

# JULY 2026



## 2 East Mary E. Barnicke

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Recreation Coordinator</b> <b>Azaz Hossain</b>  <b>Phone Number</b> <b>416-964-9231 Ext. 218</b>	<b>July Highlights</b> <b>July 1 - Canada Day</b> <b>July 1 - Afternoon Canada Caravan</b> <b>July 7 - Chocolate Social</b> <b>July 14 - Grand Slam Social</b> <b>July 20 - Lunar Landing Anniversary (1969)</b> <b>July 21 - Moon Pie Social</b> <b>July 28 - Bits &amp; Bites Social</b>		<b>Canada Day</b> <b>1</b> 12:00 🇨🇦 <b>Canada Day Dinner</b> 2:00 🇨🇦 <b>Afternoon Canada Caravan</b> 2:30 📖 Reading about Canada Day 3:15 🇨🇦 Friendly Visit	<b>2</b> 9:00 🏸 Balloon Badminton 10:00 📖 Fun Facts about Canada 10:30 🌳 Strolling in the Garden 11:00 🇨🇦 Friendly Visits 1:00 🎲 Bingo 2:30 📖 Canadian Trivia 3:30 📖 Puzzles: Matching Famous Canadians 4:00 🌳 Gardening 6:30 ❤️ Sensory Stimulation 7:00 🇨🇦 You Lead the Way	<b>3</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 Ice Cream Social [SG]	<b>4</b> <b>Tour de France Begins</b> 2:30 🌳 Balloon Badminton 2:30 🇨🇦 Refreshments
<b>Chocolate Appreciation Week</b> <b>5</b> 2:30 🇨🇦 Refreshments	<b>6</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 🌳 Cyclical Biking 1:30 🌳 Walking For Pleasure 2:15 📖 Let's Talk : Chocolate Chat 2:45 ❤️ Sing Along 3:15 🇨🇦 Friendly Visits	<b>7</b> <b>World Chocolate Day</b> 9:30 📖 Reading Daily Chronicle 10:30 ❤️ Pet Visit with Winnie 11:00 🌳 Cyclical Biking 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 <b>Chocolate Social</b> 3:30 ❤️ Friendly Visits	<b>8</b> 9:30 🌳 Rise and Shine 10:00 📖 <b>Morning Prayers</b> 10:45 📖 Reading Daily Chronicle 1:30 🌳 Walking For Pleasure 2:00 📖 Crossword Puzzles: All About Chocolate 2:45 🇨🇦 Manicure and Massage 3:15 🇨🇦 Friendly Visit with Sherry	<b>9</b> 9:00 🌳 Ball Toss 10:00 📖 Reading Daily Chronicle 10:30 🌳 Strolling in the Garden 1:00 🎲 Bingo 2:30 📖 Chocolate Trivia 3:30 📖 Puzzles: Matching James Bond 4:00 🌳 Gardening 6:30 ❤️ Sensory Stimulation 7:00 🇨🇦 You Lead the Way	<b>10</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 Ice Cream Social [SG]	<b>11</b> 9:30 🌳 Balloon Badminton 2:30 📖 Reading Daily Chronicle 2:30 🇨🇦 Refreshments 3:15 🇨🇦 You Lead the Way
<b>Baseball Week Wimbledon Finals</b> <b>12</b> 2:30 🇨🇦 Refreshments	<b>13</b> 1:30 🌳 Walking For Pleasure 2:15 📖 Let's Talk : Canadian Sports	<b>14</b> 9:30 📖 Reading Daily Chronicle 10:30 ❤️ Pet Visit with Winnie 11:00 🌳 Cyclical Biking 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 <b>Grand Slam Social</b> 3:30 ❤️ Friendly Visits 8:00 <b>MLB All-Star Game</b>	<b>15</b> 9:30 🌳 Rise and Shine 10:00 📖 <b>Morning Prayers</b> 10:45 📖 Reading Daily Chronicle 1:30 🌳 Walking For Pleasure 2:00 📖 Crossword Puzzles: Sports Figures 2:45 🇨🇦 Manicure and Massage 3:15 🇨🇦 Friendly Visit with Sherry	<b>16</b> 10:30 🌳 Physio Fitness 1:00 🎲 Bingo 2:30 📖 Baseball Trivia 3:30 📖 Puzzles: Matching Games & Sports 4:00 🌳 Gardening 6:30 ❤️ Sensory Stimulation 7:00 🇨🇦 You Lead the Way	<b>17</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 Ice Cream Social [SG]	<b>18</b> <b>Nelson Mandela International Day</b> 2:30 🌳 Balloon Badminton 2:30 🇨🇦 Refreshments
<b>Space Week</b> <b>19</b> 2:30 🇨🇦 Refreshments 3:00 🇨🇦 <b>FIFA Soccer Final</b>	<b>20</b> <b>Lunar Landing Anniversary (1969)</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 🌳 Cyclical Biking 1:30 🌳 Walking For Pleasure 2:15 📖 Let's Talk : Moon Conquerors 2:45 ❤️ Sing Along 3:15 🇨🇦 Friendly Visits	<b>21</b> 9:30 📖 Reading Daily Chronicle 10:30 ❤️ Pet Visit with Winnie 11:00 🌳 Cyclical Biking 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 <b>Moon Pie Social</b> 3:30 ❤️ Friendly Visits	<b>22</b> 9:30 🌳 Rise and Shine 10:00 📖 <b>Morning Prayers</b> 10:45 📖 Reading Daily Chronicle 1:30 🌳 Walking For Pleasure 2:00 📖 Crossword Puzzles: "V" is For ----- 2:45 🇨🇦 Manicure and Massage 3:15 🇨🇦 Friendly Visit with Sherry	<b>23</b> 10:30 🌳 Physio Fitness 1:00 🎲 Bingo 2:30 📖 Space Trivia 3:30 📖 Puzzles: Matching Doghouses 4:00 🌳 Gardening 6:30 ❤️ Sensory Stimulation 7:00 🇨🇦 You Lead the Way	<b>24</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 Ice Cream Social [SG]	<b>25</b> 2:30 🌳 Balloon Badminton 2:30 🇨🇦 Refreshments
<b>Shark Week</b> <b>26</b> 2:30 🇨🇦 Refreshments	<b>27</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 🌳 Cyclical Biking 1:30 🌳 Walking For Pleasure 2:15 📖 Let's Talk : Shark Facts 2:45 ❤️ Sing Along 3:15 🇨🇦 Friendly Visits	<b>28</b> 9:30 📖 Reading Daily Chronicle 10:30 ❤️ Pet Visit with Winnie 11:00 🌳 Cyclical Biking 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 <b>Bits &amp; Bites Social</b> 3:30 ❤️ Friendly Visits	<b>29</b> 9:30 🌳 Rise and Shine 10:00 📖 <b>Morning Prayers</b> 10:45 📖 Reading Daily Chronicle 1:30 🌳 Walking For Pleasure 2:00 📖 Crossword Puzzles: Sharks 2:45 🇨🇦 Manicure and Massage 3:15 🇨🇦 Friendly Visit with Sherry	<b>30</b> 9:00 🏸 Balloon Badminton 10:00 📖 Reading Daily Chronicle 10:30 🌳 Strolling in the Garden 1:00 🎲 Bingo 2:30 📖 Ocean Trivia 3:30 📖 Puzzles: Matching Junk Drawer Detective 4:00 🌳 Gardening 6:30 ❤️ Sensory Stimulation 7:00 🇨🇦 You Lead the Way	<b>31</b> 9:30 🌳 Rise and Shine 10:00 📖 Reading Daily Chronicle 10:45 📖 Hymn Sing 1:30 🌳 Walking For Pleasure 2:30 🇨🇦 Ice Cream Social [SG]	