



February 2022

2 East Mary E. Barnicke

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Recreation Coordinator: Azaz Hossain Phone number: 416-964-9231 Ext: 215 Email: ahossain@belmonthouse.com		Lunar New Year 1 9:30 ❤️ Reading Horoscopes 10:00 🎮 Active Games 10:30 📖 Animal Facts: Lovebirds 11:00 🤝 Friendly Visits 11:00 🏃 Physio Fitness 11:30 📺 Video chats with families 2:30 🎮 Bingo 3:30 🍵 Afternoon Tea	Groundhog Day 2 9:30 🏃 Rise and Shine 10:00 📖 Morning Greetings with Daily Chronicle 10:30 📖 Crossword Puzzles: Punxsutawney Phil 11:30 📺 Video chats with families 2:00 📖 Let's Talk: Black History Month 3:00 ❤️ Let's Riddle & Giggle 3:30 🤝 Friendly Visits	10:30 🏃 Physio Fitness 11:00 📖 Morning Prayers 1:00 📖 Puzzles: Weather Forecasting 2:00 ❤️ Travelogue: New Zealand 3:00 🤝 Friendly Visits 3:30 📺 Video chats with families 6:00 📖 Groundhog Trivia 6:30 📺 1:1 with RC 7:00 📺 Classic Television	Beijing 2022 Winter Olympics Begin 4 9:30 🏃 Rise and Shine 10:00 📖 Inaugural Ceremony of the Olympics 10:30 🤝 Sing Along 11:00 📖 Mental Aerobics 11:30 📺 Video chats with families 2:30 📺 Tim Horton' Timbit Social 3:30 🤝 Friendly Visits	10:00 🎮 News and Views 10:30 ❤️ Morning Movie 2:30 Refreshments	
2:30 Refreshments 6	9:30 📖 Morning Greetings with Daily Chronicle 10:00 📖 Can You Picture This? 10:30 📖 Cranium Crunch 11:00 📺 1:1 with RC 11:30 📺 Video chats with families 2:00 📖 Reading Together: Shutterbug Lovebugs 3:00 📖 Reminiscing 3:30 🤝 Friendly Visits	9:30 ❤️ Sensory Stimulation 8 10:00 🎮 Active Games 10:30 📖 Morning Greetings with Daily Chronicle 11:00 ❤️ Friendly Visits 11:00 🏃 Physio Fitness 11:30 📺 Video chats with families 2:30 🎮 Bingo 3:30 🍵 Afternoon Tea	9:30 🏃 Rise and Shine 9 10:00 📖 Morning Greetings with Daily Chronicle 10:30 📖 Crossword Puzzles: Black History 11:30 📺 Video chats with families 2:00 📖 Biography: Rosa Parks 3:00 ❤️ Let's Riddle & Giggle 3:30 🤝 Friendly Visits	10:30 🏃 Physio Fitness 10 11:00 📖 Morning Prayers 1:00 📖 Puzzles: Hearts Matching 2:00 📺 Chocolate Kisses Social 3:00 🤝 Friendly Visits 3:30 📺 Video chats with families 6:00 📖 Trivia: Valentine's 6:30 📺 1:1 with RC 7:00 📺 Classic Television	9:30 🏃 Rise and Shine 11 10:00 ❤️ This Day in History 10:30 🤝 Sing Along: Love Songs 11:00 🎮 Colorings: Valentine's 11:30 📺 Video chats with families 2:30 📺 Tim Horton' Timbit Social 3:30 🤝 Friendly Visits	9:30 ❤️ Morning Greetings with Daily Cornicle 12 10:00 🎮 News and Views 10:30 📺 Morning Movie: Romeo and Juliet 2:30 📺 Valentine's Day Social 3:30 📺 Video chats with families	
Super Bowl LVI 13 2:30 Refreshments	Valentine's Day 14 10:00 📺 Morning Movie 2:30 📺 Refreshments 5:00 📺 Valentine's Day Dinner	9:30 ❤️ Sensory Stimulation 15 10:00 🎮 Active Games 10:30 📖 Animal Facts: Groundhog 11:00 ❤️ Friendly Visits 11:00 🏃 Physio Fitness 11:30 📺 Video chats with families 2:30 🎮 Bingo 3:30 🍵 Afternoon Tea	9:30 🏃 Rise and Shine 16 10:00 ❤️ Morning Greetings with Daily Cornicle 10:30 📖 Crossword Puzzles: Presidents' Day 11:30 📺 Video chats with families 2:00 📖 Biography: John Lewis 3:00 ❤️ Let's Riddle & Giggle 3:30 🤝 Friendly Visits	10:30 🏃 Physio Fitness 17 11:00 📖 Morning Prayers 1:00 📖 Puzzles: Be My Valentine 2:00 📖 Travelogue: Naples and Pompei 3:00 🤝 Friendly Visits 3:30 📺 Video chats with families 6:00 📖 Trivia: Presidents 6:30 📺 1:1 with RC 7:00 📺 Classic Television	9:30 🏃 Rise and Shine 18 10:00 ❤️ This Day in History 10:30 🤝 Sing Along: Love Songs 11:00 📖 Mental Aerobics 11:30 📺 Video chats with families 2:30 📺 Tim Horton' Timbit Social 3:30 🤝 Friendly Visits	10:00 🎮 News and Views 19 10:30 ❤️ Morning Movie 2:30 Refreshments	
NBA All Star Game 20 2:30 Refreshments	Family Day 21 9:30 📖 Morning Greetings with Daily Chronicle 10:00 📖 Can You Name Famous Couple? 11:00 📖 Cranium Crunch: Family Feud 11:30 📺 Video chats with families 2:00 📖 Reading Together: Last Flower in Toronto 3:00 📖 Reminiscing: Family Dinner 3:30 🤝 Friendly Visits	9:30 ❤️ Sensory Stimulation 22 10:00 🎮 Active Games 10:30 📖 Morning Greetings with Daily Chronicle 11:00 ❤️ Friendly Visits 11:00 🏃 Physio Fitness 11:30 📺 Video chats with families 2:30 📺 Baking: Banana Bread 3:30 🍵 Afternoon Tea	9:30 🏃 Rise and Shine 23 10:00 ❤️ Morning Greetings with Daily Cornicle 10:30 📖 Crossword Puzzles: That's So Sweet 11:30 📺 Video chats with families 2:30 📺 Cherry Pie Social 3:30 🤝 Friendly Visits	10:30 🏃 Physio Fitness 24 11:00 📖 Morning Prayers 1:00 📖 Puzzles: Civil Rights 2:00 📺 Taste and Travel: Guyana 3:00 🤝 Friendly Visits 3:30 📺 Video chats with families 6:00 📖 Trivia: Random Trivia 6:30 📺 1:1 with RC 7:00 📺 Classic Television	9:30 🏃 Rise and Shine 25 10:00 ❤️ This Day in History 10:30 🤝 Sing Along 11:00 🎮 Colorings: Chinese Lantern 11:30 📺 Video chats with families 2:30 📺 Tim Horton' Timbit Social 3:30 🤝 Friendly Visits	10:00 🎮 News and Views 26 10:30 ❤️ Morning Movie 2:30 Refreshments	
2:30 Refreshments 27	9:30 📖 Morning Greetings with Daily Chronicle 28 10:00 📖 Can You Picture This? 11:00 📺 1:1 with RC 11:30 📺 Video chats with families 2:00 📖 Reading Together 3:00 📖 Reminiscing 3:30 🤝 Friendly Visits	 February Highlights February is Black History Month 1st - Lunar New Year 4th - Beijing 2022 Winter Olympics Begin 12th - Valentine's Day Social 14th - Valentines Day 21st - Family Day 24th - Taste & Travel (Guyana) 2nd - Groundhog Day 10th - Chocolate Kisses Social 13th - Superbowl LVI 20th - NBA All Star Game 23rd - Cherry Pie Social					