

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Garden Week 2:30 🍷 Refreshments 1	9:35 🌿 Morning Stretch 10:30 📖 Tales of Poetry 11:00 ❤️ Doll therapy 1:00 🛤️ 1:1 Spiritual Corner 2:15 ❤️ Flower Arrangement 2:45 📖 Travelogue: Top 10 Botanical Gardens In The World! 3:30 🍷 Friendly Visits 2	9:35 🌿 Sunshine Yoga 10:30 🛤️ Morning Prayers 11:00 📖 News of the Day! 2:30 ❤️ Strike & Spare 3:00 📖 Scattegories 3:40 🍷 Friendly Visits 3	9:35 🌿 Balloon Tennis 10:05 ❤️ Sensory Touches 1:00 🛤️ 1:1 Spiritual Corner 1:30 🌿 Strolls about Belmont 2:30 🍷 Sing and Dance Along 3:15 📖 Let's Play Bingo! 4	1:15 ❤️ 1:1 Short Stories 2:30 🍷 Donut Delights 3:30 🛤️ 1:1 Spiritual Corner 4:00 ❤️ Gardening! (Lets Plant Veggies) 6:00 📖 Trivia Night 6:45 🍷 Movie Night 5	Walk-N-Roll 9:30 🍷 Walk-n-Roll 10:30 📖 Historical Fridays: Emily Thompson 11:05 🛤️ Hymn Sing 1:00 🍷 Walk-n-Roll 2:30 🍷 Walk and Roll After Party 6	10:15 🌿 Balloon Badminton 1:45 📖 Trivia 7
Strawberry Theme Week 1:00 🍷 Manicure Visits with Margo 2:30 🍷 Refreshments 8	9:35 🌿 Morning Stretch 10:30 📖 Tales of Poetry 11:00 ❤️ Doll therapy 1:00 🛤️ 1:1 Spiritual Corner 2:15 ❤️ Flower Arrangement 2:45 📖 Amazing Animals: Ducks 3:30 🍷 Friendly Visits 9	9:35 🌿 Sunshine Yoga 10:30 🛤️ Morning Prayers 11:00 📖 News of the Day! 2:30 🌿 Grandmas Kitchen: Strawberry Cobbler 3:40 🍷 Friendly Visits 10	9:35 🌿 Balloon Tennis 10:05 ❤️ Sensory Touches 2:30 🍷 Strawberry Tea Social [NG] 11	9:30 🍷 Friendly Visits 1:15 ❤️ 1:1 Short Stories 2:30 🍷 Hawaii Luau! 3:30 🛤️ 1:1 Spiritual Corner 4:00 ❤️ Gardening 6:00 📖 Trivia Night 6:45 🍷 Movie Night 12	9:35 🌿 Bean Bag Toss 10:30 📖 Historical Fridays: Strawberry Moon Day 11:05 🛤️ Hymn Sing 1:15 ❤️ Coloring Arts: Strawberries 2:20 🍷 Spring Treats Ice Cream Social/Live Music 3:15 📖 Board Games 13	10:15 🌿 Balloon Badminton 1:45 📖 Trivia 14
Father's Day Fathers Day theme week 2:30 🍷 Refreshments 15	9:35 🌿 Morning Stretch 10:30 📖 Tales of Poetry (Fathers Day Edition) 11:00 ❤️ Doll therapy 12:00 🍷 Fathers Day BBQ! [SG] 2:15 ❤️ Flower Arrangement 2:45 📖 Amazing Animals: Brown Bears 3:30 🌿 Strolls about Belmont 4:00 ❤️ Gardening 6:00 📖 Trivia Night 7:00 🍷 Friendly Visits 16	9:35 🌿 Sunshine Yoga 10:30 🛤️ Morning Prayers 11:00 📖 News of the Day! 1:15 ❤️ Lets Get Folding 2:30 🌿 Strike & Spare 3:00 📖 Scattergories 3:40 🍷 Friendly Visits 17	9:35 🌿 Balloon Tennis 10:05 ❤️ Sensory Touches 1:00 🛤️ 1:1 Spiritual Corner 1:30 🌿 Strolls about Belmont 2:30 🛤️ Memorial Service - Auditorium 18	9:35 🌿 Balloon Tennis 10:30 ❤️ Lets Get Folding 10:45 🍷 Pet Visits with Milo 11:00 🌿 Strolls about Belmont 1:15 ❤️ 1:1 Short Stories 2:30 🍷 Ice Cream Float Social 3:30 🛤️ 1:1 Spiritual Corner 4:00 ❤️ Gardening 6:00 📖 Trivia Night 6:45 🍷 Movie Night 19	Summer Begins 9:35 🌿 Move to the Beat! 10:30 📖 Historical Fridays: Famous Fathers 11:05 🛤️ Hymn Sing 1:15 ❤️ Coloring Arts 2:20 🍷 Summer Treats Ice Cream Social 3:15 📖 Have You Ever? 20	10:15 🌿 Balloon Badminton 1:45 📖 Trivia 21
Italian Theme Week 2:30 🍷 Refreshments 22	11:00 🌿 Balloon Badminton 1:00 🛤️ 1:1 Spiritual Corner 1:30 🌿 Strolls about Belmont 2:30 ❤️ Flower Arrangement 3:00 📖 Amazing Animals: Dolphins 4:00 ❤️ Gardening 6:00 📖 Trivia Night 7:00 🍷 Friendly Visits 23	9:35 🌿 Sunshine Yoga 10:30 🛤️ Morning Prayers 11:00 📖 News of the Day! 2:30 ❤️ Grandmas Kitchen: Italian Tirmasu 3:40 🍷 Friendly Visits 24	9:35 🌿 Balloon Tennis 10:05 ❤️ Sensory Touches 1:00 🛤️ 1:1 Spiritual Corner 1:30 🌿 Strolls about Belmont 2:30 🍷 Sing and Dance Along 3:15 📖 Let's Play Bingo! 25	9:35 🌿 Balloon Tennis 10:30 ❤️ Lets Get Folding 11:00 🌿 Strolls about Belmont 1:15 ❤️ 1:1 Short Stories 1:30 🍷 Italian Social 3:30 🛤️ 1:1 Spiritual Corner 4:00 ❤️ Gardening 6:00 📖 PicnicTrivia Night 6:45 🍷 Movie Night 26	9:35 🌿 Bean Bag Toss 10:30 📖 Historical Fridays: Famous Italian Musicians 11:05 🛤️ Hymn Sing 1:15 ❤️ Coloring Arts: Tower of Pisa 2:20 🍷 Summer Treats Ice Cream Social 3:15 📖 Board Games 27	10:15 🌿 Balloon Badminton 1:45 📖 Trivia 28
Canada Day theme week 2:30 🍷 Refreshments 29	9:35 🌿 Morning Stretch 10:30 📖 Tales of Poetry 11:00 ❤️ Doll therapy 1:00 🛤️ 1:1 Spiritual Corner 2:15 ❤️ Flower Arrangement 2:45 📖 Discussion Group: Canada Day 3:30 🌿 Strolls about Belmont 4:00 ❤️ Gardening 6:00 📖 Trivia Night 7:00 🍷 Friendly Visits 30	Recreation Coordinator Hermela Phone Number 416-964-9321 ext 250  June Highlights June is Seniors Month June 6 - 15th Annual Walk n Roll June 11 - Strawberry Tea Social - North Garden June 13th - Spring Treats Ice cream social & Live Music June 16 - Fathers day BBQ - Stillman Garden June 18 - Memorial Service 				