




February 2022

2 West Walker Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Recreation Coordinator: Marianne Javier 416-964-9231 ext. 398 mjavier@belmonthouse.com		Lunar New Year 1 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Chinese Horoscope Reading 11:30 News and Views 2:30 Java Music Club 3:30 1-1 Friendly Visits 6:00 Video Chat with Family 7:00 Naming it A-Z 7:30 Chronicle Reading 8:00 TV Tuesdays	Groundhog Day 2 10:00 Morning Prayers 1:00 1-1 Afternoon Reading 1:30 Fun on the Run - Activity Cart 2:30 Winter Bake Off - Nutella Swirl Cupcakes 3:30 Gardening 6:15 Short Stories 7:00 Foot Loose - Sing and Dance 7:30 Sensory Cart 8:00 Movie Night	3 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Hymn Sing 11:30 Sing and Dance 2:30 Bingo 3:15 Sorting & Matching 4:00 Gardening 4:30 1-1 Afternoon Reading 6:00 Video Chat with Family 7:00 Snow Ball Toss 7:30 Who Am I? 8:00 Cards, Puzzles and Board Games 8:30 Cranium Crunches	Olympics XXIV Begin in Beijing 4 9:30 Fun on the Run - Activity Cart 10:00 Morning Stretch 10:45 History of the Olympics 11:30 Basketball Fun 2:30 Wintry Treats Social 3:30 Gardening 4:00 Puzzling 6:00 Video Chat with Family 7:00 News and views 7:30 Around the World! 8:15 Helping Hands 9:00 Movie Night	5 1:30 Fun on the Run - Activity Cart 2:00 Name it A-Z 2:30 Short Stories 3:00 Nice Nails 6:15 Bowling 7:00 Sing - Along Snack Trolley 8:00 1-1 Reading 8:30 Friendly Visits 9:00 Movie Night	
6 1:00 Fun on the Run - Activity Cart 2:00 Foot Loose - Sing and Dance 2:30 Reading Circle 3:00 Sunday Scripture 3:30 Cyber Time 6:15 Balloon Badminton 7:00 Nighttime Nosh 7:30 Picture This 8:00 Sunday Night Musical	7 9:30 Fun on the Run - Activity Cart 10:15 Amazing Animals - Groundhog 10:40 Crafting - Paper Plate Groundhog 2:30 Drum to the Beat - Exercise 3:30 Sensory Basket 4:15 Puzzling 7:00 Around the World! 8:00 1-1 Friendly Visits 9:00 Movie Night	8 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Entertainer's Spotlight 11:30 News and Views 2:30 Java Music Club 3:30 1-1 Friendly Visits 6:00 Video Chat with Family 7:00 Naming it A-Z 7:30 Chronicle Reading 8:00 TV Tuesdays	9 10:00 Morning Prayers 1:00 1-1 Afternoon Reading 1:30 Fun on the Run - Activity Cart 2:30 Winter Bake Off - Chocolate Kiss Cookies 3:30 Gardening 6:15 Short Stories 7:00 Foot Loose - Sing and Dance 7:30 Sensory Cart 8:00 Movie Night	10 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Hymn Sing 11:30 Sing and Dance 2:30 Love Bug Mocktail Hour 3:30 Doll Time 4:00 Gardening 4:30 1-1 Afternoon Reading 6:00 Video Chat with Family 7:00 Snow Ball Toss 7:30 Who Am I? 8:00 Cards, Puzzles and Board Games 8:30 Cranium Crunches	11 9:30 Fun on the Run - Activity Cart 10:00 Morning Stretch 10:45 History about Tim Hortons 11:30 Basketball Fun 2:30 Timbit Social 3:30 Gardening 4:00 Puzzling 6:00 Video Chat with Family 7:00 News and views 7:30 Around the World! 8:15 Helping Hands 9:00 Movie Night	12 1:30 Fun on the Run - Activity Cart 2:00 Name it A-Z 2:30 Short Stories 3:00 Nice Nails 6:15 Bowling 7:00 Sing - Along Snack Trolley 8:00 1-1 Reading 8:30 Friendly Visits 9:00 Movie Night	
Superbowl Sunday 13 1:00 Fun on the Run - Activity Cart 2:00 Foot Loose - Sing and Dance 2:30 Reading Circle 3:00 Sunday Scripture 3:30 Cyber Time 6:15 Balloon Badminton 7:00 Nighttime Nosh 7:30 Picture This 8:00 Sunday Night Musical	Valentine's Day 14 9:30 Fun on the Run - Activity Cart 10:15 Amazing Animals - Love Birds 10:40 Crafting - Mosaic Heart 2:30 Valentine's Tea Social 3:30 Sensory Basket 4:15 Puzzling 7:00 Around the World! 8:00 1-1 Friendly Visits 9:00 Movie Night	15 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Entertainer's Spotlight 11:30 News and Views 2:30 Java Music Club 3:30 1-1 Friendly Visits 6:00 Video Chat with Family 7:00 Naming it A-Z 7:30 Chronicle Reading 8:00 TV Tuesdays	16 10:00 Morning Prayers 1:00 1-1 Afternoon Reading 1:30 Fun on the Run - Activity Cart 2:30 Winter Bake Off - Banana Bread 3:30 Gardening 6:15 Short Stories 6:30 Yorkminster Evangelical Baptist Choir - Zoom Call 7:00 Foot Loose - Sing and Dance 7:30 Sensory Cart 8:00 Movie Night	17 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Hymn Sing 11:30 Sing and Dance 2:30 Wine and Cheese 3:15 Sorting & Matching 4:00 Gardening 4:30 1-1 Afternoon Reading 6:00 Video Chat with Family 7:00 Snow Ball Toss 7:30 Who Am I? 8:00 Cards, Puzzles and Board Games 8:30 Cranium Crunches	18 9:30 Fun on the Run - Activity Cart 10:00 Morning Stretch 10:45 History of Galileo 11:30 Basketball Fun 2:30 Wintry Treats Social 3:30 Gardening 4:00 Puzzling 6:00 Video Chat with Family 7:00 News and views 7:30 Around the World! 8:15 Helping Hands 9:00 Movie Night	19 10:00 Balloon Badminton 10:30 Amazing Animals - Hippo 11:00 H is for Hippo - Craft 1:30 Fun on the Run - Activity Cart 2:00 Name it A-Z 2:30 Short Stories 3:00 Nice Nails 6:15 Bowling 7:00 Sing - Along Snack Trolley 8:00 1-1 Reading 8:30 Friendly Visits 9:00 Movie Night	
20 1:00 Fun on the Run - Activity Cart 2:00 Foot Loose - Sing and Dance 2:30 Reading Circle 3:00 Sunday Scripture 3:30 Cyber Time 6:15 Balloon Badminton 7:00 Nighttime Nosh 7:30 Picture This 8:00 Sunday Night Musical	Family Day 21 2:30 Drum to the Beat - Exercise 3:30 Sensory Basket 4:15 Puzzling 7:00 Around the World! 8:00 1-1 Friendly Visits 9:00 Movie Night	22 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Entertainer's Spotlight 11:30 News and Views 2:30 Java Music Club 3:30 1-1 Friendly Visits 6:00 Video Chat with Family 7:00 Naming it A-Z 7:30 Chronicle Reading 8:00 TV Tuesdays	23 10:00 Morning Prayers 1:00 1-1 Afternoon Reading 1:30 Fun on the Run - Activity Cart 2:30 Cherry Pie Social 3:30 Gardening 6:15 Short Stories 6:30 A Night at the Opera 7:00 Foot Loose - Sing and Dance 7:30 Sensory Cart 8:00 Movie Night	24 9:30 Fun on the Run - Activity Cart 10:30 Physio Fitness 11:00 Hymn Sing 11:30 Sing and Dance 2:30 Taste and Travel - Germany 3:15 Doll Time 4:00 Gardening 4:30 1-1 Afternoon Reading 6:00 Video Chat with Family 7:00 Snow Ball Toss 7:30 Who Am I? 8:00 Cards, Puzzles and Board Games 8:30 Cranium Crunches	25 9:30 Fun on the Run - Activity Cart 10:00 Morning Stretch 10:45 History of the Umbrella 11:30 Basketball Fun 2:30 Wintry Treats Social 3:30 Gardening 4:00 Puzzling 6:00 Video Chat with Family 7:00 News and views 7:30 Around the World! 8:15 Helping Hands 9:00 Movie Night	26 1:30 Fun on the Run - Activity Cart 2:00 Name it A-Z 2:30 Short Stories 3:00 Nice Nails 6:15 Bowling 7:00 Sing - Along Snack Trolley 8:00 1-1 Reading 8:30 Friendly Visits 9:00 Movie Night	
27 1:00 Fun on the Run - Activity Cart 2:00 Foot Loose - Sing and Dance 2:30 Reading Circle 3:00 Sunday Scripture 3:30 Cyber Time 6:15 Balloon Badminton 7:00 Nighttime Nosh 7:30 Picture This 8:00 Sunday Night Musical	28 9:30 Fun on the Run - Activity Cart 10:15 Amazing Animals - Humpback Whale 10:40 Crafting - Paper Plate Humpback Whale 2:30 Drum to the Beat - Exercise 3:30 Sensory Basket 4:15 Puzzling 7:00 Around the World! 8:00 1-1 Friendly Visits 9:00 Movie Night					February Highlights 1st - Lunar New Year 2nd - Groundhog Day 4th - Beijing Olympics Begin 13th - Superbowl Sunday 14th - Valentine's Day 21st - Family Day	
						February is Black History Month	