



<p><b>Recreation Coordinator:</b> Avery Tessler</p> <p><b>Phone Number:</b> 416-964-9321 ext 375</p>	<p align="center"><b>July Highlights</b></p> <p align="center"><b>July 1 – Canada Day</b></p> <p align="center"><b>July 1 – Afternoon Canadian Caravan</b></p> <p align="center"><b>July 2 – World Chocolate Day or Chocolate Social</b></p> <p align="center"><b>July 14 – Grand Slam Social</b></p> <p align="center"><b>July 20 – Lunar Landing Anniversary (1969)</b></p> <p align="center"><b>July 21 – Moon Pie Social</b></p> <p align="center"><b>July 28 – Bit and Bites Social</b></p>		<p><b>Canada Day</b></p> <p>12:00 🍷 <b>Canada Day Dinner</b></p> <p>2:00 ❤️ Afternoon Canada Caravan</p>	<p>9:45 🧘 Morning Stretch</p> <p>10:00 ❤️ Indoor Gardening</p> <p>10:30 🙏 Hymn Sing Along</p> <p>1:30 ❤️ Short Stories</p> <p>2:30 🎓 Canadian Trivia</p> <p>3:30 🧘 Ball Toss</p>	<p>9:30 🧘 Sunshine Yoga</p> <p>10:00 ❤️ Baking Bread</p> <p>1:30 ❤️ Colouring Arts</p> <p>2:00 ❤️ Sing Along with Avery</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:15 ❤️ Friendly Visits</p>	<p><b>Tour de France Begins</b></p> <p>10:15 🧘 Balloon Badminton</p>
<p><b>Chocolate Appreciation Week</b></p> <p>2:30 🍷 Refreshments</p>	<p>1:30 ❤️ Doll Therapy</p> <p>2:30 🎓 Amazing Animals: Camel</p> <p>3:30 🧘 Bean Bag Toss</p> <p>4:15 🎓 Short Stories</p> <p>6:30 ❤️ Sensory Stimulation</p> <p>7:00 ❤️ Monday Movie Night</p>	<p><b>World Chocolate Day</b></p> <p>9:30 🧘 Morning Stretch</p> <p>10:00 🧘 Strolls about Belmont</p> <p>10:30 🙏 Morning Prayers</p> <p>11:00 🎓 Nice News of the Day!</p> <p>1:30 ❤️ Terrace Time</p> <p>2:30 🍷 Chocolate Social</p> <p>3:30 🍷 Friendly Visits</p>	<p>9:30 🧘 Balloon Badminton</p> <p>10:15 ❤️ Aromatherapy</p> <p>11:00 🎓 Let's Play Bingo</p> <p>1:30 🙏 Spiritual Corner</p> <p>1:45 ❤️ 1:1 Short Stories</p> <p>2:30 ❤️ Spa: Nails and Hand Massages</p> <p>3:15 ❤️ Terrace Time</p>	<p>9:45 🧘 Morning Stretch</p> <p>10:00 ❤️ Indoor Gardening</p> <p>10:00 ❤️ Pet Visits with Ann and Pierre</p> <p>10:30 🙏 Hymn Sing Along</p> <p>1:30 ❤️ Short Stories</p> <p>2:30 🎓 Chocolate Trivia</p> <p>3:30 🧘 Ball Toss</p>	<p>9:30 🧘 Sunshine Yoga</p> <p>11:00 🎓 Historical Fridays</p> <p>1:30 ❤️ Colouring Arts</p> <p>2:00 ❤️ Sing Along with Avery</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:15 ❤️ Friendly Visits</p>	<p>10:15 🧘 Balloon Badminton</p>
<p><b>Baseball Week Wimbledon Finals</b></p> <p>2:30 🍷 Refreshments</p>	<p>1:30 ❤️ Doll Therapy</p> <p>2:30 🎓 Amazing Animals: Blue Jays</p> <p>3:30 🧘 Bean Bag Toss</p> <p>4:15 🎓 Short Stories</p> <p>6:30 ❤️ Sensory Stimulation</p> <p>7:00 ❤️ Monday Movie Night</p>	<p>9:30 🧘 Morning Stretch</p> <p>10:00 🧘 Strolls about Belmont</p> <p>10:30 🙏 Morning Prayers</p> <p>11:00 🎓 Nice News of the Day!</p> <p>1:30 ❤️ Terrace Time</p> <p>2:30 🍷 Grand Slam Social</p> <p>3:30 🍷 Friendly Visits</p> <p>8:00 ❤️ MLB All-Star Game</p>	<p>9:30 🧘 Balloon Badminton</p> <p>10:15 ❤️ Aromatherapy</p> <p>11:00 🎓 Let's Play Bingo</p> <p>1:30 🙏 Spiritual Corner</p> <p>2:30 ❤️ Spa: Nails and Hand Massages</p> <p>3:15 ❤️ Terrace Time</p>	<p>9:45 🧘 Morning Stretch</p> <p>10:00 ❤️ Indoor Gardening</p> <p>10:30 🙏 Hymn Sing Along</p> <p>1:30 ❤️ Short Stories</p> <p>2:30 🎓 Baseball Trivia</p> <p>3:30 🧘 Ball Toss</p>	<p>9:30 🧘 Sunshine Yoga</p> <p>11:00 🎓 Historical Fridays</p> <p>1:30 ❤️ Colouring Arts</p> <p>2:00 ❤️ Sing Along with Avery</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:15 ❤️ Friendly Visits</p>	<p><b>Nelson Mandela International Day</b></p> <p>10:15 🧘 Balloon Badminton</p>
<p><b>Space Week</b></p> <p>2:30 🍷 Refreshments</p> <p>3:00 🧘 FIFA World Cup Final</p>	<p><b>Lunar Landing Anniversary (1969)</b></p> <p>1:30 ❤️ Doll Therapy</p> <p>2:30 🎓 Learn about Lunar Landing</p> <p>3:30 🧘 Bean Bag Toss</p> <p>4:15 🎓 Short Stories</p> <p>6:30 ❤️ Sensory Stimulation</p> <p>7:00 ❤️ Monday Movie Night</p>	<p>9:30 🧘 Morning Stretch</p> <p>10:00 🧘 Strolls about Belmont</p> <p>10:30 🙏 Morning Prayers</p> <p>11:00 🎓 Nice News of the Day!</p> <p>1:30 ❤️ Terrace Time</p> <p>2:30 🍷 Moon Pie Social</p> <p>3:30 🍷 Friendly Visits</p>	<p>9:30 🧘 Balloon Badminton</p> <p>10:15 ❤️ Aromatherapy</p> <p>11:00 🎓 Let's Play Bingo</p> <p>1:30 🙏 Spiritual Corner</p> <p>2:30 ❤️ Spa: Nails and Hand Massages</p> <p>3:15 ❤️ Terrace Time</p>	<p>9:45 🧘 Morning Stretch</p> <p>10:00 ❤️ Indoor Gardening</p> <p>10:30 🙏 Hymn Sing Along</p> <p>1:30 ❤️ Short Stories</p> <p>2:30 🎓 Space Trivia</p> <p>3:30 🧘 Ball Toss</p>	<p>9:30 🧘 Sunshine Yoga</p> <p>11:00 🎓 History of Animals in Space</p> <p>1:30 ❤️ Colouring Arts</p> <p>2:00 ❤️ Sing Along with Avery</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:15 ❤️ Friendly Visits</p>	<p>10:15 🧘 Balloon Badminton</p>
<p><b>Shark Week</b></p> <p>2:30 🍷 Refreshments</p>	<p>1:30 ❤️ Doll Therapy</p> <p>2:30 🎓 Amazing Animals: Hammerhead Sharks</p> <p>3:30 🧘 Bean Bag Toss</p> <p>4:15 🎓 Short Stories</p> <p>6:30 ❤️ Sensory Stimulation</p> <p>7:00 ❤️ Monday Movie Night</p>	<p>9:30 🧘 Morning Stretch</p> <p>10:00 🧘 Strolls about Belmont</p> <p>10:30 🙏 Morning Prayers</p> <p>11:00 🎓 Nice News of the Day!</p> <p>1:30 ❤️ Terrace Time</p> <p>2:30 🍷 Bits and Bites Social</p> <p>3:30 🍷 Friendly Visits</p>	<p>9:30 🧘 Balloon Badminton</p> <p>10:15 ❤️ Aromatherapy</p> <p>11:00 🎓 Let's Play Bingo</p> <p>1:30 🙏 Spiritual Corner</p> <p>2:30 ❤️ Spa: Nails and Hand Massages</p> <p>3:15 ❤️ Terrace Time</p>	<p>9:45 🧘 Morning Stretch</p> <p>10:00 ❤️ Indoor Gardening</p> <p>10:30 🙏 Hymn Sing Along</p> <p>1:30 ❤️ Short Stories</p> <p>2:30 🎓 Ocean Trivia</p> <p>3:30 🧘 Ball Toss</p>	<p>9:30 🧘 Sunshine Yoga</p> <p>11:00 🎓 Historical Fridays</p> <p>1:30 ❤️ Colouring Arts</p> <p>2:00 ❤️ Sing Along with Avery</p> <p>2:30 🍷 Ice Cream Social</p> <p>3:15 ❤️ Friendly Visits</p>	