

# JANUARY 2026

# 3 West Sunshine Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Recreation Coordinator Hermela Phone Number 416-964-9321 ext 250</p> <p><b>January Highlights</b></p> <p>January 1st - Happy New Year January 5th - Christmas Takedown January 6th - Epiphany January 7th - Orthodox Christmas January 14th - Birthday Party in Auditorium January 25th - Robbie Burns</p>	<p><b>January Highlights</b></p> <p>January 1st - Happy New Year January 5th - Christmas Takedown January 6th - Epiphany January 7th - Orthodox Christmas January 14th - Birthday Party in Auditorium January 25th - Robbie Burns</p>			<p><b>New Years Day</b></p> <p>10:15  Balloon Tennis 1:45  Short Stories</p>	<p><b>St. Basil's Day</b></p> <p>9:30  Move to the Beat! 10:30  Historical Friday: St. Basil's 11:05  Hymn Sing 1:30  Colouring Arts 2:20  Winter Treats Ice Cream Social 3:15  Board Games</p>	<p>10:15  Balloon Tennis</p>
<p><b>Winter Fest Theme Week</b></p> <p>4 9:45  Christmas Takedown 2:30  Refreshments</p>	<p>5 9:30  Sunshine Yoga 10:00  Strolls about Belmont 2:15  Flower Arrangement 2:45  Discussion Group: Winter Sports 3:30  Friendly Visits</p>	<p>6 9:30  Epiphany 10:00  Sunshine Yoga 10:30  Morning Prayers 11:00  News of the Day! 2:00  Art Expressions with Sara - Craft room 3:15  Travelogue: North Pole</p>	<p>7 9:30  Orthodox Christmas 10:00  Sensory Touches 10:45  Pet Visits with Milo 11:00  Strolls about Belmont 2:30  Sing and Dance Along (Winter Edition) 3:15  Lets Play Bingo</p>	<p>8 1:00  1:1 Short Stories 2:30  Snow &amp; Hot Cocoa Social 3:30  1:1 Spiritual Corner 4:00  Indoor Gardening 6:30  Winter Trivia Night 7:00  Movie Night</p>	<p>9 9:30  Snowball Toss 10:30  Historical Fridays: Winter Festivals 11:05  Hymn Sing 1:30  Colouring Arts 2:20  Winter Treats Ice Cream Social &amp; Live Music 3:15  Board Games</p>	<p>10:15  Balloon Tennis 1:45  Trivia</p>
<p><b>Golden Globe Awards theme week</b></p> <p>11 9:30  Morning Stretch 10:30  Tales of Poetry 11:00  Doll therapy 1:30  1:1 Spiritual Corner 2:45  Guess that Celebrity!! 3:30  Friendly Visits</p>	<p>12 9:30  Sunshine Yoga 10:00  Strolls about Belmont 10:30  Morning Prayers 11:00  News of the Day! 2:00  Art Expressions with Sara - Craft room 3:15  Snow Globe Cupcakes</p>	<p>13 9:30  Balloon Tennis 10:00  Sensory Touches 10:45  Pet Visits with Milo 11:00  Strolls about Belmont 2:30  Birthday Party (for November, December &amp; January)</p>	<p>14 9:30  Balloon Tennis 10:00  Sensory Touches 10:45  Pet Visits with Milo 11:00  Strolls about Belmont 2:30  Birthday Party (for November, December &amp; January)</p>	<p>15 1:00  1:1 Short Stories 2:30  Golden Globe Affair! 3:30  1:1 Spiritual Corner 4:00  Indoor Gardening 6:30  Trivia Night 7:00  Movie Night</p>	<p>16 9:30  Move to the Beat! 10:30  Historical Fridays: Golden Globes 11:05  Hymn Sing 1:30  Colouring Arts 2:20  Winter Treats Ice Cream Social 3:15  Have You Ever?</p>	<p>10:15  Balloon Tennis 1:45  Trivia</p>
<p><b>Australia Theme Week</b></p> <p>18 2:45  Amazing Animals: Koalas &amp; Kangaroos 2:30  Refreshments</p>	<p>19 9:30  Sunshine Yoga 10:00  Strolls about Belmont 10:30  Morning Prayers 11:00  News of the Day! 2:00  Art Expressions with Sara - Craft room 3:15  Grandmas Kitchen: Fairy Bread</p>	<p>20 9:30  Sunshine Yoga 10:00  Sensory Touches 10:45  Pet Visits with Milo 11:00  Strolls about Belmont 1:30  1:1 Spiritual Corner 2:30  Sing and Dance Along 3:15  Lets Play Bingo</p>	<p>21 9:30  Balloon Tennis 10:00  Sensory Touches 10:45  Pet Visits with Milo 11:00  Strolls about Belmont 1:30  1:1 Spiritual Corner 2:30  Sing and Dance Along 3:15  Lets Play Bingo</p>	<p>22 1:00  1:1 Short Stories 2:30  Taste &amp; Travel: Australia 3:30  1:1 Spiritual Corner 4:00  Indoor Gardening 6:30  Trivia Night 7:00  Movie Night</p>	<p>23 9:30  Strolls about Belmont 10:30  Historical Fridays: Edith Cowan 11:05  Hymn Sing 1:30  Colouring Arts 2:20  Winter Treats Ice Cream Social 3:15  Board Games</p>	<p>10:15  Short Stories</p>
<p><b>Robbie Burn's Day Theme Week</b></p> <p>25 9:30  Morning Stretch 10:30  Tales of Poetry 11:00  Doll therapy 1:30  1:1 Spiritual Corner 2:30  Robbie Burn's Social 3:30  Friendly Visits</p>	<p>26 9:30  Sunshine Yoga 10:00  Strolls about Belmont 10:30  Morning Prayers 11:00  News of the Day! 2:00  Art Expressions with Sara - Craft room 3:15  Grandmas Kitchen: Shortbread</p>	<p>27 9:30  Sunshine Yoga 10:00  Sensory Touches 10:45  Pet Visits with Milo 11:00  Strolls about Belmont 1:30  1:1 Spiritual Corner 2:30  Sing and Dance Along 3:00  Music Therapy with Leah 3:15  Lets Play Bingo</p>	<p>28 9:30  Balloon Tennis 10:00  Sensory Touches 10:45  Pet Visits with Milo 11:00  Strolls about Belmont 1:30  1:1 Spiritual Corner 2:30  Sing and Dance Along 3:00  Music Therapy with Leah 3:15  Lets Play Bingo</p>	<p>29 1:00  1:1 Short Stories 2:30  Travelogue: Scotland 3:30  1:1 Spiritual Corner 4:00  Indoor Gardening 6:30  Trivia Night 7:00  Movie Night</p>	<p>30 9:30  Move to the Beat! 10:30  Historical Fridays: Burns Supper 11:05  Hymn Sing 1:30  Colouring Arts 2:20  Winter Treats Ice Cream Social 3:15  Have You Ever?</p>	<p>1:45  Trivia</p>