

JULY 2026



5 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Co-Ordinator: Devon Phone Number: (416) 964-9231 ext.217	July Highlights July 1 – Canada Day July 1 – Afternoon Canadian Caravan July 7 - Chocolate Social July 14 – Grand slam social July 20 – Lunar Landing Anniversary (1969) July 21 – Moon Pie Social July 28 – Bit and Bites social		Canada Day 1 12:00 🇨🇦 Canada Day Dinner 1:45 ❤️ Sing Along 2:00 🇨🇦 Afternoon Canada Caravan 2:30 ❤️ Refreshments	2 9:30 🌿 Morning Stretch 10:15 📖 Crossword Solvers 1:45 ❤️ Artist Corner 2:30 📖 Canadian Trivia 3:00 🇨🇦 Outdoor Strolls	3 9:30 🌿 Morning Stretch 10:30 ❤️ Story Time 1:00 🇨🇦 Friendly visit with Kiana 1:45 📖 This day in History 2:15 ❤️ Travel Guide: Barcelona 2:30 🇨🇦 Ice Cream Social 3:30 ❤️ Sensory Stimulation	4 Tour de France begins 1:45 ❤️ Sing Along 2:30 🇨🇦 Refreshments
Chocolate Appreciation Week 5 2:30 🇨🇦 Refreshments	6 9:45 🙏 Morning Prayers 10:30 🇨🇦 Outdoor Strolls 11:00 🌿 Balloon Tennis 1:45 📖 Lets Talk: Tour De France 2:30 ❤️ Sing Along 3:15 📖 Trivia	7 World Chocolate Day 2:30 🇨🇦 Chocolate Social 3:30 🙏 Quiet Reflections 4:00 🌿 Ball Toss 4:00 🇨🇦 Friendly visit with Emma 6:30 ❤️ Evening series 7:00 🇨🇦 Outdoor Strolls	8 9:30 🌿 Morning Stretch 10:30 🙏 Hymn Sing 10:45 ❤️ Pet visits with Geoff and Milo 1:45 🇨🇦 Caring Conversations 2:30 ❤️ Melodies & Memories 3:00 🌿 Balloon Tennis	9 9:30 🌿 Morning Stretch 10:15 📖 Crossword Solvers 1:45 ❤️ Artist Corner 2:30 📖 Chocolate Trivia 3:00 🌿 Green Thumbs	10 9:30 🌿 Morning Stretch 10:30 ❤️ Story Time 1:00 🇨🇦 Friendly visit with Kiana 1:45 📖 Travel Guide: Switzerland 2:00 ❤️ HASO Presents 3:30 ❤️ Sensory Stimulation	11 1:45 ❤️ Sing Along 2:30 🇨🇦 Refreshments
Baseball Week Wimbledon Finals 12 2:30 🇨🇦 Refreshments	13 9:45 🙏 Morning Prayers 10:30 🇨🇦 Outdoor Strolls 11:00 🌿 Balloon Tennis 1:45 📖 Celebrity Spotlight: Rembrandt 2:30 ❤️ Sing Along 3:15 📖 Trivia	14 2:30 🇨🇦 Grand Slam Social 3:30 🙏 Quiet Reflections 4:00 🌿 Ball Toss 4:00 🇨🇦 Friendly visit with Emma 6:30 ❤️ Evening series 7:00 🇨🇦 Outdoor Strolls 8:00 ❤️ MLB All-Star Game	15 9:30 🌿 Morning Stretch 10:30 🙏 Hymn Sing 10:45 ❤️ Pet visits with Geoff and Milo 1:45 🇨🇦 Caring Conversations 2:30 ❤️ Melodies & Memories 3:00 🌿 Balloon Tennis	16 9:30 🌿 Morning Stretch 10:15 📖 Crossword Solvers 1:45 ❤️ Artist Corner 2:30 📖 Baseball Trivia 3:00 🇨🇦 Outdoor Strolls	17 9:30 🌿 Morning Stretch 10:30 ❤️ Story Time 1:00 🇨🇦 Friendly visit with Kiana 1:45 📖 This day in History 2:15 ❤️ Travel Guide: Kenya 2:30 🇨🇦 Ice Cream Social 3:30 ❤️ Sensory Stimulation	18 Nelson Mandela International Day 1:45 ❤️ Sing Along 2:30 🇨🇦 Refreshments
Space Week 19 2:30 🇨🇦 Refreshments 3:00 ❤️ FIFA World Cup Final	20 Lunar Landing Anniversary (1969) 9:45 🙏 Morning Prayers 10:30 🇨🇦 Outdoor Strolls 11:00 🌿 Balloon Tennis 1:45 📖 Lets Talk: Moon Landing 2:30 ❤️ Sing Along 3:15 📖 Trivia	21 2:30 🇨🇦 Moon Pie Social 3:30 🙏 Quiet Reflections 4:00 🌿 Ball Toss 4:00 🇨🇦 Friendly visit with Emma 6:30 ❤️ Evening series 7:00 🇨🇦 Outdoor Strolls	22 9:30 🌿 Morning Stretch 10:30 🙏 Hymn Sing 10:45 ❤️ Pet visits with Geoff and Milo 1:45 🇨🇦 Caring Conversations 2:30 ❤️ Melodies & Memories 3:00 🌿 Balloon Tennis	23 9:30 🌿 Morning Stretch 10:15 📖 Crossword Solvers 1:45 ❤️ Artist Corner 2:30 📖 Space Trivia 3:00 🌿 Green Thumbs	24 9:30 🌿 Morning Stretch 10:30 ❤️ Story Time 1:00 🇨🇦 Friendly visit with Kiana 1:45 📖 This day in History 2:15 ❤️ Travel Guide: Paris 2:30 🇨🇦 Ice Cream Social 3:30 ❤️ Sensory Stimulation	25 1:45 ❤️ Sing Along 2:30 🇨🇦 Refreshments
Shark Week 26 2:30 🇨🇦 Refreshments	27 9:45 🙏 Morning Prayers 10:30 🇨🇦 Outdoor Strolls 11:00 🌿 Balloon Tennis 1:45 📖 Celebrity Spotlight: Sylvester Stallone 2:30 ❤️ Sing Along 3:15 📖 Trivia	28 2:30 🇨🇦 Bits n Bites Social 3:30 🙏 Quiet Reflections 4:00 🌿 Ball Toss 4:00 🇨🇦 Friendly visit with Emma 6:30 ❤️ Evening series 7:00 🇨🇦 Outdoor Strolls	29 9:30 🌿 Morning Stretch 10:30 🙏 Hymn Sing 10:45 ❤️ Pet visits with Geoff and Milo 1:45 🇨🇦 Caring Conversations 2:30 ❤️ Melodies & Memories 3:00 🌿 Balloon Tennis	30 9:30 🌿 Morning Stretch 10:15 📖 Crossword Solvers 1:45 ❤️ Artist Corner 2:30 📖 Ocean Trivia 3:00 🇨🇦 Outdoor Strolls	31 9:30 🌿 Morning Stretch 10:30 ❤️ Story Time 1:00 🇨🇦 Friendly visit with Kiana 1:45 📖 This day in History 2:15 ❤️ Travel Guide: Norway 2:30 🇨🇦 Ice Cream Social 3:30 ❤️ Sensory Stimulation	