<b>NOVEMBER</b>	2025			The state of the s	The state of the s	Sunshine Lane
Sunday  November cont'd  December  Greetings Theme  Week  2:30 Refreshments	Monday  Recreation Coordinator  Hermela  Phone Number  416-964-9321 ext 250	November 2nd - Daylight Sar November 11th - Remembra November 13th - Ripp November 14th - Live November 19th - P November 26th	Wednesday  Highlights vings Time Ends - "Fall Back" nce Day Service - Auditorium le Rhythm- Auditorium Music in Dining Room Polish Cultural Day - Christmas Blitz dren's Christmas party	Thursday	Friday  Lest We Forget	Saturday  10:15  Balloon Tennis
I NAMA WAAK	9:30   Morning Stretch 10:30   Tales of Poetry 11:00   Doll therapy 1:30   1:1 Spiritual Corner 2:15   Flower Arrangement 2:45   Importance of Marigold Flowers of Day of the Dead 3:30   Friendly Visits	9:30 ⊗ Sunshine Yoga	9:30	1:00 ♥ 1:1 Short Stories  2:30 ■ Taste and Travel: Mexico  3:30 ↑ 1:1 Spiritual Corner 4:00 ● Indoor Gardening 6:30 ► Trivia Night 7:00 ■ Movie Night	9:30    Bean Bag Toss!  10:30    Historical Fridays: Day of the Dead (Día De Los Muertos)  1:15    Colouring Arts  2:20    Fall Treats Ice Cream Social  3:15    Have You Ever?	10:15 ⊗ Balloon Tennis 1:45 ♥ 1:1 Short Stories
Remembrance Day Theme Week 2:30 Refreshments	9:30   Morning Stretch  10:30   Tales of Poetry  11:00   Doll therapy  1:30   1:1 Spiritual Corner  2:45   Canada Remembers  3:30   Friendly Visits	Remembrance Day 9:30  Sunshine Yoga 10:00  Strolls about Belmont 11:00  News of the Day! 2:00  Strike & Spare 2:30  Scattegories	9:30	1:00 1:1 Short Stories 13  2:00 Ripple Rhythm Drumming Circle - Auditorium  3:30 1:1 Spiritual Corner 4:00 Indoor Gardening 6:30 Trivia Night 7:00 Movie Night	9:30   Strolls about Belmont  10:30   Historical Fridays: Remembrance Day  11:05   Hymn Sing  1:15   Colouring Arts  2:30   Fall Treats Ice Cream Social/Live Music  3:15   Board Games	10:15       Balloon Tennis  15
Around the World 16 Theme Week 2:30 ■ Refreshments	9:30  Morning Stretch  10:30  Tales of Poetry  11:00  Doll therapy  1:30  1:1 Spiritual Corner  2:45  Travelogue: Turkey  3:30  Friendly Visits	9:30   Sunshine Yoga 10:00   Strolls about Belmont  10:30   Morning Prayers  11:00   News of the Day!  2:00   Art Expressions with Sara - Craft room  3:15   Geography Scattergories	Polish Independence Day 9:30	1:00 1:1 Short Stories 20 3:30 ↑ 1:1 Spiritual Corner 4:00 ► Indoor Gardening 4:30 Taste & Travel: France 6:30 ► Where In the World? Trivia 7:00 ► Movie Night	9:30   Move to the Beat!  10:30   Historical Fridays: National Geographic Network  11:05   Hymn Sing  1:15   Colouring Arts  2:20   Fall Treats Ice Cream Social  3:15   Have You Ever?	10:15 ⊕ Balloon Tennis 22
Aviation Theme Week  2:30 Refreshments	9:30   Morning Stretch 10:30   Tales of Poetry 11:00   Doll therapy 1:30   1:1 Spiritual Corner 2:45   Discussion Group: The Disappearance of Malaysia Airlines Flight 370 3:30   Friendly Visits	10:30	Christmas Blitz 9:30	9:45 Aviation 27 Trivia  1:30 Upper Canada College visits Belmont - Auditorium	10:30 T St. Basils Catholic Church Service - Auditorium 3:00 Historical Fridays: Amelia Earhart	10:15