

FEBRUARY 2026

5 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
68th Grammy Awards 1 2:30 Refreshments	Groundhog Day 1 9:45 Morning Prayers 10:30 Winter Walks 11:00 Sing Along 1:30 Afternoon Stretch 2:30 Let's Talk: History of the Grammys 3:30 Winter Rally	1:00 Caring Conversations 2:00 Artistic Expressions 2:30 Quiet Reflections 3:30 Afternoon Stretch 4:00 It's Puzzling 6:30 Evening series 7:00 Winter Walks	9:30 Morning Stretch 10:30 Hymn Sing 11:15 Bean Bag Toss 2:00 Caring Conversations 2:30 Memorial Service - Auditorium 3:30 Winter Walks	9:30 Morning Stretch 10:30 Crossword Solvers 11:00 Caring Conversations 1:15 Art with Upper Canada College - Auditorium 2:30 Winter Walks 3:00 Melodies & Memories	Winter Olympics Begins 5 9:30 Morning Stretch 10:30 Fireside Stories 1:30 Tabletop Curling 2:00 Milano Cortina Opening Ceremony 2:30 Hot Chocolate Social 3:00 Winter Walks	1:00 Caring Conversations with Laurence 1:45 Sing Along 2:30 Refreshments
Super Bowl LX 8 2:30 Refreshments	9:45 Morning Prayers 10:30 Winter Walks 11:00 Sing Along 1:30 Afternoon Stretch 2:30 Super Bowl Social 3:30 Winter Rally	1:00 Caring Conversations 2:00 Artistic Expressions 2:30 Quiet Reflections 3:30 Afternoon Stretch 4:00 It's Puzzling 6:30 Evening series 7:00 Winter Walks	Recreation Awareness Day 10 9:30 Morning Stretch 10:30 Hymn Sing 11:15 Olympic Ring Toss 2:00 Caring Conversations 2:30 Television Concert 3:00 Winter Walks 4:00 Recreation Awareness Day - Walker Cafe	9:30 Morning Stretch 10:30 Crossword Solvers 11:00 Caring Conversations 1:30 Artist Corner: Shade, Set, Match 2:30 Winter Walks 3:00 Melodies & Memories	9:30 Morning Stretch 10:30 Milano Cortina 2026 weekly medal review 11:00 Winter Walks 1:30 Tabletop Curling 2:30 Winter Walks 3:00 Melodies & Memories	Valentine's Day 14 10:15 Winter Rally 1:00 Caring Conversations with Laurence 1:45 Sing Along 2:30 Refreshments 5:00 Valentine's Day Dinner
2:30 Refreshments 15	Family Day 9:45 Morning Prayers 10:30 Winter Walks 11:00 Sing Along 1:30 Afternoon Stretch 2:30 Let's Talk: Motown Sounds 3:30 Winter Rally	Lunar New Year Shrove Tuesday 16 1:00 Caring Conversations 2:30 Lunar New Year Social 4:00 Artist Corner: Paper Lantern Craft 6:30 Evening series: Wonders of China 7:00 Winter Walks	Ash Wednesday 17 9:30 Morning Stretch 10:30 Hymn Sing 11:15 Olympic Ring Toss 2:00 Ash Wednesday Service - Chapel 2:30 Television Concert 3:00 Winter Walks	9:30 Morning Stretch 10:30 Crossword Solvers 11:00 Caring Conversations 1:30 Artist Corner: Fun with Flags 2:30 Winter Walks 3:00 Melodies & Memories	9:30 Morning Stretch 10:30 Milano Cortina 2026 weekly medal review 1:30 Tabletop Curling 2:00 Winter Walks 2:30 Hot Chocolate Social 3:00 Winter Escapes: Singapore	10:15 Winter Rally 1:00 Caring Conversations with Laurence 1:45 Sing Along 2:30 Refreshments
Winter Olympics Ends 22 2:00 Milano Cortina Closing Ceremony 2:30 Refreshments	National Cupcake Day 23 9:45 Morning Prayers 10:30 Winter Walks 11:00 Sing Along 1:30 Afternoon Stretch 2:30 Let's Talk: Cupcakes Galore 3:30 Winter Rally	1:00 Caring Conversations 2:00 Artistic Expressions 2:30 Quiet Reflections 3:30 Afternoon Stretch 4:00 It's Puzzling 6:30 Evening series 7:00 Winter Walks	9:30 Morning Stretch 10:30 Hymn Sing 11:15 Bean Bag Toss 2:00 Caring Conversations 2:30 Television Concert 3:00 Winter Walks	9:30 Morning Stretch 10:30 Crossword Solvers 11:00 Caring Conversations 1:30 Artist Corner: Olympic sports painting 2:30 Winter Walks 3:00 Melodies & Memories	9:30 Morning Stretch 10:30 Fireside Stories 1:30 Winter Rally 2:00 Winter Walks 2:30 Hot Chocolate Social 3:00 Winter Escapes: Italy	1:00 Caring Conversations with Laurence 1:45 Sing Along 2:30 Refreshments

Recreation Co-Ordinator:

Devon

Phone Number:

(416) 964-9231 ext.217

February Highlights

February 4 - Memorial Service

February 5 - Art with UCC

February 6 - Winter Olympics Opening Ceremony

February 8 - Super Bowl LX

February 13 - Valentine's Day Party

February 14 - Valentine's Day

February 17 - Lunar New Year Celebration



February is Black history month

February is Recreation awareness month

