

FEBRUARY 2026

4 West Walker Wing

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|--|---|
| Winterlude Theme Week 2:30 Refreshments | 1 Groundhog Day 9:30 Friendly Visits 10:00 Wonderful Winterlude Social 11:00 Famous Faces 1:45 Walk about Belmont 2:30 Biography: Bill Murray 3:15 A Day at the Theatre | 2 9:15 Dolls and Dogs with Dignity 9:45 Morning Prayers 10:30 Hit the Target! 1:45 Friendly Visits 2:00 Artistic Expressions with Sarah 3:15 Let's Build a Snowman | 3 1:30 Winter Walks 2:30 Memorial Service 4:00 Let's Talk: Ice Sculpting 6:30 Movie Night 7:20 Friendly Visits | 4 10:00 Rise and Shine 11:00 Scattergories 11:00 Short Stories 1:15 Art with UCC Students at Belmont 2:30 Travelogue: Skating the Rideau Canal 3:00 Fun on the Run | 5 Winter Olympics Begin 9:30 Bocce 10:30 Friendly Visits 11:00 Winter Walks 1:45 Musical Reflections 2:30 Hot Chocolate Social 3:00 A Day at the Theatre | 6 11:00 Short Stories 2:30 Refreshments |
| Love, Friendship and Kindness Theme Week Super bowl Sunday 2:30 Refreshments | 8 9:15 Rise and Shine 9:30 Love Song Sing Along 11:00 Famous Faces 1:45 Walk about Belmont 2:30 Biography: Tommy Douglas 3:15 Super Bowl Social | 9 9:15 Dolls and Dogs with Dignity 9:45 Morning Prayers 10:30 Hit the Target! 1:15 Current Events 2:00 Artistic Expressions with Sarah 3:15 Television Concert | 10 Recreation Awareness Day 1:30 Winter Walks 2:00 Recreation Awareness Day - Walker Cafe 2:30 Amazing Animals: Capybara Friendliest Wild Animal 4:00 This Day in History 6:30 Movie Night 7:20 Friendly Visits | 11 9:30 Table Games 10:00 Artist Corner: Making Kindness Cards 11:00 Short Stories 1:45 Table Games 2:30 Baking 3:00 Fun on the Run | 12 9:30 Artist Corner 10:30 Friendly Visits 11:00 Winter Walks 2:30 Valentines Day Party 3:00 Television Concert | 13 Valentine's Day 11:00 Short Stories 2:30 Refreshments 2:30 Scattergories 5:00 Valentine's Day Dinner |
| Winter Olympics Theme Week 2:30 Refreshments | 15 Family Day 2:00 Famous Faces | 16 Lunar New Year Shrove Tuesday 9:15 Dolls and Dogs with Dignity 9:45 Morning Prayers 10:30 Olympic Curling 1:45 Friendly Visits 2:00 Artistic Expressions with Sarah 3:15 Lunar New Year Social 5:00 Lunar New Year Dinner | 17 Ash Wednesday 1:30 Biography: Barbara Ann Scott, Canadian Gold Medalist 2:00 Ash Wednesday Service (Chapel) 3:00 Hymn Sing 4:00 Let's Talk: Olympic Ski Mountaineering 6:30 Movie Night 7:20 Friendly Visits | 18 9:30 Rise and Shine 10:00 Baking: Blueberry Muffins 11:00 Short Stories 1:45 Balloon Badminton 2:30 Trivia: Winter Olympics 3:00 Fun on the Run | 19 9:30 Olympic Ring Toss 10:30 Friendly Visits 11:00 Winter Walks 1:45 Musical Reflections 2:30 Hot Chocolate Social 3:00 A Day at the Theatre | 20 11:00 Short Stories 2:30 Refreshments 2:30 Scattergories |
| Black History Theme Week 2:30 Refreshments | 22 9:15 Rise and Shine 9:30 Friendly Visits 11:00 Musical Reflections: Civil Rights Songs 1:45 Walk about Belmont 2:30 Biography: Viola Desmond 3:15 Family Feud | 23 9:15 Dolls and Dogs with Dignity 9:45 Morning Prayers 10:30 Hit the Target! 1:15 Current Events 2:00 Artistic Expressions with Sarah 3:15 Television Concert: Nat King Cole | 24 1:30 Winter Walks 2:30 Amazing Animals: African Elephant 3:00 Gospel Sing 4:00 Let's Talk: Bands Inspired by Black Musicians 6:30 Movie Night 7:20 Friendly Visits | 25 9:30 Short Stories by Niel Degrasse Tyson 10:00 Cranium Crunch 10:30 Bingo 1:45 Ladder Ball 2:30 Travelogue: Egypt 3:00 Fun on the Run | 26 9:30 Artist Corner 10:30 Friendly Visits 11:00 Winter Walks 1:45 Musical Reflections 2:30 Hot Chocolate Social 3:00 Television Concert | 27 11:00 Short Stories 2:30 Refreshments |

Recreation Coordinator: Kyle

Phone Number:
416-964-9231 x234

February Highlights

Memorial Service - 4th

Art with UCC Students - 5th

Winter Olympics Begin - 6th

Superbowl LX - 8th

Valentines Day Party - 13th

Valentines Day - 14th

Lunar New Year - 17th

February

is

Black History Month!

and

Recreation Therapy Month!

