




February 2022

3 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Coordinator Hermela Fitsum Phone Number: 416-964-9321 ext.250 Email: hfitsum@belmonthouse.ca 		Lunar New Year 1 9:30 ☸ Sunshine Yoga 10:00 📖 News of the Day! 10:45 🙏 Morning Prayers 11:30 📺 Videochat with Families 1:00 📺 Videochat with Families 2:30 ❤️ Candy Decor 3:00 📖 Pictionary	Groundhog Day 2 9:30 ☸ Tennis 10:00 ❤️ Multi-Sensory Room 11:00 📺 Friendly Visits 2:00 📺 Videochat with Families 2:30 📺 Amazing Animals: Groundhog 3:00 📖 Bingo	3 1:30 ❤️ Friendly Visits 2:00 📖 Guess that Tune 2:30 📺 Taste and Travel: New Zealand 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 📖 Tales of Poetry 7:00 ❤️ Movie Night	Olympics XXIV Begin in Beijing 4 9:30 ☸ Bean Bag Toss 10:00 📖 Historical Fridays: Rosa Parks 10:30 🙏 Hymn Sing 11:00 ❤️ Friendly Visits 2:30 📺 Winter Treats Social 3:15 📺 Board Games	5 2:30 📖 News and Views with Kim 2:30 📺 Refreshments
2:30 📺 Refreshments 6	9:30 ☸ Morning Stretch 7 10:00 📖 Trivia: Random February 11:00 📺 Friendly Visits 2:00 ❤️ Artist Corner 2:30 📖 Amazing Animals: Fox 3:00 🙏 Spiritual Corner	9:30 ☸ Ball Pong 8 10:00 📖 News of the Day! 10:45 🙏 Morning Prayers 11:30 📺 Videochat with Families 1:00 📺 Videochat with Families 2:30 ❤️ Grandmas Kitchen: Cream Cheese Brownies 3:00 📖 Pictionary	9:30 ☸ Tennis 9 10:00 ❤️ Multi-Sensory Room 11:00 📺 Friendly Visits 2:00 📺 Videochat with Families 2:30 📺 Chocolate Kisses Social 3:00 📖 Bingo	10 1:30 📺 Friendly Visit 2:00 📖 Guess that Tune 2:30 📺 Love Bug Mocktail Hour 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 📖 Tales of Poetry 7:00 ❤️ Movie Night	9:30 ☸ Bean Bag Toss with Mikaela 11 10:00 📖 Historical Fridays: Abraham Lincoln 10:30 🙏 Hymn Sing 11:00 ❤️ Friendly Visits 2:30 📺 Winter Treats Social 3:15 📺 Board Games	2:30 📖 Balloon 12 Badminton with Azaz 2:30 📺 Refreshments
Superbowl LVI 13 2:30 📺 Refreshments	Valentine's Day 14 9:30 ☸ Morning Stretch 10:00 📖 Trivia: All about Valentines Day 11:00 📺 Friendly Visits 2:00 ❤️ Flower Arrangement 2:30 📺 Valentine's Day Party 5:00 📺 Valentines Day Dinner	9:30 ☸ Sunshine Yoga 15 10:00 📖 News of the Day! 10:45 🙏 Morning Prayers 11:30 📺 Videochat with Families 1:00 📺 Videochat with Families 2:30 ☸ Strike and Spare 3:00 📖 Pictionary	9:30 ☸ Tennis 16 10:00 ❤️ Multi-Sensory Room 11:00 📺 Friendly Visits 2:00 📺 Videochat with Families 2:30 📺 Sing Along 3:00 📖 Bingo	17 1:30 ❤️ Friendly Visits 2:00 📖 Guess that Tune 2:30 📺 Travelogue: Poland 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 📖 Tales of Poetry 7:00 ❤️ Movie Night	9:30 ☸ Bean Bag Toss 18 10:00 📖 Historical Fridays: Martin Luther King 10:30 🙏 Hymn Sing 11:00 ❤️ Friendly Visits 2:30 📺 Winter Treats Social 3:15 📺 Board Games	9:30 📖 News and Views 19 11:00 ❤️ Sing Along 12:00 📺 The Lunch Bunch 2:30 ☸ Balloon Tennis 2:30 📺 Refreshments 3:00 📺 Friendly Visits
2:30 📺 Refreshments 20	Family Day 21 1:30 📖 Random Trivia 2:30 📺 Refreshments	9:30 ☸ Sunshine Yoga 22 10:00 📖 News of the Day! 10:45 🙏 Morning Prayers 11:30 📺 Videochat with Families 1:00 📺 Videochat with Families 2:30 ❤️ Grandmas Kitchen: Banana Bread 3:00 📖 Pictionary	9:30 ☸ Tennis 23 10:00 ❤️ Multi-Sensory Room 11:00 📺 Friendly Visits 2:00 ❤️ Videochat with Families 2:30 📺 Cherry Pie Social 3:00 📖 Bingo	24 1:30 📺 Friendly Visits 2:00 ❤️ Guess that tune 2:30 📺 Taste and Travel: Guyana 3:30 ❤️ Television Concerts 6:00 📺 Videochat with Families 6:30 📖 Tales of Poetry 7:00 ❤️ Movie Night	9:30 ☸ Bean Bag Toss with Mikaela 25 10:00 📖 Historical Fridays: Harriet Tubeman 10:30 🙏 Hymn Sing 11:00 ❤️ Friendly Visits 2:30 📺 Winter Treats Social 3:15 📺 Board Games	2:00 ❤️ Short Stories with Adriana 26 2:30 📺 Refreshments
2:30 📺 Refreshments 27	9:30 ☸ Morning Stretch 28 10:00 📖 Trivia: Geography 11:00 📺 Friendly Visits 2:00 ❤️ Flower Arrangement 2:30 📖 Amazing Animals: Badger 3:00 🙏 Spiritual Corner	<div>  <div> February Highlights 1st- Lunar New Year 2nd- Groundhog Day 10th - Love Bug Mocktail 14th- Valentine's Day 19th - The Lunch Bunch 23rd- Cherry Pie Social 24th- Taste & Travel: Guvana </div> <div> February is Black History Month </div>  </div>				