

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Grammy Awards</b> 1 2:30 ☕ Refreshments	<b>Groundhog Day</b> 2 9:30 🌿 Rise and Shine 10:00 📖 Can You Picture This Weather? 10:30 🌿 Cyclical Biking 11:00 📖 Reading Daily Chronicle 1:30 🌿 Walking For Pleasure 2:00 📖 Let's Talk : Groundhog Day 2:30 ❤️ Colouring: Groundhog Day 3:30 ☕ Friendly Visits	9:30 ❤️ Sensory Stimulation 3 10:00 🌿 Active Games 10:30 📖 Reading Daily Chronicle 11:00 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:00 ❤️ <b>Artistic Expressions with Sarah - Walker Wing</b> 2:30 ☕ <b>Bingo</b>	9:30 🌿 Rise and Shine 4 10:00 📖 <b>Morning Prayers</b> 10:30 📖 Reading Daily Chronicle 11:00 ☕ You Lead the Way 1:30 📖 Crossword Puzzles: Mardi Gras 2:30 📖 <b>Memorial Service</b>	10:30 🌿 Physio Fitness 5 1:00 📖 Trivia: Groundhog Day 1:15 ☕ <b>Art Program with UCC Students</b> 2:30 ☕ <b>Travelogue : Milan, Italy</b> 3:30 📖 Puzzles: Matching Black Authors 4:00 ❤️ Classic Television Show 6:30 ❤️ Sensory Stimulation 7:00 ☕ You Lead the Way	<b>Winter Olympics Begin</b> 6 9:30 🌿 Rise and Shine 10:00 📖 <b>Reading All about Olympics</b> 10:30 📖 <b>Hymn Sing</b> 11:00 ☕ You Lead the Way 1:30 📖 <b>Let's Talk: Italian Culture &amp; Heritage</b> 2:00 ☕ <b>Olympic Ceremony Live</b> 2:30 ☕ <b>Winter Timbit Social</b> 3:30 ☕ Friendly Visits	2:30 🌿 Balloon 7  Badminton 2:30 ☕ Refreshments
<b>Super Bowl LX</b> 8 2:30 ☕ Refreshments	9:30 🌿 Rise and Shine 9 10:00 📖 <b>Can You Picture These Famous Italians?</b> 10:30 🌿 Cyclical Biking 11:00 📖 Reading Daily Chronicle 1:30 🌿 Walking For Pleasure 2:00 📖 Let's Talk : Monthly Gazette 3:30 ☕ Friendly Visits	9:30 ❤️ Sensory Stimulation 10 10:00 🌿 Active Games 10:30 📖 Reading Daily Chronicle 11:00 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:00 ❤️ <b>Artistic Expressions with Sarah - Walker Wing</b> 2:30 ☕ <b>Bingo</b> 3:30 ❤️ Friendly Visits	<b>Recreation Awareness Day</b> 11 9:30 🌿 Rise and Shine 10:00 📖 <b>Morning Prayers</b> 10:30 📖 Reading Daily Chronicle 11:00 ☕ You Lead the Way 1:30 📖 Crossword Puzzles: Happy Valentine's Day 2:00 ☕ Recreation Awareness Day - Walker Cafe 3:15 📖 Reminiscing	10:30 🌿 Physio Fitness 12 1:00 📖 Trivia: Love Is in the Air 1:30 🌿 Walking For Pleasure 2:30 ☕ <b>Travelogue: Verona, Italy</b> 3:30 📖 Puzzles: Matching Famous Stars 4:00 ❤️ Classic Television Show 6:30 ❤️ Sensory Stimulation 7:00 ☕ You Lead the Way	<b>Valentine's Day</b> 13 9:30 🌿 Rise and Shine 10:00 📖 Reading Famous Love Letters 10:30 ❤️ Sing Along Love Songs 11:00 ☕ You Lead the Way 1:30 📖 Find Their Valentines 2:30 ☕ <b>Valentine's Day Party</b> 3:30 ☕ Friendly Visits	<b>Valentine's Day</b> 14 9:30 🌿 Balloon Badminton 1:50 📖 Reading History Of Valentine's Day 2:30 ☕ Refreshments 3:30 ☕ Friendly Visits 5:00 ☕ <b>Valentine's Dinner</b>
2:30 ☕ 15 Refreshments	<b>Family Day</b> 16 10:00 📖 Can You Picture These Family Members? 2:30 ☕ Refreshments	<b>Lunar New Year Shrove Tuesday</b> 17 9:30 ❤️ Sensory Stimulation 10:00 🌿 Active Games: Throw Me Something, Mister 10:30 📖 Reading Zodiac Signs 11:00 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:00 ❤️ <b>Artistic Expressions with Sarah - Walker Wing</b> 2:30 ☕ <b>Bingo</b> 3:30 ❤️ Friendly Visits 5:00 ☕ <b>Lunar New Year Dinner</b>	<b>Ash Wednesday</b> 18 9:30 🌿 Rise and Shine 10:00 📖 <b>Morning Prayers</b> 10:30 📖 Reading about Ash Wednesday 11:00 ☕ You Lead the Way 1:30 📖 Crossword Puzzles: Ramadan 2:00 📖 <b>Ash Wednesday Service (Chapel)</b> 3:15 📖 Reminiscing	10:30 🌿 Physio Fitness 19 1:00 📖 <b>Trivia: Olympics History</b> 1:30 🌿 Walking For Pleasure 2:30 ☕ <b>Baking</b> 3:30 📖 Puzzles: Matching- Who Am I 4:00 ❤️ Classic Television Show 6:30 ❤️ Sensory Stimulation 7:00 ☕ You Lead the Way	9:30 🌿 Rise and Shine 20 10:00 📖 Reading Daily Chronicle 10:30 ❤️ <b>Sing Along with Dean Martin</b> 11:00 ☕ You Lead the Way 1:30 📖 <b>Olympics Aerobics ( Medals Counting)</b> 2:00 🌿 Walking For Pleasure 2:30 ☕ <b>Winter Timbit Social</b> 3:30 ☕ Friendly Visits	9:30 🌿 Balloon 21  Badminton 2:30 ☕ Refreshments 2:30 📖 Trivia: Random
<b>Olympic Closing Ceremonies</b> 22 2:30 ☕ Refreshments	9:30 🌿 Rise and Shine 23 10:00 📖 Can You Picture This? 10:30 🌿 Cyclical Biking 11:00 📖 Reading Daily Chronicle 1:30 🌿 Walking For Pleasure 2:00 📖 <b>Let's Talk : Olympics Medal Table 2026</b> 2:30 ❤️ Colouring: Chinese Lantern 3:30 ☕ Friendly Visits	9:30 ❤️ Sensory Stimulation 24 10:00 🌿 Active Games 10:30 📖 Reading Daily Chronicle 11:00 🌿 Cyclical Biking 1:30 🌿 Walking For Pleasure 2:00 ❤️ <b>Artistic Expressions with Sarah - Walker Wing</b> 2:30 ☕ <b>Bingo</b> 3:30 ❤️ Friendly Visits	9:30 🌿 Rise and Shine 25 10:00 📖 <b>Morning Prayers</b> 10:30 📖 Reading Daily Chronicle 11:00 ☕ You Lead the Way 1:30 📖 Crossword Puzzles: Presidents and First Ladies 2:30 ☕ Manicure and Massage 3:15 📖 Reminiscing	10:30 🌿 Physio Fitness 26 1:00 📖 Trivia: February Random 1:30 🌿 Walking For Pleasure 2:00 ☕ <b>Movie Social: Romeo &amp; Juliet</b> 4:00 📖 <b>Puzzles: Matching Skating for Gold</b> 6:30 ❤️ Sensory Stimulation 7:00 ☕ You Lead the Way	9:30 🌿 Rise and Shine 27 10:00 📖 Reading Daily Chronicle 10:30 📖 <b>Hymn Sing</b> 11:00 ☕ You Lead the Way 1:30 📖 Mental Aerobics 2:30 ☕ <b>Winter Timbit Social</b> 3:30 ☕ Friendly Visits	2:30 🌿 Balloon 28  Badminton 2:30 ☕ Refreshments

Recreation Coordinator  
Azaz Hossain

Phone Number  
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- February Highlights**  
4th- Memorial Service  
5th- Art Program with UCC Students  
6th- Winter Olympics Begin  
8th- Super Bowl LX-2026  
13th-Valentine's Day Party  
14th- Valentine's Day  
17th- Lunar New Year



*February is Black History Month*  
*February is Recreation Awareness Month*

