞ Belmont Petting Zoo and Refreshments - North Garden</p> <p>3:30 ☞ Friendly Visits</p> <p><b>8</b></p>	<p>10:00 ☞ News and Views</p> <p>10:30 ♥ Morning Movie</p> <p>2:30 ☞ Refreshments</p> <p><b>9</b></p>	
<p>2:30 ☞ Refreshments</p> <p><b>10</b></p>	<p>9:30 ☞ Daily Chronicle</p> <p>10:30 ☞ Let's Talk: Women's Rights</p> <p>11:00 ☞ Video chats with families</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:00 ☞ Reading Together</p> <p>3:00 ♥ Musical Journey: Andre Reiu</p> <p>3:30 ☞ Friendly Visits</p> <p><b>11</b></p>	<p>9:30 ♥ Sensory Stimulation</p> <p>10:00 ☞ Active Games</p> <p>10:30 ☞ Reminiscing</p> <p>11:00 ♥ Friendly Visits</p> <p>11:00 ☞ Physio Fitness</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:30 ☞ Bingo</p> <p>3:30 ☞ Afternoon Tea</p> <p><b>12</b></p>	<p>9:30 ☞ Rise and Shine</p> <p>10:00 ☞ Reading Out and Talking about Daily Chronicle</p> <p>10:30 ☞ Crossword Puzzles: Looney -Tunes</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:00 ♥ Famous Faces</p> <p>3:00 ♥ Let's Giggle</p> <p>3:30 ☞ Friendly Visits</p> <p><b>13</b></p>	<p>9:30 ☞ Reading Out and Talking about Daily Chronicle</p> <p>10:00 ☞ Matching Puzzles</p> <p>10:30 ☞ Physio Fitness</p> <p>11:00 ☞ Morning Prayers</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:00 ☞ Trivia: July Random</p> <p>3:00 ☞ Famous Faces</p> <p>3:30 ☞ Friendly Visits</p> <p>7:00 ☞ Evening Entertainment</p> <p><b>14</b></p>	<p>9:30 ☞ Active Games</p> <p>10:00 ♥ This Day in History</p> <p>10:30 ☞ Sing Along</p> <p>11:00 ☞ Strolling in the Garden</p> <p>11:30 ☞ Video chats with families</p> <p>2:30 ☞ Ice-cream Social</p> <p>3:30 ☞ Friendly Visits</p> <p><b>15</b></p>	<p>10:00 ☞ News and Views</p> <p>10:30 ♥ Morning Movie</p> <p>2:30 ☞ Refreshments</p> <p><b>16</b></p>	
<p>2:30 ☞ Refreshments</p> <p><b>17</b></p>	<p>9:30 ☞ Daily Chronicle</p> <p>10:30 ☞ Let's Talk: Summer Outdoor Games and Sports</p> <p>11:00 ☞ Video chats with families</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:00 ☞ Reading Together</p> <p>3:00 ♥ Musical Journey: Bee Gees</p> <p>3:30 ☞ Friendly Visits</p> <p><b>18</b></p>	<p>9:30 ♥ Sensory Stimulation</p> <p>10:00 ☞ Active Games</p> <p>10:30 ☞ Animal Facts: Penguin</p> <p>11:00 ♥ Friendly Visits</p> <p>11:00 ☞ Physio Fitness</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:30 ☞ Bingo</p> <p>3:30 ☞ Afternoon Tea</p> <p><b>19</b></p>	<p>9:30 ☞ Rise and Shine</p> <p>10:00 ☞ Reading Out and Talking about Daily Chronicle</p> <p>10:30 ☞ Crossword Puzzles: Bumblebee</p> <p>11:00 ☞ Live Music with Doug</p> <p>2:00 ♥ Manicure and Massage</p> <p>3:00 ♥ Let's Giggle</p> <p>3:30 ☞ Friendly Visits</p> <p><b>20</b></p>	<p>9:30 ☞ Morning Greetings</p> <p>10:00 ☞ Matching Puzzles</p> <p>10:30 ☞ Physio Fitness</p> <p>11:00 ☞ Morning Prayers</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:30 ☞ Blueberry Pie Social</p> <p>3:30 ☞ Friendly Visits</p> <p>6:00 ☞ Trivia: July Jeopardies</p> <p>7:00 ☞ Evening Entertainment</p> <p><b>21</b></p>	<p>9:30 ☞ Rise and Shine</p> <p>10:00 ♥ This Day in History</p> <p>10:30 ☞ Sing Along</p> <p>11:00 ☞ Strolling in the Garden</p> <p>11:30 ☞ Video chats with families</p> <p>2:30 ☞ Ice-cream Social</p> <p>3:30 ☞ Friendly Visits</p> <p><b>22</b></p>	<p>9:00 ☞ Morning Strolls</p> <p>10:00 ☞ News and Views</p> <p>10:30 ♥ Morning Movie</p> <p>2:30 ☞ Refreshments</p> <p><b>23</b></p>	
<p>2:30 ☞ Refreshments</p> <p><b>24</b></p>	<p>9:30 ☞ Daily Chronicle</p> <p>10:30 ☞ Let's Talk: International Friendship Day</p> <p>11:00 ☞ Video chats with families</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:30 ♥ Baking</p> <p>3:30 ☞ Friendly Visits</p> <p><b>25</b></p>	<p>9:30 ♥ Sensory Stimulation</p> <p>10:00 ☞ Active Games</p> <p>10:30 ☞ Reminiscing</p> <p>11:00 ♥ Friendly Visits</p> <p>11:00 ☞ Physio Fitness</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:30 ☞ Bingo</p> <p>3:30 ☞ Afternoon Tea</p> <p><b>26</b></p>	<p>9:30 ☞ Rise and Shine</p> <p>10:00 ☞ Reading Out and Talking about Daily Chronicle</p> <p>10:30 ☞ Crossword Puzzles: A Place in the Sun</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:00 ♥ Manicure and Massage</p> <p>3:00 ♥ Let's Giggle</p> <p>3:30 ☞ Friendly Visits</p> <p><b>27</b></p>	<p>9:30 ☞ Morning Greetings</p> <p>10:00 ☞ Matching Puzzles</p> <p>10:30 ☞ Physio Fitness</p> <p>11:00 ☞ Morning Prayers</p> <p>11:30 ☞ Strolling in the Garden</p> <p>2:30 ☞ Cupcake Social</p> <p>3:30 ☞ Friendly Visits</p> <p>6:00 ☞ Trivia: July IQ</p> <p>7:00 ☞ Evening Entertainment</p> <p><b>28</b></p>	<p>9:30 ☞ Rise and Shine</p> <p>10:00 ♥ This Day in History</p> <p>10:30 ☞ Sing Along</p> <p>11:00 ☞ Strolling in the Garden</p> <p>11:30 ☞ Video chats with families</p> <p>2:30 ☞ Ice-cream Social</p> <p>3:30 ☞ Friendly Visits</p> <p><b>29</b></p>	<p>9:30 ☞ Reading Out and Talking about Daily Chronicle</p> <p>10:00 ☞ News and Views</p> <p>10:30 ♥ Morning Movie</p> <p>2:30 ☞ Refreshments</p> <p>3:30 ☞ Friendly Visits</p> <p><b>30</b></p>	