

FEBRUARY 2026

2 East Mary E. Barnicke

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Grammy Awards 2:30  Refreshments	Groundhog Day 9:30  Rise and Shine 10:00  Can You Picture This Weather? 10:30  Cyclical Biking 11:00  Reading Daily Chronicle 1:30  Walking For Pleasure 2:00  Let's Talk : Groundhog Day 2:30  Colouring: Groundhog Day 3:30  Friendly Visits	2 9:30  Sensory Stimulation 10:00  Active Games 10:30  Reading Daily Chronicle 11:00  Cyclical Biking 1:30  Walking For Pleasure 2:00  Artistic Expressions with Sarah - Walker Wing 2:30  Bingo	3 9:30  Rise and Shine 10:00  Morning Prayers 10:30  Reading Daily Chronicle 11:00  You Lead the Way 1:30  Crossword Puzzles: Mardi Gras 2:30  Memorial Service	4 9:30  Physio Fitness 1:00  Trivia: Groundhog Day 1:15  Art Program with UCC Students 2:30  Travelogue : Milan, Italy 3:30  Puzzles: Matching Black Authors 4:00  Classic Television Show 6:30  Sensory Stimulation 7:00  You Lead the Way	5 Winter Olympics Begin 9:30  Rise and Shine 10:00  Reading All about Olympics 10:30  Hymn Sing 11:00  You Lead the Way 1:30 Let's Talk: Italian Culture & Heritage 2:00 Olympic Ceremony Live 2:30 Winter Timbit Social 3:30 Friendly Visits	6 2:30 Balloon Badminton 2:30 Refreshments	7
Super Bowl LX 2:30  Refreshments	8 9:30  Rise and Shine 10:00  Can You Picture These Famous Italians? 10:30  Cyclical Biking 11:00  Reading Daily Chronicle 1:30  Walking For Pleasure 2:00  Let's Talk : Monthly Gazette 2:30  Bingo 3:30  Friendly Visits	9 9:30  Sensory Stimulation 10:00  Active Games 10:30  Reading Daily Chronicle 11:00  Cyclical Biking 1:30  Walking For Pleasure 2:00  Artistic Expressions with Sarah - Walker Wing 2:30  Bingo 3:30  Friendly Visits	10 Recreation Awareness Day 9:30  Rise and Shine 10:00  Morning Prayers 10:30  Reading Daily Chronicle 11:00  You Lead the Way 1:30  Crossword Puzzles: Happy Valentine's Day 2:00  Recreation Awareness Day - Walker Cafe 3:30  Reminiscing	11 10:30  Physio Fitness 1:00  Trivia: Love Is in the Air 1:30  Walking For Pleasure 2:30  Travelogue: Verona, Italy 3:30  Puzzles: Matching Famous Stars 4:00  Classic Television Show 6:30  Sensory Stimulation 7:00  You Lead the Way	12 Valentine's Day 9:30  Rise and Shine 10:00  Reading Famous Love Letters 10:30  Sing Along Love Songs 11:00 You Lead the Way 1:30 Find Their Valentines 2:30 Valentine's Day Party 3:30 Friendly Visits	13 Valentine's Day 9:30 Balloon Badminton 1:50 Reading History Of Valentine's Day 2:30 Refreshments 3:30 Friendly Visits 5:00 Valentine's Dinner	14
2:30  Refreshments	15 Family Day 10:00  Can You Picture These Family Members? 2:30  Refreshments	16 Lunar New Year Shrove Tuesday 9:30  Sensory Stimulation 10:00  Active Games: Throw Me Something, Mister 10:30  Reading Zodiac Signs 11:00  Cyclical Biking 1:30  Walking For Pleasure 2:00  Artistic Expressions with Sarah - Walker Wing 2:30  Bingo 3:30  Friendly Visits 5:00  Lunar New Year Dinner	17 Ash Wednesday 9:30  Rise and Shine 10:00  Morning Prayers 10:30  Reading about Ash Wednesday 11:00  You Lead the Way 1:30  Crossword Puzzles: Ramadan 2:00  Ash Wednesday Service (Chapel) 3:15  Reminiscing	18 10:30  Physio Fitness 1:00  Trivia: Olympics History 1:30  Walking For Pleasure 2:30  Baking 3:30  Puzzles: Matching- Who Am I 4:00  Classic Television Show 6:30  Sensory Stimulation 7:00  You Lead the Way	19 9:30  Rise and Shine 10:00  Reading Daily Chronicle 10:30  Sing Along with Dean Martin 11:00  You Lead the Way 1:30 Olympics Aerobics (Medals Counting) 2:00 Walking For Pleasure 2:30 Winter Timbit Social 3:30 Friendly Visits	20 9:30 Balloon Badminton 2:30 Refreshments 2:30 Trivia: Random	21
Olympic Closing Ceremonies 2:30  Refreshments	22 9:30  Rise and Shine 10:00  Can You Picture This? 10:30  Cyclical Biking 11:00  Reading Daily Chronicle 1:30  Walking For Pleasure 2:00  Let's Talk : Olympics Medal Table 2026 2:30  Colouring: Chinese Lantern 3:30  Friendly Visits	23 9:30  Sensory Stimulation 10:00  Active Games 10:30  Reading Daily Chronicle 11:00  Cyclical Biking 1:30  Walking For Pleasure 2:00  Artistic Expressions with Sarah - Walker Wing 2:30  Bingo 3:30  Friendly Visits	24 9:30  Rise and Shine 10:00  Morning Prayers 10:30  Reading Daily Chronicle 11:00  You Lead the Way 1:30  Crossword Puzzles: Presidents and First Ladies 2:00  Manicure and Massage 2:30  Reminiscing	25 10:30  Physio Fitness 1:00  Trivia: February Random 1:30  Walking For Pleasure 2:00  Movie Social: Romeo & Juliet 4:00  Puzzles: Matching Skating for Gold 6:30  Sensory Stimulation 7:00  You Lead the Way	26 9:30  Rise and Shine 10:00 Reading Daily Chronicle 10:30 Hymn Sing 11:00 You Lead the Way 1:30 Mental Aerobics 2:30 Winter Timbit Social 3:30 Friendly Visits	27 2:30 Balloon Badminton 2:30 Refreshments	28

Recreation Coordinator
Azaz Hossain

Phone Number
416-964-9231 Ext. 218

February Highlights
4th- Memorial Service
5th- Art Program with UCC Students
6th- Winter Olympics Begin
8th- Super Bowl LX-2026
13th- Valentine's Day Party
14th- Valentine's Day
17th- Lunar New Year



February is Black History Month
February is Recreation Awareness Month

