



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 30 Sunflower Week 2:30 ☕ Refreshments	31 9:30 🌿 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:15 📖 Let's Talk : Sunflowers- Beauties & Benefits 2:45 ❤️ Sing Along with Tom Jones 3:15 ☕ Friendly Visits	Recreation Coordinator Azaz Hossain Phone Number 416-964-9231 Ext. 218			August Highlights August 3- Civic Holiday August 12- Caribbean Summerfest 2026 August 13- Caribbean Crooner Trivia August18- Cheers to Lemonade Social August 26- Ripple Rhythm August 28- Banana Split Social	1 Food Day Canada 2:30 🌿 Balloon Badminton 2:30 ☕ Refreshments
2 Canadian Open Begins Dog Days of Summer Week 2:30 ☕ Refreshments	3 Civic Holiday 12:00 ☕ Civic Holiday Dinner 2:30 📖 Let's Talk : Civic Holiday Facts	4 9:30 📖 Reading Monthly Gazette 10:30 ❤️ Pet Visit with Winnie 11:00 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:00 ☕ Dog Days Social 3:15 ❤️ Friendly Visits	5 9:30 🌿 Rise and Shine 10:00 📖 Morning Prayers 10:45 📖 Reading Daily Chronicle 1:30 🌿 Walking For Pleasure 2:00 📖 Crossword Puzzles: Spelling-Dog Days of Summer 2:45 ☕ Manicure and Massage 3:15 ☕ Friendly Visits	6 9:30 🌿 Balloon Badminton 10:00 ☕ Sun-sational Art! 10:30 🌿 Physio Fitness 11:00 ☕ Friendly Visits 1:00 ☕ Bingo in the Garden 2:30 📖 Dog Days Trivia 3:30 📖 Puzzles: Matching Sunny Days 4:00 🌿 Gardening 6:30 ❤️ Sensory Stimulation 7:00 ☕ You Lead the Way	7 International Beer Day 9:30 🌿 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌿 Walking For Pleasure 2:30 ☕ Ice Cream Social - Stillman Garden	8 International Cat Day 9:30 🌿 Balloon Badminton 2:30 📖 Reading Daily Chronicle 2:30 ☕ Refreshments 3:15 ☕ You Lead the Way
9 Caribbean Week 2:30 ☕ Refreshments	10 9:30 🌿 Active Games 10:00 📖 Reading Daily Chronicle 10:45 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:15 📖 Let's Talk : Caribbean Islands 2:45 ❤️ Sing Along with Caribbean Crooner 3:15 ☕ Friendly Visits	11 9:30 📖 Reading Daily Chronicle 10:30 ❤️ Pet Visit with Winnie 11:00 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:00 ☕ Soca Social 3:15 ❤️ Friendly Visits	12 Caribbean Summerfest 2026 12:00 ☕ Caribbean Summerfest 2026	13 9:30 🌿 Ball Toss 10:00 ☕ Lovely Lemons Arts! 10:30 🌿 Physio Fitness 10:30 ☕ Strolling in the Garden 1:30 ☕ Bingo 2:30 📖 Caribbean Crooner Trivia 3:30 ☕ Friendly Visits	14 9:30 🌿 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌿 Walking For Pleasure 2:30 ☕ Ice Cream Social - Stillman Garden	15 World Honey Bee Day 2:30 🌿 Balloon Badminton 2:30 ☕ Refreshments
16 Sunshine & Citrus Week 2:30 ☕ Refreshments	17 9:30 🌿 Rise and Shine 10:00 📖 Reading Baby Boomers Recognition 10:45 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:15 📖 Let's Talk : Summer Citrus Fruits 2:45 ❤️ Sing Along Summer Songs 3:15 ☕ Friendly Visits	18 9:30 📖 Reading Daily Chronicle 10:30 ❤️ Pet Visit with Winnie 11:00 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:00 ☕ Cheers to Lemonade Social 3:15 ❤️ Friendly Visits	19 9:30 🌿 Rise and Shine 10:00 📖 Morning Prayers 10:45 📖 Reading Daily Chronicle 1:30 🌿 Walking For Pleasure 2:00 📖 Crossword Puzzles: Citrus Secret 2:45 ☕ Manicure and Massage 3:15 ☕ Friendly Visits	20 10:30 🌿 Physio Fitness 1:00 ☕ Bingo in the Garden 2:30 📖 Sunshine & Citrus Trivia 3:30 📖 Puzzles: Matching Limes & Lemons 4:00 🌿 Gardening 6:30 ❤️ Sensory Stimulation 7:00 ☕ You Lead the Way	21 Canadian National Exhibition Opens 9:30 🌿 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌿 Walking For Pleasure 2:30 ☕ Ice Cream Social - Stillman Garden	22 2:30 🌿 Balloon Badminton 2:30 ☕ Refreshments
23 "Let's Go to the Ex!" Week 2:30 ☕ Refreshments	24 Ukraine Independence Day 9:30 🌿 Rise and Shine 10:00 📖 Ukrainian Fun Facts 10:45 🌿 Active Games 12:00 ☕ Ukrainian Dinner 1:30 🌿 Walking for Pleasure 2:15 📖 Let's Talk: CNE 2:45 ❤️ Sing Along Sunshine Songs 3:15 ❤️ Friendly Visits	25 10:30 ❤️ Pet Visit with Winnie 2:00 ☕ Funnel Cake Fun Social	26 World Humanitarian Day 10:00 📖 Morning Prayers 2:00 ☕ Ripple Rhythm Drumming Circle - Stillman Garden	27 10:00 🌿 Balloon Badminton 10:30 🌿 Physio Fitness 2:30 📖 Carnival Trivia	28 10:00 📖 Hymn Sing 2:30 ☕ Banana Split Social - Stillman Garden	29 2:30 🌿 Balloon Badminton 2:30 ☕ Refreshments
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